

LEISTON-cum-SIZEWELL NEWSLETTER Autumn/Winter 2019

Leiston's Christmas Weekend

Leiston United Church

Saturday 30th November - 10am to 3pm

Christmas Gifts & Craft Fair

Full details on page 14-15

The Long Shop Museum

Sunday 1st December - 10am to 4pm

Family Christmas Fun

Full details on page 26



Free Competitions, Prize Draws and Hampers to be Won!

Save the Date....

8th - 9th May 2020



Leiston-cum-Sizewell Town Council and Leiston Events Group present...

Leiston's Big Weekend

Friday 8th May - VE Day 75th
Anniversary Commemorations



Saturday 9th May - 'AT THE MOVIES'
Family Fun Day



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Peek Inside...**

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Final **F**ling!
Sunday 27th
October

Chairman's Communications

Welcome to the Autumn/Winter edition of the Leiston-cum-Sizewell Newsletter. In the Summer edition of the newsletter a Handy Information sheet was included with contact details for a number of services and organisations which I hope you found useful.

With the announcement of a Stage 4 consultation with regard to the Sizewell C proposals, Councillors have had a busy schedule in addition to the usual monthly Council meetings and committees they attend. A Public Meeting was also held to seek the views of the community and an Extraordinary Meeting in order to agree the Council's formal response by the deadline of 27th September. A copy of the Stage 4 and Stage 3 responses are available to view on the Town Council's website or please visit the Council Offices to read a printed copy.

The opening of the newly extended foyer and Visitor Information Point took place on 14th September at the Film Theatre. A number of people also took the opportunity to take part in a tour of the Film Theatre with the Film Theatre Manager and Stephen Ginger looking at the projection room and going behind the scenes to view the stage and dressing rooms. The new foyer greatly improves the cinema experience and the VIP provides a new service for the community as well as visitors to the town. The new frontage makes for a more impressive building on the street scene. As part of the VIP



funding project a Leiston Pocket Guide is being produced which will signpost and provide information about the many interesting features of our town both for visitors and for those considering moving into the area.

As many of you will know the Leiston Leisure Centre has recently been re-opened after a major refurbishment project. At the official opening by the Chairman of East Suffolk Council, I had the opportunity to have a tour of the centre and it is an amazing facility for our residents and the wider community to use. Together with the opportunities for sport and other activities available at the Waterloo Centre, which is run by the Town Council, this is very good news for the town. The Council are also looking to provide further activities in the future at the Waterloo Centre.

The Town Council supports the work of the Leiston Community Land Trust in the development of the town centre and on 5th October to mark

their first year they held an Open Day at their office No.22 Sizewell Road. I would encourage you to visit No.22 which is open on Tuesday mornings 9.00 – 11.30 a.m. to look at and discuss the plans and hopefully show your support by becoming a member. It only costs £1 and the more support the CLT have will help with funding applications as it demonstrates the level of community interest. Further information on the progress being made is on page 7.

You will be pleased to learn that Leiston's Big Weekend is back next year, earlier than planned, in May 2020.

With the 75th Anniversary of VE Day (8th May) and VJ Day (15th August) taking place next year, a group of Town Councillors together with representatives from other local groups and members of the community has recently been set up to organise a commemorative event. The Royal British Legion Band Leiston have been booked and it is planned to have a wreath laying service at 11.00 a.m. at the War Memorial and at 1.00 p.m. a parade of uniformed groups through the town followed by a service of commemoration on the Victory Road Recreation Ground. War veterans and local residents aged 75 or over will be invited to an afternoon tea and how to include your name on the guest list will be publicised early next year. Other members of the community will be invited to bring their own picnic and to 'dress up' for the occasion. As our plans progress further information will follow. The May Day (Early May Bank Holiday) in 2020 has moved from 5th May (Monday) to 8th May (Friday) to allow

for the 75th anniversary of VE Day commemorations. For the moment, I ask if you could please note the date as for many publishers the decision came too late to amend the 2020 diaries. If you are interested in joining the group or would like to offer help on the day please get in touch. A service of commemoration is also planned for VJ Day in August 2020.

Following the commemorative event on the 8th May the Leiston Events Group are organising a big family entertainment day on Saturday 9th May, which will finish with the popular cinema in the park. A full programme for the event will be available in the New Year, keep a watch on social media for updates and movie choices for Cinema in the Park.

As we near this year's Remembrance Sunday I would like to advise you of the annual Festival of Remembrance which The Band of the Royal British Legion Leiston are holding at the Film Theatre on Wednesday 6th November at 7.30 p.m. in aid of the 2019 poppy appeal. This event comprises popular music, community singing and remembrance. Tickets are £6.50 available from the Film Theatre. The annual Remembrance Parade on 10th November which brings together many local organisations will be led by the Royal British Legion Band to the War Memorial followed by a Service of Remembrance at St Margaret's Church. I will be proud to lay a wreath on behalf of the Town Council and the community and hope many of you will be able to come along to mark this special occasion.

Cllr Lesley Hill

Chairman Town Council
Leiston-cum-Sizewell

Leiston Allotment Holders & Gardeners Association



This year was the 33rd Show that the Association has put on, as ever the quality of entries was high across the board. However, the quantity of entries and participants was not as high as last year, which was rather disappointing for all the hard work that the Committee and members put in.

We were very grateful to Mr. John Last who kindly gave up his Saturday afternoon to come and present the awards. Mr. David Fryer attended the show with some of his superb bonzias, there was one even bearing fruit. He also gave a demonstration on how to shape and

how to keep the tree looking good. Thanks go to him from the committee for bringing them as



they are not light to carry.

We were also grateful to LTAA for doing their best to accommodate



**Best Kept Allotment
Winner
Ms Lucas.**



our show and a football match.

The Best Kept Allotment competition by a member of the Association was won this year by Ms. Lucas. A shield provided by Leiston Town Council was presented at the show.

We are in the process of discussing

next years show and if any allotmenters have any suggestions that they would think enhance the show or even get more entries please make your ideas known either by visiting the allotment shop, putting a letter in the post box or telling one of the committee.



 Mr David Fryer's display of superb Bonzias

Leiston Allotment Holders & Gardeners Association Have you JOINED yet?... If not why not?

- Garden Supplies at Competitive Prices
- Free Gardening Tips and Legal Advice
- 10% Discount on Garden Supplies at Coopers In Leiston
- Annually 'Best Allotment' Competition

Pick up a form TODAY...

From the Allotment Shop or the Town Council Offices.



10% OFF



COOPERS

NEEDS MORE VOLUNTEERS!



The Leiston Good Neighbour Scheme (LGNS) is looking for anyone who would like to volunteer with us.

LGNS provides free voluntary help to people who are socially isolated in Leiston, Sizewell or Knodishall.

For example volunteers can visit someone for a chat, help to fill in a form, support and/or accompany them to go to an activity, do a minor repair, collect a prescription, walk their dog, or carry out a small amount of shopping for them. They can visit regularly, just once, or as needed, depending on what someone would like. Volunteers can also do a one-off garden tidy for someone who is no longer able to manage this themselves. We do not, however, provide transport (for example to take someone to hospital) because this service is carried out by CATS.

We currently have 19 volunteers who have different skills to offer, and have carried out more than 80 activities with people since 1st April. We would love to hear from you if you are interested in volunteering with us. You can choose what you would like to do, and how often – for example, some people like befriending, and others prefer to give practical help.

Volunteering is very beneficial to the volunteer. It can provide a

sense of purpose, of giving back to the community, of fulfillment, of happiness at being able to make a difference. New friendships can be made, and new opportunities can arise.

Peter, one of our volunteers, said “I like to keep busy, and when I can help other people, it gives me great pleasure and fulfillment.”

We now have a leaflet about volunteering, and will be popping these through doors, and leaving them in prominent places and at local events, in the hope that we can encourage you!

We are continuing to promote LGNS in general as widely as possible, placing our business cards, postcards and A4 posters in local shops, business and public places, and attending local events with the public and voluntary sectors.

Our phone is held on a rota basis from Monday to Friday 9am-5pm, but you can leave a message at any time, and someone will call you back as soon as possible. The phone number is 07724777465.

You can also use email: leistongoodneighbour@gmail.com

Do contact us if you need a Good Neighbour, or would like to become one.



Good News for Leiston Community Land Trust

A steady stream of visitors called in to No22 Sizewell Road on Saturday 5th October when Leiston Community Land Trust held an Open Day to mark the first anniversary of the Trust's incorporation. And just in time for the celebration was confirmation that the Trust had been successful in the "Bright Ideas" funding Stage 2 and had been awarded almost £15,000 to provide a website and video as part of the marketing plan.

This application had been supported by Alan Collard, the Plunkett Foundation Adviser allocated to Leiston Community Trust following their successful application to Stage 1 and also provides 10 days of Alan's time to

help with the business plan.

"Bright Ideas" is part of the "Power to Change" funding programme and success at each stage opens the way to applications for increasingly large funding so Trustees are delighted to have achieved this next milestone for Leiston.

Sketches of the Trust's vision for the town by Simon Merrett, a Trustee, met with great interest from the visitors. These are also available to see on Tuesdays between 9am and 1130am when No22 is open and will also be in the United Church in the High Street at their coffee morning between 10 am and 12 noon on Saturday 26th October when again Trustees will be on hand to answer questions.

Work is progressing to get what might be the first phase of the project underway in Spring 2020. More information will be available at the Trust's first AGM in December – keep an eye on the window at No22 for details – when nominations for additional Trustees will be welcome.

Year One has been busy, and Year Two promises to see even more progress as the Trust works with other Leiston organisations so if you think you may be able to help or would just like to become a member, please email leistonclt@mail.com or call in to No22 on a Tuesday morning between 9am and 1130.



Coffee Morning
Leiston United Church
Saturday 26th October
10am to 12noon



A Chance to take a closer look at the Town Sketches and have your questions answered.

The Leiston Engineers Boules Team



This September marked the fourth anniversary of the town pistes being built and our team was formed.

Over the past four years we have improved our performance considerably, having now reached Division Two within the Suffolk Coastal Petanque Association this year, with the possibility of moving up into Division One next year in the Suffolk Coastal Summer League.

We play throughout the year in both the summer and Winter leagues each year.

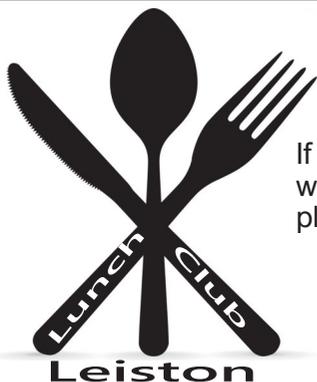
The visiting teams are very impressed by the excellent pistes and shelter on the recreation park where all our home games are played, on average thirteen matches and over seventy-five visiting players each year. The only thing missing are toilets facilities on the park.

When we are not playing home or away matches some of our team

also play in tournaments at various venues near and far throughout the year including a visit to Belgium annually as part of the Suffolk Coastal team.

We practice twice a week Thursday at 5.30pm in the summer, 1.30pm in the winter (starting after clocks change) and Sunday mornings at 10.00am all year round.

If anyone would like to join us in this friendly enjoyable activity, please come along on a Thursday or Sunday you will be most welcome.



Leiston Lunch Club Vacancy

A vacancy has occurred at the Leiston Lunch Club for '**Volunteer Treasurer**'.

If you have some spare time on your hands and would love to be apart of a wonderful club, then please do get in touch.

If anyone is interested in this position or would like some more information please contact:

831477 or 832665



Presents THE ROPE FAMILY ARTISTS

The November meeting of the Alde Valley Suffolk Family History Group will be a talk by Arthur Rope on the artists of the Rope family. It will focus on five artists with strong local connections. Of the older generation, George and Ellen came from Blaxhall, one a graphic artist and naturalist, the other a sculptor. One niece, Margaret (a stained glass artist), although born in Shrewsbury maintained close links with the family's Suffolk base, while two other nieces, Dorothy and a second Margaret (another sculptor and another stained glass artist) were born and raised in the parish of Leiston. We will look at images of as many of their works as time allows and hear how their creative lives developed in Suffolk and in the wider world.

Arthur Rope, born in Leiston into the same family, is a researcher into the works of these artists, particularly the two Margarets and the sculptor Ellen Mary Rope. He is the author of one book "Margaret Rope of Shrewsbury" and of the chapter in "Blaxhall's Creative Past" on Ellen Mary. He also has a website covering these artists: <http://www.arthur.rope.clara.net/>



The talk will be at **2.30pm** on
Wednesday 20 November
at **Knodishall Village Hall, IP17 1UD.**

Admission is **£1 for members,**
£3 for non-members,
including tea/coffee.

For further info see our website:
aldevalleyfamilyhistorygroup.onesuffolk.net/
or contact:

Angela Skelcher on 01728 830949
email: **a_skelcher@hotmail.com**



Leiston Old Folks Outings...

The 82nd Leiston Old Folks' Outing took place on the breezy but sunny afternoon of Saturday 28th September. Sixty four guests were collected from their homes by twenty seven volunteer car drivers and taken to the assembly point at the Sizewell Club car park.

From there, they travelled on a mystery tour through the villages of Theberton, Middleton, Westleton, Dunwich, Darsham, Yoxford, Sibton, Peasenhall and Badingham. The final destination was Dennington Village Hall, which has recently been refurbished to a very high standard. Many thanks to Ron Geater, for not only planning such an enjoyable route for our passengers, but also for being a lead driver together with Roger French and Michael Hill.

At the hall, afternoon tea had been prepared by Coastal Catering. Many thanks to Sharon and her team for providing a delicious spread on such beautiful crockery. Fantastic musical entertainment was then provided by sixteen

members of Leiston's very own 'Bright Sparks' group. Their wide ranging repertoire was much enjoyed by all. To conclude the afternoon, there were two free raffles – the first in which everyone won a small prize – and the second for the beautiful cyclamen plants which had decorated the tables.

Chairman Phil Harle thanked the small committee which organises this annual event - Peter and Theresa Reader, Josephine Smith, Ron Geater and Sandra Harle.

As always, many thanks to our loyal car drivers without whom this event could not take place. Financial support for this year's outing has, once again, been received from Sizewell 'B' and the Hamper Raffle held in the Co-op Supermarket at the end of August raised £145 to help with costs. Thanks to everyone who bought tickets.

Finally, 'Bright Sparks' are busy rehearsing for future productions. Further details to be revealed in due course!





The Club restarted at the beginning of September after our summer break. Since then we have been glad to welcome 4 new members which is very encouraging for the growth of the Club itself.

This year's summer outing was to Lowestoft where the members were able to go to the Over 60's Social club for a meal and entertainment. This was very much enjoyed by all and on the way home the members had a Mystery Tour around the Suffolk countryside which added to the day.

After a year's fund raising, we are pleased to announce that we have bought our own minibus which some of you may have seen already around town. We had previously used C.A.T.S. for our transport arrangements and we would like to thank them for all their help and support in the past.

The Club would like to thank Victory Car Sales for all their support and encouragement in purchasing this minibus and Leiston Press for the



signage which we are all very pleased with. The Club was able to obtain Grants for this purchase and as well as local support from Leiston Town Council we were hugely supported by what was then Suffolk Coastal District Council now East Coast Council. Additional help came from The Galloper Windfarm, Sizewell B as well as our own fund-raising efforts. We are still looking for drivers to come along and collect our members on a Tuesday afternoon to enable us to have a "pool" of people who we can call upon.



To finish a remarkable and memorable year for the Rose and Sweet William Club we are pleased to celebrate our 70th birthday in November. A Grant to fund this event has come from Sizewell C and this will give the members a Party and a Christmas lunch to recognise the years this Social club has been available for the over 60's in Leiston. We are all looking forward to it.

Irene

Email: roseandsweetwilliam@gmail.com

Mob: 07395 183134

LEISTON HOW ARE YOU?

Search **Suffolk How Are You?** to do the How Are You? Health Quiz. For your body, for your mind.

Sign up for One You updates and be directed to our Suffolk How Are You? webpage where you can enter a prize draw to win 1 year's subscription to  Spotify

Prize draw ends 10/03/2020

For more information visit
www.suffolkhowareyou.co.uk

BECAUSE THERE'S ONLY
ONE YOU

**One
Life
Suffolk**



Celebrating a 100th Birthday

On the afternoon of Sunday 22nd September, Mrs Lesley Hill, Chairman of Leiston cum Sizewell Town Council, joined a cheerful gathering of friends in the Garrett Room of the Long Shop Museum, where she presented a large birthday card and a bouquet to Mrs Ruth Felton, in celebration of Ruth's 100th birthday.

Thank you, Lesley, for this thoughtful gesture.



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achievement
perseverance
confidence

self defence
motor skills
respect
open to all from 5yrs+

Join us for a **FREE** trial lesson

NEW CLASSES in LEISTON

At: WATERLOO CENTRE (Old Middle School)

6pm-7pm: Tuesday & Thursday

10am-11am: Saturday



LEARN TO DEFEND YOURSELF



Using the principles of Krav Maga self defence

Open to male & female from 11yrs+

No experience necessary!

NEW CLASSES in LEISTON

At: WATERLOO CENTRE

(Old Middle School)

7pm-8pm: Tuesday & Thursday

11am-12pm: Saturday

FOR MORE INFORMATION OR TO BOOK YOUR FREE LESSON

BLACKWELLACADEMYWOODBIDGE'GMAIL.CO.UK

07847 670 334

Leiston United Church *Craft Pop-Up Shop*

In about May, Christine Biggs was planning a big craft event for September and had lit a light of the possible future identity for Leiston as a crafters centre for the coastal region.

As a small but well positioned church we saw an opportunity to connect with

the community and with the growing popularity of crafting in Leiston. We started the Crafty Pop-Up Shop which runs Fridays and Saturdays twice a month and is slowly growing in popularity with really great support from crafters and the public.



Craft Pop-Up Shop



Phone: 01728 830394 Leiston United Church



Ann



Jane



Sarah



Lousia



Kaz



Brian



Jean



**Popping up for Tea
Dave, Pam & Marion**



Sheila

Leiston United Church

The Christmas Craft Fayre

About the same time we heard Leiston Events Group was taking a well deserved break from planning a Christmas event this year, meaning there would not be any Christmas celebrations to bring the business and the local community together.

As the church is in the middle of town we saw this as a fantastic opportunity for us, as a congregation to connect with the business, local and crafting community and plan a town centre Christmas celebration around our church for the town centre.

We are holding a Christmas Fair Extravaganza on the Saturday 30th November consisting of;

1) A Craft Fair for 14 tables which are now fully booked and we are scratching our heads to find more space for five people on the waiting list.

2) A Hot Chocolate Café and art gallery where you can get a hot chocolate drink and buy paintings by local artists.

3) A Christmas Story walk down the church lane to a Nativity Scene in the garden with live alpacas. Great fun for the little ones.

4) Three free to enter fun competitions.

a) For those who are 12 -100 a free to enter competition to guess the five most popular Christmas carols and the five most popular Christmas songs with super Christmas hampers for prizes.

b) For the under 12 find the number on Santa's beard shown in the windows of participating local businesses with loads of child friendly prizes.

c) For all craft shopper there will best spot prizes at the craft fair as you walk around.

There will also be a Santa giving out candy canes and we are planning some really fun entertainment.

We are also trying to get other organisations to host entertainment or food stalls.

Please phone
Cliff Bradshaw
830394.



See you on the 30th November 2019 @10 am

Can Leiston Sing in Christmas?

Yes You Can

Sunday 8th December @ 2pm



On the afternoon of the 8th December we will be holding a Festival of Christmas carols, songs and music with the Royal British Legion Band of Leiston to sing in Christmas for Leiston and everyone is invited to come and sing along. All proceeds will go to the band to help them buy instruments. Please support this event, it will be a real Christmas festival of carols, song and music and a chance to really support our own brass band.

Book your tickets on 01728 830549
or at: www.leistonfilmtheatre.co.uk



DS:UK: In Tribute to Dire Straits Saturday 23rd November, 7.30pm

Experience the magic of Dire Straits' music, performed by six super-fans of the iconic group, whose legacy leaves two decades of timeless music. Performed in a way that only fans can deliver, Dire Straits UK are the quintessential Dire Straits tribute show in the UK today.

Tickets: £15.00 - NOW BOOKING

Dominic Kirwan Thursday 28th November, 7.30pm

Firmly established as one of Ireland's greatest ever entertainers, Dominic Kirwan, who has worked with some of the biggest names in the business including Tammy Wynette, Kenny Rogers and Charlie Pride, brings his own inimitable style and rich musical heritage of his homeland to Leiston Film Theatre, as part of his UK tour. This wonderful, inspired fusion of country music makes for a fabulous show!

Tickets: £25.00 - NOW BOOKING



Through the Decades with Roy and Buddy Thursday 12th December, 7.30pm

Darren Page and Marc Robinson have both dedicated their careers to Roy Orbison and Buddy Holly, performing all over the world. Together, they have created a spell-binding two hour show, that will entertain you with pure nostalgia. The authentic show, complete with a live band, is packed full of all the massive hits of both artists.

Tickets: £16.50, Conc. £14.95 - NOW BOOKING



The ELO Encounter Saturday 7th March 2020, 7.30pm

Roll over Beethoven, because the greatest tribute to Jeff Lynne's Electric Light Orchestra is here, in this brilliant live show featuring soaring strings, striking vocal harmonies and playing all the much loved songs from ELO's hit-filled library. The ELO Encounter tribute band promises a night filled with rock, roll and Blue Skies!

Tickets: £15.00 - NOW BOOKING



COMING SOON!

COMING SOON!

COMING SOON!

What's On at
Leiston
Film Theatre

Fri 25th - Thurs 31st Oct at 7.15pm (excl. Sun 27th)

Joaquin Phoenix, Zazie Beetz and Robert De Niro in

JOKER 15

Sun 27th Oct at 6.00pm & Wed 30th Oct at 3.00pm

*The definitive story of American rock singer-songwriter,
bass player, author and actor Suzi Quatro ...*

SUZI Q 15

Fri 1st - Thurs 7th Nov at 7.15pm (excl. Sun 3rd & Wed 6th)

Mary Elizabeth Winstead, Will Smith and Clive Owen in

GEMINI MAN 12A

Sun 3rd Nov at 3.00pm & 7.15pm

DOWNTON ABBEY PG

Fri 10th Nov at 6.00pm. Tickets: £14.95

Recorded live at the Theatre Royal, Drury Lane ...

42nd STREET: THE MUSICAL 12A

Fri 15th - Thurs 21st Nov at 7.15pm (excl. Sun 17th)

Matinee - Sun 17th & Wed 20th Nov at 3.00pm

Ed Skrein, Patrick Wilson, Luke Evans and Aaron Eckhart in

MIDWAY 12A

Sat 16th Nov at 3.00pm & Sun 17th Nov at 6.00pm

Angelina Jolie, Elle Fanning and Michelle Pfeiffer in

**MALEFICENT: MISTRESS
OF EVIL** PG



The Good Liar

COMING
SOON!



The Aeronauts

COMING
SOON!



Last Christmas

COMING
SOON!



Cats

**NOW
BOOKING**

Team B Productions, in association with Leiston Film Theatre proudly present

**£1 OFF ALL
TICKETS FOR THE
OPENING NIGHT**

Goldilocks and the Three Bears

FEATURING THE
CORAL STEBBINGS
SCHOOL OF
THEATRE DANCE

LIVE MUSICAL
ACCOMPANIMENT BY
TOM HORTON

The FAMILY Pantomime

Appearing LIVE at Leiston Film Theatre
Thurs 16th - Sun 19th Jan 2020

Thurs 16th & Fri 17th: 7.30pm
Sat 18th: 3.00pm & 7.30pm
Sun 19th: 11.00am & 3.00pm



A new and independent Visitor Information Point for Leiston and district has recently been added, as part of a major front-of-house refurbishment programme at Leiston Film Theatre.

The introduction of the V.I.P. forms part of a strategy to encourage more people to visit Leiston and explore all that the town and area has to offer, from an award winning Museum

and array of useful High Street shops, to the stunning views from Sizewell Beach, the newly refurbished Leisure Centre and the experience of enjoying a film or live

show at Suffolk's oldest cinema.

The project formed part of a significant grant from the Coastal Revival Fund, with much of the works undertaken by the venue staff.

Local businesses and organisations are invited to provide marketing materials and posters for display in the V.I.P. which can be found within Leiston Film Theatre at 74 High Street, Leiston. IP16 4BZ



Tickets for Team B's family Pantomime at Leiston Film Theatre in big demand!

Management at Leiston Film Theatre are urging pantomimegoers to buy their tickets sooner rather than later, as the venue makes final preparations, ahead of its next traditional family pantomime in January.

Goldilocks and the Three Bears appears live on stage at the 105-year-old venue on Thursday 16th, Friday 17th, Saturday 18th and Sunday 19th January, with demand for tickets so high, that seats for some performances are already limited, with over 1,000 tickets already sold.



The Pantomime has been written by Wayne Burns and Stephen Ginger, who between them have over 30 years of Pantomime behind them. The show is being brought to the stage under Wayne's 'Team B Productions' title - a group of experienced am-dram performers, many of which have previously appeared on the Film Theatre stage and whose previous sell-out successes have included shows at Leiston Film Theatre and at the Spa Pavilion Theatre in Felixstowe.

The group have ambitious plans to develop further and are promising another fun-filled family pantomime, packed to the panto brim with lots of slapstick family fun, toe-tapping tunes and a huge helping of audience participation, as they tell the beloved tale of Goldilocks – a story that unfolds in the Pantoland village of *Hump-on-the-Hill* and sees Goldilocks venturing into the woods, where she encounters Mummy, Daddy and Baby Bear when she stumbles across their woodland home. When the wicked Ringmaster plots to capture the furry family and make them the stars of his Circus, it's up to Goldilocks, Silly Billy and even Dame Trump to come to the rescue.

Film Theatre manager and Pantomime director, Wayne Burns, is looking forward to returning to the stage. *"We are immensely proud of this Pantomime and the entire cast can't wait to bring our brilliant script to life on stage and perform for such appreciative crowds. Our audiences are in for a real treat, plus one or two surprises along the way".*

The Pantomime sees renowned Suffolk musician Tom Horton returning as the musical director and the energetic students from the Coral Stebbings School of Theatre Dance will be making a welcome return to the stage, as part of the Pantomime extravaganza.

Goldilocks and the Three Bears will be appearing live at the Leiston Film Theatre on Thursday 16th (7.30pm), Friday 17th (7.30pm), Saturday 18th (3.00pm and 7.30pm) and Sunday 19th (11.00am & 3.00pm) January. Limited tickets are now available, priced £15.95, £14.95 and £13.95, with £1.00 off all tickets for the opening night (Thursday 16th January). Tickets can be purchased from the Leiston Film Theatre box office on 01728 830549 or on-line at: www.leistonfilmtheatre.co.uk.



Small changes *make a* **BIG difference**

That is the message, as Suffolk County Council launches a new campaign looking at our relationship with alcohol.

Four short films have been produced following the stories of characters ('Billy Binge', 'Tellybox Trish', 'Big Match Barry' and 'My Time Mandy'), speaking about when and where they drink alcohol. The films cover different habits when it comes to alcohol consumption; weekend binge drinking, drinking at home, drinking as a reward, and excessive drinking to celebrate an event or occasion, such as a football match.

The campaign offers guidance and advice about how much is too much, the benefits of reducing alcohol intake and the small changes people can make to their drinking habits, which can make a big difference to their mental and physical wellbeing.

Evidence suggests direct links between alcohol and heart and liver disease, diabetes and some types of cancer. Alcohol is also highly calorific, contributing to weight gain. It can also influence the quality of sleep and take its toll on physical appearance over time.

The campaign highlights that as well as the health benefits, reducing alcohol consumption can also bring social benefits, such as being able to spend more quality time with your loved ones, saving money for something more meaningful and losing weight.



Some of the small changes suggested by the campaign are:

- * Did you know that you drink more slowly when you're sitting than when you're standing? So, pull up a chair, take it easy and savor your drink.
- * Rounds make it very easy to drink more than you planned. When it's your round, why not quietly buy yourself a soft drink or a lower-strength beer? You can substitute every second drink with water, non-alcoholic beer, coffee or a soft drink.
- * A great way to avoid overdoing things is to drink with your main meal only. And keep that bottle off the table. Just pour one glass and put it away!



Leiston Youth Club works with young people between the ages of 8 and 18, we provide a safe and welcoming

environment for our members to come and meet up with their friends and meet new people.

We offer the opportunity to participate in a range of activities including arts and crafts, cooking and trips out. We also have a pool table, table tennis, table football and various game consoles. The Club is run by experienced and qualified youth workers who are able to offer information and advice on a range of topics, we also have specialist agencies who drop into the club to offer further support.

The club is held at the Leiston Children's Centre and is open 3

nights a week during term time:

Monday: 6:30-8:30pm for age 8-11

Tuesday: 6:30-9pm for age 14+

Thursday: 6:30-9pm for age 11+

We are funded and supported by Leiston cum Sizewell Town Council and always welcome new members. Come along and have a look, the first night is free and we only charge 50p subs per session. We also have a fully stocked tuck shop!



Leiston Youth Club

You can find us on Facebook, just look for Leiston Youth Club or email us at:

leistonyouthclub@yahoo.co.uk.





Tel: 01728 831252

Email: leiston.library@suffolklibraries.co.uk

Well, the summer holidays are over, and we had a lovely busy time with our Summer Reading Challenge! This year's theme was the Space Chase, and we had well over 100 children registering, and 79 children completing the challenge by reading 6 books over the holidays! We celebrated their achievement at a presentation of their certificates at the Waterloo Centre. Congratulations to all those who took part and completed the challenge, a HUGE thank you to our fantastic volunteers who make it possible, and thank you to Cllr Lesley Hill who presented the children with their awards.



3-4pm. Children can come along and chat with Sally about what library books they've been reading. We have a little collector's card too – when the children have told Sally about 4 books, they receive a voucher for a free DVD loan.



Our 3 Libraries Challenge was celebrated on Suffolk Libraries Day – Saturday 12th October. At 2.15, those committed library supporters who helped raise funds by walking between Leiston, Saxmundham and Aldeburgh Libraries will be thanked with a certificate presentation and some delicious cake! We also had a cake sale throughout that day to raise funds for Suffolk Libraries. Our libraries in Suffolk have charitable status, so any fundraising is absolutely vital in maintaining our essential library services. Pop in and treat yourself to a cuppa and support Suffolk Libraries.

Sally Richards - who was one of our SRC volunteers - had so much fun along with the children over the holidays that she'll be starting 'Sally's Book Club', every Thursday

Our current art exhibitor is Liz Shackleton. We have on display

her fantastic rag rugs and textile art, really bold and colourful pieces which look amazing in the library. Come in and have a look, they'll be here until 20th November.



We had some great family events during half term. On Saturday 19th October 10.30-12.30, Kate from Beach Bonkers came back, bringing the beach to the library for us all to look for fossils, sharks' teeth and find out more about the wonders of our Suffolk coastline. As usual it was free to everyone!

On Tuesday 22nd October 10.30-12 we had our seasonal Spooky Crafts morning...I hope you all enjoyed it.

We'll also have our Lego out for a bit of creative construction on Friday 25th October 10.30-12 and

Saturday 26th October 10.30-12. Come and see what you can build!

We will be starting some regular groups soon too – hopefully in November, so watch this space! There will be a fortnightly Merry Makers craft group for adults, a weekly Jigsaw Puzzle group for adults, a monthly Scrabble and Board Games group, and a monthly Art for Fun adult's group. More details will soon be on our Facebook page, and look out for posters.

Suffolk Libraries has a fab new e-service. Once you've set Kanopy up on your iPad or tablet, you'll have access to classic and indie films documentaries. There's a great selection – go to <https://www.suffolklibraries.co.uk/elibrary/kanopy/> to find out more.

There's so much going on at the library – alongside all our regular services of books, DVDs, computer access, scanning, printing.... Don't forget it's free to join the library, just call in with proof of your name and address. We look forward to seeing you.



OPENING TIMES

Mondays - Closed

Tuesdays - 9.30-7.30

Wednesdays - Closed

Thursdays - 9.30-5.30

Fridays - 9.30-1 & 2-5

Saturdays - 9.30-1 & 2-5

Sundays - 10-3

THE LONG SHOP MUSEUM

As the season draws to a close for us, the staff and volunteers here at the Long Shop Museum are looking forward to a break in proceedings after a Summer full of amazing events. We have enjoyed Steaming up for a variety of away days at the Henham steam Rally, Woolpit steam, Heveningham Hall County Fair, Folk East, Classics on the Green amongst others as well as a series of exciting events that we have held at our own premises in Leiston. We enjoyed Works in wartime, a steam punking time, our in-house Folk Night, The Motorbike show, which broke the record set last year for bikes in attendance, not forgetting the 100th birthday of The Joker, our resident Steam Tractor, and most recently our Real ale and music festival.



With events becoming more frequent and bigger each year, we are looking for more volunteers to support our museum in a variety of ways.

Our events run in the evenings occasionally but mostly on weekends

Contact Us & Bookings

Tel: 01728 832189

Email: info@longshopmuseum.co.uk

For volunteering information please email: volunteering@longshopmuseum.co.uk

so we are hoping to gather people of all ages to become part of our fantastic team. As you can see from above the events are varied with lots of different opportunities to get involved.



We love interacting with the public, so if you enjoy chatting, why not volunteer on our trailer? It often means a day or two at the local events across the county, enjoying the great British weather whilst chatting to other folks enjoying a day out. We want the positive friendly inclusive image of our museum to reach further by attending these events and spreading the word. ***Do you feel up for the challenge?***

If you are planning a career in education, why not volunteer with our learning team and gain a reference for your future job applications? We run schools visits here which follow the key stage 1, 2 and 3 curriculum, great experience to take forward.



We have a collections team who look after our exhibits, cataloguing them and maintaining them. Great for future historians or someone with a lust for organising.

Our displays team plan the new exhibitions and displays around the museum, great skills to be learnt from these guys. They have a wealth of experience and knowledge and are willing to impart it on a positive, driven volunteer.

Are you completing your Duke of Edinburgh award? How about conducting your volunteer element with us? We look forward to supporting you through your D of E.

Or even schools work experience. We want you!!

We welcome people with previous teaching experience, computer skills, previous administration skills, anything you can bring forward to help us keep moving forwards. How about joining us as a consultant for events planning? We welcome your knowledge and experience.

Mechanical skills? We are currently restoring a 1937 Buick. Could you lend a hand?

Fancy learning how to Steam up an engine? Volunteer with our steam team, we will teach you all you need to know.

There is such a variety of opportunities with us, young, old or in between, we have something for you no matter how much or little time you can offer.

We offer training in all the roles so don't be afraid to try something new!!

*For more information on **VOLUNTEERING** please email us.*

What the future holds...

So looking forward, we are excited about the new season when we reopen in 2020 and all the events through next year. We are hoping to expand our volunteer recruitment, to promote our fantastic museum and the amazing people involved with it, to share more exciting and bigger events with you, our community and to bring more people together both in and around Leiston. We have a strong team of back house staff ready and willing to support our fantastic volunteers in ensuring the longevity of the Long Shop Museum.

We are developing a small community shed here at the long shop, it's a great opportunity to come and meet like minded individuals. We have a wealth of equipment on site which we would love to make more accessible to all you tinkerers. The Long Shop has plenty of ideas but needs the skills you can bring to make them reality. Pop in for a cuppa and a chat. Although we will be

closed to the public from the end of October, we will be conducting some upgrading within the premises and planning for next years adventures so get in touch if you want to be involved.

Steam Experience Days

Don't forget we have the most exciting opportunity if you are looking for a gift for a loved one, a corporate day out, a prize for your raffle or just a new experience. Our Steam Experience days give the lucky recipient an opportunity to come along and drive one of our magnificent steam engines out on local roads around Leiston. You will be accompanied by a qualified steam team volunteer so can feel safe that the experience will be a thrilling but safe one. If you wish to learn more, please contact us or pop in and have a chat with our staff. With Christmas drawing ever nearer, why not consider us for the gift of a lifetime!!

Buick Restoration Project

So, things are moving quickly on the Buick restoration project. We are almost at the point of a rolling Chassis. Why not pop in and have a look? Contact us for information on our Community Passes if you don't have one already. It affords you the opportunity to return to the museum time and time again to keep up to date with all our exhibitions and projects. Let us not forget that your initial entrance fee gets you return admission for a year too (unless it's a special event date, additional charges may apply).

The Buick team have been working hard to get this project off the ground after having found this beautiful car,

originally used by the Garretts, sitting in a garage nearby awaiting a fair amount of TLC. Why not follow the restoration project as it surges forward. Can you spare some funds to assist with its progress? Do you have knowledge of the Buick model? What about some photos? Did you live in Leiston when it was in use? We want your stories, photos, information.



Christmas Fayre 1st December

If you fancy some great gift ideas while you stroll round the museum, why not visit us for the Christmas Fayre from 10-4. There will be local traders selling their wares, children's activities, Father Christmas and maybe even some Mulled Wine to warm you up.

If you are interested in holding a stall here please contact us.



THE LONG SHOP MUSEUM

All proceeds help support the Long Shop Museum

200 years of
**GARRETT
MACHINERY
MACHINISTS
and
MEMORABILIA**



10am - 4pm



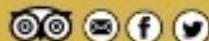
FINAL FLING!

SUNDAY, 27th OCTOBER 2019

The Long Shop Museum
Main Street
Leiston, Suffolk
IP16 4ES

01728 832 189
www.longshopmuseum.co.uk

Follow us on:



Registered Charity No. 1167945

AUTUMN STEAM DAY • Grand entry by Garrett steam roller Consuelo Allen and the **SUFFOLK PUNCH STEAM TRACTOR** • **MODELS AND MINIATURES on-show** • Vintage vehicles **LOCAL ORGANISATION STANDS** • Hands-on activities for children • Our popular tea room will be serving delicious homemade cakes • Plus our BBQ will be serving traditional **WARMING fayre!**

Adults £8 | Children (4-16) £4 | Young people (17-21) £6 | Under 4s FREE

Framlingham

A Suffolk Town in Wartime 1939 - 1945



Almost 80 years ago, on 3rd September 1939, it was announced that Britain had declared war on Germany.

On 19th July 2019 John Bridges gave a talk for the Alde Valley Suffolk Family History Group concerning the town of Framlingham during the second World War.

His talk aroused memories in the minds of his audience of the time following that declaration, when Framlingham, along with the rest of the country suffered six years of fear, stress, destruction and loss that war brings to a country's population.

The normality of day to day life was suspended and people's lives were governed by the actions taken to protect the country and to defeat the enemy.

Although he concentrated on events in the Suffolk town of Framlingham, the experiences of people living there during the war were replicated throughout Britain, making John's talk relevant to anyone who had memories of the 2nd World War.

It was fortunate that some of the more elderly members in the audience did in fact recall personal

events of the time.

John Bridges began his talk by giving examples of the evacuation of children from larger populated cities and towns during 1939. The Billeting Officer settled children in homes that had been selected as being most suitable for them. The home owner received the sum of 10/6 per week for this service.

In May 1940 the threat of invading England had been spoken of by Hitler, prompting the government to issue leaflets such as 'If the Invader Come' and a second one in May 1941 with the title 'Beating the Invader'. This gave advice to the public concerning their well-being should an invasion occur.

Winston Churchill, meantime, kept the armed forces alert to the likelihood of any invasion. Invasion committees were formed in preparation for such an event. In Framlingham Cannon Lancaster was the head of the town's committee.

Defence of the town consisted of concrete Pill Boxes, of which there were 9 in Framlingham, including one in Well Close Square.

Iron Hairpin Tank Traps were situated on the roads into Framlingham. Pipe Bombs (Canadian pipe mines filled with explosives) were placed beneath the surface of the roads into Framlingham and Saxmundham. Camouflaged steel Machine Gun Turrets, which could rotate, housing a gunner, were installed.

One of these was situated in Infirmary Lane, Fore Street.

As gas attacks were a concern, Gas Decontamination Centre's were set

up.

In addition to these defensive measures in towns inland, it was essential that extensive coastal defences were installed. These were organised by General Ironsides. The remains of some of these installations can still be seen along east coast beaches.

An influx of army service men added to the disturbance of everyday life in towns and villages, especially after 1943 when troops of American GI's arrived to liven up communities.

Government minister Anthony Eden urged the formation of Local Defence Volunteers, otherwise known as the 'Home Guard'. Among the duties performed by these groups of men, was the search for any German paratroopers. If any were found the church bells were to be rung. Major Collins was the Commanding Officer in charge of the Framlingham Home Guard.

By July 1940 the construction of school Air Raid Shelters throughout the country was complete.

There was a large air raid in 1940 which destroyed the Infant's School Head Teacher's house. The raid in 1940 on College Road, Framlingham killed one person.

By June 1940 117 Air Raid Shelters had been built in Framlingham. The shelters included a large one and a water reservoir situated on Market Hill.

Inside the church, sand bags surrounded the tomb of Henry Howard and others.

In June 1942 around 700 Incendiary bombs fell in raids, during which 3 people were killed in Albert Road.

The town urgently required an Air Raid Siren. However, the request for one was turned down by the County Council, prompting Framlingham to pay for its own siren. This was fixed at the front of the Police Station and was in use from 1942. Previous to the alert of the siren, people were made aware of an imminent air raid by the sound of a whistle blown by someone running from street to street. At this point in his talk John Bridges blew a whistle.

When John spoke about the V1 rocket, known as a 'Doodle Bug', a recorded sound effect was played while an image of the Doodle Bug was displayed on the screen. There was silence when the rocket's motor stopped and then the following sound of bomb blasts could be heard.

John's talk concluded with the atmospheric, continuous wailing of a siren, signaling to the audience that it was safe for us to return home.

Diana Mann

Chairwoman,
Alde Valley
Suffolk Family
History Group.



WE NEED YOUR HELP



Leiston-cum-Sizewell Town Council

would like to invite **YOU** to join the **BIG DIG** on
SATURDAY 7th DECEMBER at 10am

To help plant new shrubs and trees at
Leiston's Community Orchard.

Please do bring your own gardening equipment and be a part of the Big Dig!



**LEISTON-cum-
SIZEWELL
NEWSLETTER**



Do you have a club you would like others to know about? Or may be you have some interesting stores or facts to share with your community.

Then please do email any news you would like to see in the Spring 2020 Newsletter to assets@leistoncouncil.gov.uk by **Monday 6th January 2020.**



www.suffolk.police.uk/your-area/leiston

Suffolk Police: **Tel: 101** (ask for Leiston SNT)
Email: leistonaldeburgh.snt@suffolk.pnn.police.uk
101 is the police number to report any non emergency.

The Leiston Surgery

Tel: 01728 830526. *Main Street, Leiston, IP16 4ES*
Email: sec.leistonsurgery@nhs.net



DOCTORS: N Maggs, K Blades, S Pai, I Qureshi.

Public Defibrillator : **Outside Co-op** (Sizewell Road) and **Children's Centre** (Waterloo Avenue). Other defibrillators are available (when open) in the Community Centre, the Library and the Film Theatre.

Report it! at www.suffolk.gov.uk/about/online-services

EAST SUFFOLK COUNCIL: www.eastsuffolk.gov.uk

Tel: 0333 016 2000

SC NORSE: *refuse collection/dog bins/recycling*

Tel: 01394 444000

SUFFOLK COUNTY COUNCIL:

Tel: 08456 077055

Highways: Tel: 0800 591055 **Social Care:** Tel: 03456 066067 **Bus Passes:** Tel: 03456 000659

Local Services...

Community Car Service: Tel: 831215

Job Centre: Tel: 401004

Library: Tel: 831252

Long Shop Museum: Tel: 832189

Leisure Centre: Tel: 830364

Citizens Advice: Tel: 832193

LEEWAY: Tel: 0845 2142171

(Domestic violence & abuse service)

CRUSE : Tel: 01394 670770

(Bereavement Care)

The Ferns: Tel: 01473 668974

(Sexual Assault Referral Centre)

Leiston Primary School: Tel: 830745

Alde Valley Academy: Tel: 830570

SCoTC Tel: 07767114770

(Suffolk New College on the Coast)

Local Organisations...

Leiston Children's Centre: Tel: 642930

Leiston Film Theatre Support Club: Tel: 831714

Leiston Scouts: *(Steven Burch)* Tel: 832479

Leiston Guides, Brownies, Rainbows:
(Selena Levermore) Tel: 635608

Leiston Youth Club: *(Lucy Pickett)* via Facebook

Leiston Women's Institute: *(Judy Geater)* Tel: 831628

CYDS: *(Stuart Watson)* Tel: 830716

CATS: *(Accessible Transport on demand)* Tel: 830516

Leiston Royal British Legion Band:

Email: secretary@leistonband.co.uk

Leiston Swimming Club: *(Matt Dye)* Tel: 833266

Email: mathew.dye@btopenworld.com

PISCES Disabled Swimming Club: Tel: 648270

Rose and Sweet William Club: Tel: 832028

Royal British Legion: *(Leiston Branch)* Tel: 833537

Leiston Good Neighbour Scheme:

Tel: 07724 777465 *Mon-Fri 9am-5pm*

leistongoodneighbour@gmail.com



SAMARITANS Helpline: Tel: 08457 909090

Leiston Town Pastors: Tel: 603221

Email: carol.cotton@btinternet.com

Leiston-cum-Sizewell Town Council



Your Town Councillors...

www.leistontowncouncil.gov.uk

TOWN COUNCILLORS

CLlr David Bailey:	8 Garrett Crescent, Leiston, IP16 4LB	Tel: 01728 831032
CLlr Sammy Betson:	80 King Georges Avenue, Leiston, IP16 4JG	Tel 01728 831168
CLlr Bing Boast:	10 Buller Boast, Leiston, IP16 4HA	Tel: 01728 830391
CLlr Tony Cooper:	28 King Georges Avenue, Leiston, IP16 4JG	Tel: 01728 830181
CLlr David Dix:	42 Carr Avenue, Leiston, IP16 4JA	Tel: 07526 802094
CLlr Susan Geater:	19 Haylings Grove, Leiston, IP16 4DU	Tel: 01728 833501
CLlr Colin Ginger:	20 Heath View, Leiston, IP16 4JP	Tel: 01728 832400
CLlr Phil Harle:	4 Lime Tree Avenue, Leiston, IP16 4EH	Tel: 01728 833578
CLlr Lesley Hill:	45 Garrett Crescent, Leiston, IP16 4LF	Tel: 01728 830514
CLlr John Last:	14 Poppy Way, Leiston, IP16 4UG	Tel: 01728 831017
CLlr Selena Levermore:	16a Aldeburgh Road, Leiston, IP16 4ED	Tel: 01728 635608
CLlr David Morsley:	16 Aldeburgh Road, Leiston, IP16 4ED	Tel: 01728 830150
CLlr Sean O'Reilly:	52 Haylings Road, Leiston, IP16 4DN	Tel: 01728 830506
CLlr Mary Anne Woolf:	58 Westward Ho, Leiston, IP16 4HU	Tel: 01728 830469

(e-mails to any Town Councillor should be through admin@leistontowncouncil.gov.uk)

EAST SUFFOLK DISTRICT COUNCILLORS

CLlr Tony Cooper:	Email: tony.cooper@eastssuffolk.gov.uk	Tel: 01728 830181
CLlr TJ Haworth-Culf:	Email: terry-jill.haworth-culf@eastssuffolk.gov.uk	Tel: 07899 063702
CLlr Jocelyn Bond:	Email: jocelyn.bond@eastssuffolk.gov.uk	

COUNTY COUNCILLOR

CLlr Russ Rainger:	Email: russ.rainger@suffolk.gov.uk	Tel: 01728 688739
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TOWN CLERK

Mr. John Rayner:	Email: townclerk@leistontowncouncil.gov.uk
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DEPUTY CLERK

Mrs. Caroline Rinder:	Email: admin@leistontowncouncil.gov.uk
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ASSETS OFFICER

Mrs. Hannah Everett-Spearing:	Email: assets@leistontowncouncil.gov.uk
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Address: Council Offices, Main Street, Leiston, IP16 4ER **Tel:** 01728 830388

OFFICE OPENING HOURS:

Monday & Tuesday: 09.00 - 12.30 & 14.00 - 16.45

Wednesday: Closed

Thursday & Friday: 09.00 - 12.30

