



LEISTON-cum-SIZEWELL NEWSLETTER SUMMER 2018



LEISTON TOWN CENTRE DEVELOPMENT – NEWS FROM LEISTON COMMUNITY LAND TRUST

The Leiston Community Land Trust (CLT) Steering Group have applied for incorporation as a Community Benefit Society and hope to be able to start recruiting members in early October. Just as the community developed and approved the Leiston Neighbourhood Plan, it now needs to follow on with support for the CLT to see the new town centre redevelopment which we anticipate will include large modern library, market square and one and two bedroom accommodation with priority for Leiston people – young and old. Regular and specialist markets will attract more people into the town for the benefit of the lovely independent shops already here and will give more room for community events.



To bring in the funding for the housing element the CLT needs to show what the particular need is. Although the Gateway to Housing list shows the waiting list, many people don't put their names down because they don't believe they will ever get to the top. A housing needs survey will show just how many are in that position and what sort of housing they need. The forms should be out to every Leiston household

this autumn and replies can be returned by free post, to the Town Council office or on line. **Please help by completing and returning the forms, and if necessary help relatives to complete the form.**

There will be a public information session from 9am – 4pm on Saturday 27 October in the Co-op for you to find out more and sign up as a member should you so wish.

Please see page 7 for more details

Welcome to the Summer edition of the Leiston-cum-Sizewell Town Council Newsletter.

Dear Resident

At the time of writing, the sun is continuing to shine and I hope you were all able to enjoy the exceptional summer weather.

The last newsletter was issued to help promote Leiston's Big Weekend in June with the theme 'Through the Decades'. The Events Group and all those involved in putting on this high-profile community event are to be congratulated on making this such a successful weekend building on from the first Leiston Big Weekend held last year. I was pleased that so many people had come along to enjoy the numerous attractions and entertainments on offer and in turn show their support after all the planning and hard work that had been undertaken by the organisers. (A report from the Events Group is included in the newsletter)

The Events Group also organised putting up the flags in the town which were for the period of the Royal Wedding, Leiston's Big Weekend, Suffolk Day and for England's journey through the Football World Cup. The floral hanging baskets also enhanced your visit to the town.

Suffolk Day celebrations came to Leiston and I am grateful to the Trustees of the Long Shop Museum for organising an event to mark the day. The event gave free entry to the Museum and a large number of organisations and individuals accepted the Museum's invitation to be a part of the event by running a stall. It was an excellent opportunity to learn about the different organisations and activities that the community has to offer and to meet the people involved.

Another celebration was the Licensing and Installation Service at St. Margaret's Church for Rev. Richard Finch. Unfortunately, I was not able to attend the service but the Town Council were represented by the Vice Chairman, Cllr John Last who welcomed Rev Finch and his family to Leiston. (An article by Rev Finch, introducing himself, is included in the newsletter.)



To mark the NHS 70th Birthday there were further celebrations in Leiston. A number of organisations in the community came together to organise a birthday tea party. Leiston Surgery invited patients who celebrated their 70th birthday this year to attend. Around 40 guests attended the party which was held in the unique setting of the Long Shop Museum. There were homemade cakes, sandwiches and plenty of cups of tea with musical entertainment provided by the U3A Ukulele Band. (An article on this event is included in the newsletter.)

Following a recent resignation, a vacancy occurred on the Town Council and subsequently a By-election was called to elect a new councillor. I am pleased to advise you that the vacancy has been filled and Sean O'Reilly was elected un-opposed to serve on Leiston-cum-Sizewell Town Council. Cllr O'Reilly was officially welcomed to his first meeting last month.

In the last newsletter I reported that the signing of the lease agreements of the centre section of the former Middle School site and the playing fields, playground and multi-use sports area were imminent. I am delighted to say that both leases have been signed and the official handover of the premises to the Council took place on 29th August. The Leiston Town Council have decided to name it the Waterloo Centre. Signage will be erected with the new name but I'm sure it will take some time before we stop referring to it as the 'Middle School'. (A further article is included in the newsletter)

The Council have discussed and responded to Scottish Power Renewables as part of the statutory Stage Two consultation process regarding proposals for East Anglia ONE North and East Anglia TWO wind farms. The Town Council believes that the construction of such visually intrusive complexes in or adjacent to an AONB is wrong and should be avoided. Such large industrial developments are wholly uncharacteristic to the proposed area. Councillors are also very mindful of the bigger issue with all the proposed energy generation and transmission projects currently being suggested for such a small area. Councillors continue to comment, lobby and do what they can to ensure Leiston is heard in this ongoing debate.

I was delighted to be invited to attend the Leiston Allotment Holders & Gardeners Association Annual Flower Show on 18th August and would like to thank the organisers for making the decision to go

ahead with the event. Due to weather conditions this year they had been unsure if the event could go ahead and I appreciate the difficult situation they found themselves in. Although entries were down, the display of flowers and vegetables were still amazing to see and there were also handicraft items and culinary entries, something for everyone. I was invited to present the cups and awards and a list of winners is listed below. It was a very enjoyable afternoon.

The next newsletter will be published in time to advertise the programme for the Leiston Christmas event to be held on 8th and 9th December.

Cllr Lesley Hill

LEISTON ALLOTMENT HOLDERS AND GARDENERS’ ASSOCIATION

Leiston Allotment holder show was held on the 18th August at the L.T.A.A. as per usual, the committee wondered how the show would be as it had been a very difficult couple of months in the garden. We need not have worried as the members rallied around and found really good quality exhibits even though the show was smaller than usual.

The judges commented on the quality of exhibits in all the classes. It was lovely to see many new faces visiting in the afternoon plus the regulars, perhaps that will inspire some to enter next year.

There was also an excellent stand again this year by David Fryer showing his Bonsai.

Councillor Lesley Hill presented the prizes including the Best Kept Allotment won by R. Balls. A big thank you goes to her for also helping out with the raffle.



As usual a big thanks goes to all visitors, helpers and the venue for with out them we wouldn't have a show.

BEST KEPT ALLOTMENT

1st R. Balls, 2nd A. Whiting 3rd A. Grimwood

THOMPSON CUP BEST VEG IN SHOW

D. Green for five Tomatoes

COMMITTEE CUP BEST EXHIBIT COOKERY EXHIBIT

Mrs. E. Green for four Butterfly Buns

JIM CROWTER TROPHY BEST CUT FLOWER EXHIBIT

Mrs. E. Green for five Flowers Same Colour

GALA SHIELD FOR MOST POINTS IN SHOW

1st R. Linsell, 2nd R. Balls 3rd S. Treay

TOWN CUP COTTAGE CLASS VEGETABLES

1st R. Linsell, 2nd R. Balls, 3rd D. Green

C. R. HOLMES CUP OPEN CLASS VEGETABLES

1st D. J. Dearing, 2nd R. Linsell, 3rd D. Green

STAN PIERCE SHIELD COLLECTION OF VEG

1st D. Murphy, 2nd R. Balls

SALAD COLLECTION

1st D. Green

FRANK BARKER CUP COTTAGE CLASS FLOWERS

1st R. Linsell, 2nd Mrs. G. Blades,

RON GEATER CUP OPEN CLASS FLOWERS



1st R. Linsell, 2nd Mrs. E. Green, 3rd D. Staff & Mrs. E. Green

JOAN WELFORD MEMORIAL CUP FLOWER ARRANGING

1st Mrs. J. Emmerson, 2nd Mrs. G. Blades, 3rd Mrs. I. Packard

BRIAN HARPER CUP ONION CLASS

1st R. Balls, 2nd D. Murphy, 3rd D. J. Dearing

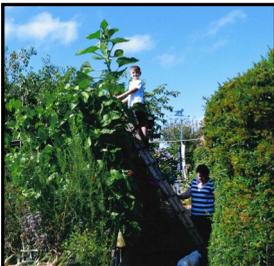
NOVICES SHIELD

1st S. Treay

CULINARY CUP COOKERY & PRESERVES

1st Mrs. E. Mouser 2nd Mrs. E. Green, 3rd Mrs J. Webb

BRIAN BUTTON AWARD MENS CAKE



1st R. Linsell, 2nd M. Richer

CHILDRENS CUP UNDER 12 YEARS POTATO IN BUCKET

1st Lee Davey, 2nd Oliver Staff, 3rd Jack Staff

TALLEST SUNFLOWER

1st Conner Balls 11', 2nd R. Linsell 10'7 1/2" 3rd R. Balls 10'3"

HANDICRAFT SHIELD

1st Mrs. C. Lugo 2nd Mrs E. Mouser, 3rd Mrs. J. Emmerson

TED SHELDON MEMORIAL CUP COTTAGE CLASS FUCHSIAS

1st Mrs. C. Lugo,

FRUIT CUP

1st Mrs. I. Packard, 2nd R. Linsell, 3rd Mrs. J. Lovell

SAXMUNDHAM SHIELD ODDITIY'S

1st R. Linsell, 2nd Mrs. I. Packard, 3rd D.J.Dearing

Suffolk New College on the coast aims to make positive educational waves in and around Leiston



A new educational establishment is getting ready to welcome their first group of students through the doors this autumn.

Suffolk New College on the coast will be based in Leiston and will welcome its students to their induction on Monday 17 September 2018 with a formal launch on Tuesday 18th September at 10am.

Courses on offer for post 16 learners will include Art and Design, Business, Childcare, Construction, Games Media and Health and Social Care. The college will teach GCSE Maths and English qualifications as part of the wider study programme to ensure all students are ready for progression into the workforce or higher education. The overall intentions are to make this new institution, 'a big part of the community' according to the newly appointed Deputy Director of the *Suffolk New College on the coast*, **Julie Patel**. She said, "We want to create a community feel and will be looking to create a 'lunch time club' where adults can meet, socialise, learn a new skill and have fun.

A leisure-learning programme for adults will also commence after October half term 2018 with 6 week evening courses in arts and craft to include jewellery making, photography and printmaking so 'you' can learn a new skill from local artisans. Adults can also enrol on part time maths and English courses from September 2018

"In terms of young people, there will be an independent but friendly feel with an allocated quiet space to complete assessment tasks with support via a homework club, chill out zones where students can socialise and share ideas, and opportunities for students to be directly involved in developing the 'feel' of college. We have already started to involve our business students in 'setting up and running a tuck shop for all students, the art students in planning and preparing the art work to be displayed around the building.

The college has been created since we are aware that around 40% of local students don't want to go on and study A-levels. At the moment, if a young person lives in and around Leiston and wants to study a vocational course, it can cost up to £200 a month in travel costs and

take around one and a half hour journey each morning and evening to get to and from places like Ipswich. This is a massive disadvantage for many students and is simply not fair – this college aims to address this imbalance and widen opportunities for young people and that is why we have opened the Suffolk New College on the coast.”

On looking forward to the challenge ahead, she continued, “It’s an exciting opportunity for all involved. We will be looking at developing new courses each year and have already started to plan for courses in Catering and Hospitality, Hair and Beauty; and Engineering in the future. Engineering will be massive for this part of the region with the development of EDF and Sizewell – so we intend to get our students ready for the jobs of the future.



“Overall, our aim is to offer an exceptional experience. This is our mantra and if we stick to that, we are confident this will be a success,” she added.

**LEISTON TOWN CENTRE DEVELOPMENT –
NEWS FROM LEISTON COMMUNITY LAND TRUST
CONTINUED FROM FRONT PAGE**

Many of you will be aware that land in Sizewell Road owned by a family trust has suddenly been put up for auction. This may influence how the Neighbourhood Plan is actually delivered but the community’s aspirations cannot be ignored if they are still supported. This has been a long journey so far, but please keep faith a little longer.

Further Information

The CLT Steering Group currently is Cllr Lesley Hill, Russ Rainger, Bing Boast, Barry Norman, Jim Florance and Sammy Betson.

Email is leistonclt@mail.com

Facebook page is at **Leiston Town Centre Plan**

The Neighbourhood Plan can be accessed through the Leiston Town Council website or viewed at the Council Office.

LEISTON CITIZENS ADVICE

Leiston is lucky to host a Citizens Advice which is situated at Colonial House on the Masterlord Industrial Estate. The Centre has helped many residents over many years and provides invaluable advice to residents when they are most in need of it.

The centre has been run extremely well by Nick Mayo for over 21 years and Leiston Town Council would like to record their thanks to Nick for the integrity, professionalism and dedication she has given to making it such a well run and essential service as she retires. The Town welcomes Mr Martin Jones as he takes over the reigns and settles in with the staff and volunteers who make our Citizens Advice what it is.



Leiston Citizens Advice relies upon volunteers to deliver services to our community and if you would like to get involved please get in touch by contacting them at bureau@leistoncab.cabnet.org.uk

Opening hours and other information can accessed from this simple address;

www.oaweb.co.uk

Harvest Past

THE LONG SHOP MUSEUM



This popular family event is a firm favourite in the museum calendar, held at nearby Peakhill Farm in Theberton. It has grown year on year, but at its heart is the traditional ways of old, back to a time when things were less automated and done at a much slower pace. This year's event will be held on Sunday, **23 September** opening at 10 a.m. Join us for displays of stationary engines, steam engines, thrashing machines, Suffolk Punch horses, vintage tractors and farm equipment, vintage vehicles, motorbikes and cycles, animals, sheep dogs, gun dogs, music, pop-up tea room, Duck & Pheasant bar, artisan food market, rural crafts. So much to see and do. A really great day out in the heart of Suffolk.



Witches in and around Suffolk

After a pause for the peak summer holiday period in August, the next meeting of the Alde Valley Suffolk Family History Group will be on Monday, **17th September**, when Pip Wright will give a talk entitled 'Witches in and around Suffolk'.

The talk will be held at the United Church, High Street, Leiston, IP16 4EL, and will start at 7.30 p.m. Everyone is welcome; admission costs £1 for members and £3 for non-members, including coffee/tea and biscuits. Parking is available in the adjacent Co-op car park, but you will need to register your car number in-store or face the risk of a £100 fine.



A TRYAL OF WITCHES, AT THE ASSIZES

HELD AT
Bury St. Edmonds for the County
of *SUFFOLK*; on the
Tenth day of *March*, 1664.

BEFORE
SIR MATTHEW HALE K^t.
THEN
*Lord Chief Baron of His Majesties
Court of EXCHEQUER.*

Taken by a Perfon then Attending the Court

LONDON,
Printed for *William Stewens* at the
Bible in *Duck-Lane*. 1682.

ROSE AND SWEET WILLIAM CLUB

The Rose and Sweet William Club are holding their Autumn Fete in the Community Centre, next to the Fire Station in King George Avenue, on **Saturday 13 October** from 10.30am until 3.30pm.

It will include cake, bottle, tombola, handicraft and plant stalls, refreshments, events for children including decorating a pumpkin, guess the number of sweets in the jar and guess the weight of the cake, apple bobbin, toffee apples.

Irene Packard

LEISTON OLD FOLKS' OUTING

The Leiston Old Folks' Outing will this year take place on **Saturday 29th September**. All senior citizens (aged 70 years and over) who live in the town and who would like to come on this free outing are asked to put their names on a list which will be available in Carolyn's Shop until **Wednesday 12th September**. We will then write to you with pick-up details, etc.

This year is our 81st Anniversary and we would love as many of you as possible to join us. The time-span is from approx. 1.30pm to 6.00pm., and involves our guests being taken in cars on an interesting tour around local villages to arrive at a mystery destination for free afternoon tea, entertainment and a raffle. For further details, please contact our Sandra Harle (secretary) on 01728 833578 or by email at philipharle@btinternet.com.

TOWN DIARY

Get your event listed on www.visit-leiston.co.

If you type the word Leiston into Google, the chances are that www.visit-leiston.co.uk will probably rank highly on the search listings. The Town Council were pleased to support this project when it launched in 2015 and as the website continues to develop, any local (IP16) events can be listed on the website for free, by simply emailing full details to: info@visit-leiston.co.uk.





Elsbeth Gibson, Change Manager for Leiston Together has been busy working with other colleagues and volunteers for Leiston Town Council and Suffolk Coastal District Council to help facilitate community priorities in the town.

Elsbeth is based in the town council offices three days a week and works for the Board of Leiston Together which is chaired by Barry Norman and meets every two months. The Board is working on a delivery plan which covers the town centre regeneration; support for business and enterprise; promote the health and wellbeing of older residents in the town and improve local provision for young adults, 16-25.

Leiston Together now includes the Chair of the Leiston Community Land Trust who is leading the town centre regeneration; the Principal of Alde Valley Academy and Suffolk County Councillor, Russ Rainger. Recent examples of Leiston Together working in partnership with projects in the town include the following achievements during the year to date:

- Launch of Leiston Links Social Prescribing Project at Leiston Surgery, April 2018
- Community Matters 4 week pop up event in Leiston, 9th April – 4th May 2018
- Leiston Dementia Project with Leiston approved as working towards being a Dementia Friendly Town
- Leiston Good Neighbour Scheme now with 25 volunteers and growing
- Leiston Big Weekend 9th 10th June 2018 run and organised by Leiston Events Group
- Launch of Business Networking events every month for businesses to pop in and meet other colleagues in the town
- Suffolk Day 21st June 2018 hosted at the Long Shop
- NHS 70th Anniversary Tea Party 23rd July 2018 organised in partnership with Leiston WI, the Long Shop and Leiston Surgery

We are currently planning the following activities:

- Park Run Sizewell Beach launch date 25th August 2018 a weekly organised 5k run which takes place every Saturday at 9am from Sizewell Beach heading north along the coast
- District wide Business Festival aiming for the relaunch of Leiston Business Association from 29th October 2018

- A programme of business networking events to take place every month on the last Wednesday of each month from 5.30 – 6.30 at NWES, Sizewell Rd Leiston including guest speakers and topical issues
- Launch of Suffolk New College On the Coast provision in Leiston for post 16 year olds
- Leiston Celebrates Christmas! Organised by Leiston Events Group
- A newly refurbished Leiston Leisure Centre by February 2019

If you would like to know more about Leiston Together or to get involved, please contact elspethgibson.leistontgether@gmail.com or elspeth.gibson@eastssuffolk.gov.uk

NHS 70th BIRTHDAY PARTY

A number of community organisations came together to organise a Tea Party to celebrate the NHS 70th Birthday. These included Leiston Together, Leiston Dementia Project, Long Shop Museum, members of the Active Communities Team, Leiston W.I., Leiston Surgery and members of



the PPG.

The Leiston Surgery invited patients who celebrated their 70th birthday this year to the tea party which was held on 23rd July 3.00 p.m. – 5.00 p.m. The Long Shop Museum kindly allowed their premises to be used as the venue, Access Community Trust provided the sandwiches and Leiston W.I. members made cakes and scones. As part of a

Reminiscences project, the Leiston Dementia Project Officer would use the event to hear people's memories of the NHS over the past 70 years. **John Heald** kindly agreed to take photographs of the tea party as a record of this special occasion.

Due to the very hot weather it was decided to hold the tea party entirely inside and the historic Long Shop was brightly decorated for the occasion. 40 guests came on the day and were greeted and waited on by all those involved with the organising and setting up. They were also entertained with music by the U3A Ukulele Band in their colourful Hawaiian shirts.

During the afternoon Russ Rainger a Trustee of the Long Shop and County Councillor for Leiston, thanked the guests for coming and gave a few facts regarding former doctors and where the surgery used to be. It was much appreciated by the guests that Doctor Blades and Doctor Simmonds were able to pop in and be a part of the celebrations.

We had very positive feedback from those invited and appreciated all the hard work from all parties involved in organising this event.

Lesley Hill
Chairman

Leiston Surgery
Patient Participation
Group



Introducing the new Vicar...

My name is Richard Finch and on 8th July I was licensed by our Bishop to be the Priest-in-charge for the Parish of Leiston with Sizewell, based at the parish church of St Margaret of Antioch in Church Road.



I used to work in the printing trade before training for the priesthood and since then I have served as a parish priest and as a chaplain, mostly in east and south east London.

This part of the Suffolk coast has been a special place for myself and my family for many years. We have stayed here countless times since I was a child. It feels slightly unreal, at the moment, to be living and working full-time in this place.

The welcome that my wife, Morag, and I have had from many people of Leiston and Sizewell has been heart-warming. My role as Vicar is to lead the church community in our worship in the beautiful church building that is St Margaret's, to give them pastoral support and to work with the local community.

As a Christian community the people of St Margaret's church (along with the other churches) offer spiritual care and support, especially at important moments such as a time of bereavement, to mark times of festival and joy (we have great music and concerts) and to work with the local community to bring greater harmony, justice and peace.

I hope that many more will say 'hello' and chat as I am out and about and I look forward to working with you as together we continue to make Leiston and Sizewell a good place to live.

For information about our church community please go to our website www.stmargaretschurchleiston.onesuffolk.net . I can be contacted by email (vicarleiston@gmail.com) or by telephoning 01728 830421.

Rev Richard Finch

WATERLOO CENTRE



Leiston Town Council have taken a long term lease from Suffolk County Council of the new section of the former Middle School to ensure that it is used for community use. There are four classrooms which are suitable for all sorts of activities and a gymnasium ideal for exercise, dance, badminton and anything else that could benefit from the space. The Classrooms are currently for hire at £10 an hour and the gymnasium at £15 an hour. The Centre—to be known as the Waterloo Centre—does not currently benefit from having any catering facilities or changing rooms although it is hoped to address this in the near future. The lovely old building along the front of the school has been purchased by a developer from Bishops Stortford to turn into apartments and is recognised as a heritage asset so should retain most of its current shape and form. The two storey block to the south of the gym (the old “science” block) is currently being looked at as possible office space.

All enquiries for hire of the facilities should be made through the Town Council Office in Main Street on 01728 830388



Big Band swings into Leiston Film Theatre

Suffolk based Big Band, Swing Machine, will be recreating familiar sounds of the 1930's, 40's and 50's at Leiston Film Theatre soon, with a special fund raising concert, in aid of the venue's Support Club.

This brilliant band, all of whom are enthusiasts of the swing genre, are looking forward to their return visit to Suffolk's oldest purpose built cinema on Saturday 22nd September, after a sell-out debut appearance in May 2017. Their repertoire includes music from Glenn Miller, Count Basie, Ted Heath, Woody Herman and Duke Ellington, to name only a few. The band will also be accompanied by two vocalists, who perform individually and as a duo, covering songs which could include those made famous by Frank Sinatra, Bobby Darin, Ella Fitzgerald, Michael Bubl  and Harry Connick-Jr, amongst many others. With some fantastic instrumental soloists complementing the band's arrangements, the concert is certain to provide an enjoyable evening.



The event is supporting Leiston Film Theatre's hard working Support Club, who, in the past ten years alone, have funded over £100,000 worth of improvements at our popular Film Theatre.

Through numerous fund raising activities and social events, the Club provides financial assistance towards many improvements made at the venue. In 2009, the Club completed their 'Set the Stage' project, improving the Film Theatre's film presentations and capability to stage live shows. The Club have also greatly assisted in the enlargement of the foyer and installation of the digital projection equipment.

Most recently, the Club have pledged to support the Film Theatre's management's commitment to improve the backstage facilities, which are receiving plaudits from all artistes who have used them. The Club's 'Behind the Scenes' project continues, with an aim to provide new sound and lighting equipment, thus enabling the venue to attract more quality live shows to the stage.

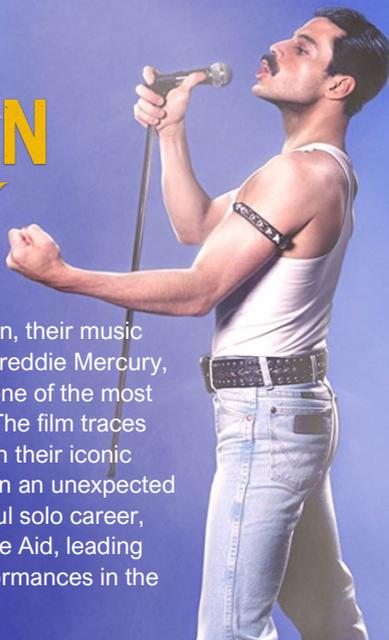
These latest improvements will greatly enhance the stage sets for forthcoming live shows, including The Tucker Show (19th October) and a tribute to Buddy Holly and Roy Orbison (7th December).

Annual membership to the Leiston Film Theatre Support Club is just £6.00 and membership forms are available from the Film Theatre foyer, or by contacting the venue on 01728 830549 or email: info@leistonfilmtheatre.co.uk.

The Swing Machine Big Band appear at Leiston Film Theatre for on Saturday 22nd September at 7.30pm. Tickets are priced at £12.95 for adults, £11.95 for concessions and £10.95 for Support Club members and are available on 01728 830549 or via the venue's website at: www.leistonfilmtheatre. Early booking is strongly advised.

BOHEMIAN RHAPSODY

A foot-stomping celebration of Queen, their music and their extraordinary lead singer Freddie Mercury, who defied stereotypes to become one of the most beloved entertainers on the planet. The film traces the meteoric rise of the band through their iconic songs and revolutionary sound, but in an unexpected turn Freddie pursues an unsuccessful solo career, reuniting with his band-mates for Live Aid, leading the band in one of the greatest performances in the history of rock music.



COMING
SOON!

Showing at Leiston Film Theatre from the UK release date of Friday 26th October. Details at: www.leistonfilmtheatre.co.uk



CLIFF RICHARD LIVE

60TH ANNIVERSARY TOUR

SUNDAY 14 OCTOBER 3PM



A special one-off matinee screening at Leiston Film Theatre of Cliff Richard's 60th Anniversary Tour, in celebration of his 78th birthday. Featuring his greatest hits across six decades, this will be Cliff's most exciting tour yet. His incredible energy and passion on stage will sweep you off your feet and be sure to have you swaying in the aisles.

Sunday 14th October at 3.00pm
Tickets £14.95. NOW BOOKING
Tel: 01728 830549
www.leistonfilmtheatre.co.uk

News from the Leiston Dementia Project

The NHS celebrated its 70th birthday in July and, in the weeks leading up to the Leiston event, I asked local people about their memories of health care before and after 'Enabling Day'. We used these memories to make a timeline to display at the Surgery tea party. There were some very moving stories about what life was like when people could not afford the doctor and of being a young child in hospital when parents were only allowed to visit on Wednesday and Sunday afternoons. There were also some funny tales such as how new mothers in hospital were given a bottle of Mackeson's Milk Stout along with their night time Horlicks. I gathered some additional memories from people who went to the party and will use it all in the reminiscence materials I am producing for the Dementia Project in Leiston.

The Leiston Good Neighbour Scheme has been busy recruiting volunteers at various events such as the Big Weekend and Suffolk Day. We now have over twenty volunteers and are planning to be active in the middle of September 2018 after we have completed the required checks and paperwork. We have already been asked to visit people who spend most of their time at home alone or who would like a bit of support to continue to do activities they used to enjoy. Thank you to everyone who has given us a green token at the Co-op as this will help us with funding for next year. It costs £10.50 per volunteer to do a check and provide ID but everyone involved, including the committee, provides their time for free.



The most important part of my role is to talk to local people living with dementia and their families about what is available to them and what can be done to provide more support. Do get in touch if you have any questions or suggestions or would like to help with the Good Neighbour Scheme. You can either email at leistondementiaproject@gmail.com or leistongoodneighbour@gmail.com or leave a note for me at the Town Council Offices.

Thank you
Sharon Cuthbert
Dementia Project Officer

LEISTON'S BIG WEEKEND 9th/10th June 2018 was a resounding success, thanks to great support from the local community, organisations, musicians and the wonderful weather.



Residents, Businesses and Organisations from Leiston and the surrounding area, came together at Victory Road Park to enjoy a fun packed weekend based around the theme of 'Through the Decades'. There was a relaxed and happy atmosphere, with everyone enjoying the Fun Fair, Live Music, and a good variety of food and drink. On Sunday, the number of stall holders, surpassed all expectations and with 1940's Dancing, Punch and Judy, Stocks Fair, Boules, Soap Box Racing and Tug of War plus lots more, there was plenty for all ages to enjoy.

The Leiston Events Group wish to thank all those who contributed to the event and look forward to seeing you all again at Leiston Celebrates Christmas 8th/9th December 2018.

Leiston Events Group would like to announce that as part of Leiston Celebrates Christmas 2018, there will be an Ice Rink in the Town over the weekend for everyone to enjoy!!



'If anyone is interested in having a stall please contact leistoneventsgroup@gmail.com'

Leiston Works Railway and Leiston Saint Margaret's Church joint fund raising concert

The Leiston Works Railway (LWR) and Leiston Saint Margaret's Church are pleased to announce that they will be presenting a concert of music for flute and harp featuring two local musicians at St Margaret's Church, Leiston in October.

Lowestoft flautist Carol Skinner studied at the Royal College of Music, and has enjoyed a very musical career teaching flute and piano, and playing in various local ensembles and orchestras. Former Senior Woodwind Tutor for Suffolk County Music Service, Stewart Green began playing the harp while at University College of North Wales, Bangor. Many of his compositions appear on examination syllabi, and he has been performed on radio and TV. In 1985 Carol joined forces to perform Mozart's Concerto for Flute & Harp with Waveney Sinfonia.



As part of the celebrations for Stewart's 70th birthday in September, they will be presenting an appealing programme of popular classics and light music on Saturday 13 October, starting at 7:30pm.

Tea, coffee and biscuits will be available and there will also be a draw.

Everyone is warmly invited to join in the fun, and admission to the concert is **FREE** - with a retiring collection in aid of the church and the LWR.

Please contact Stephen Ginger on 01728 831902 or Sandra Harle on 01728 833578 for further details.

LEISTON-CUM-SIZEWELL PARK RUN IS HERE!

We have been working to introduce Park Run (www.parkrun.org.uk) along the beautiful dunes within the AONB from Sizewell to Minsmere and back.



If you are interested in joining Park Run you need to register on the web site at www.parkrun.org.uk web site and you will receive a barcode. You need to bring with you a printed version of your barcode to your local park run.

The new Park Run route at Sizewell is a fantastic location to start your Park

Run regular exercise. The route is protected from the onshore breezes by the dunes and underfoot the terrain is typically well drained and firm. There is a large car park (60p for 2 hours), public toilets, (including disabled toilet, and a great café run by local people.

Park Run is a free 5km run (or walk) which takes place every Saturday morning at 9am. It is open to all abilities and ages (children accompanied by adults and dogs on leads)

Everyone is able to build a personal performance profile to measure their progress and participation.

There are hundreds of Park Runs which take place all over the UK and the world. It's a great way to get some exercise, meet and make friends whilst improving fitness and enhancing wellbeing.

If you want to join Park Run locally, register today at www.parkrun.org.uk and join us each week from Saturday 25th August.



LEISTON LIBRARY LATEST

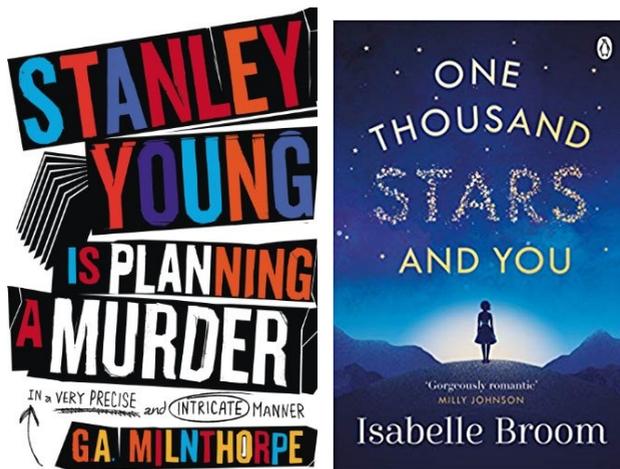
As this goes to press we will be looking forward to celebrating the achievements of all the children who completed the 'Mischievous Makers' Summer Reading Challenge. These children read six books and told us all about them, and have been invited to the Long Shop Museum to be presented with their certificates and medals on the 18th September. The presentation will be done by Councillor Russ Ranger and Councillor Lesley Smith. Well done those children!

Our Lego Club continues, we have one longer session each week now - **every Sunday 11am-2.30pm**. We have a different challenge every week and have seen some fantastic creations! Just drop in and get creating!



October will be an exciting month – we have two author visits planned. On **Thursday 11th October 6.30-7.45pm**, Isabelle Broom will be with us. Isabelle is the Book Reviews Editor at Heat magazine as well as an author, and has travelled all over the world. She'll be talking about exploring the world, one book at a time.... Her novels are set in beautiful far-flung locations and are perfect for anyone who likes an escapist and evocative read so it promises to be a brilliant evening.

On Thursday 18th October, 6.30-7.45, we have an evening with G A Milnthorpe. Gavin is a commercial lawyer by day and a write of fictional nonsense by night! He has written for the stage, does stand-up comedy, and has been known to pick up the guitar... He has two novels in print, humorous and full of interesting characters. Isabelle and Gavin's books are available through the library, and tickets on sale now, £2 each and include a glass of wine or soft drink.

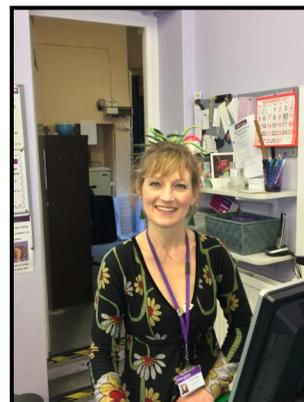


Don't forget **every Thursday at 10.30am** we have our Baby Bounce session – a free half an hour of rhymes and singing or under 5s and their grown-ups.

We are still looking for a willing volunteer to help us run a Sporting Memories group here at the library. The plan is for a group to meet monthly, for older people to get together to share their great memories and experiences of sport. If you are a sports fan and would be interested in facilitating or volunteering in this fantastic group so that we can make it happen, please get in touch for more info.

As part of Leiston Fair Trade Town we are now selling bars of delicious Divine Fair Trade chocolate £1 for small bars, £2 for big bars in a selection of flavours. We're a welcoming and relaxed place to pop in for a Fair Trade cuppa too.

We look forward to seeing you soon.



Gayla—your Library Manager

Funny Tucker comes to Leiston Film Theatre

Ribs will be well and truly tickled in this October, when award-winning funny-man, Tucker, pays Leiston a visit with his hilarious laughter show. The Eastbourne based comedian will be making his debut performance at the Leiston Film Theatre on Friday 19th October, with his one-man show, packed full of tongue-in-cheek wit, that has seen him become one of the UK's top stand-up comedians.



His 'cheeky chappie' antics have taken him all over the world, making audiences laugh wherever he goes, although he is more fondly remembered throughout East Anglia, as one of the formidable stars of Cromer's famous end of the pier show for many years, before spreading his comedy wings and working alongside famous names including George Benson, Johnny Mathis, Smokey Robinson and the one and only Bradley Walsh.

Tucker has also appeared on numerous summer seasons, pantomimes and television shows including The Big Stage and The Michael Ball Show and has even performed aboard the world famous QE2.

Described as a generator of laughter who simply doesn't have to try to be funny, Tucker's comedy comes from real life and good gag writing, combined with a warm personality and a natural style of delivery that is quite

unique. His obvious love of people and his clean, funny material and song, always hits the target, making him an extremely versatile artiste.

Tucker is just one of many names on a list of performers that our Film Theatre manager has been determined to secure for an appearance at the Film Theatre. Wayne first saw him perform on Cromer Pier, reducing the audience to tears of laughter and knew that our audience would absolutely love what he brings to the stage.

Tucker will be supported by the award-winning Soul singer, Craig Garrett, who returns after a summer tour of the Mediterranean to perform a selection of Soul, Motown and R&B songs.

Tucker is looking forward to visiting Suffolk again and especially a venue that he's heard so much about from fellow performers. "It's been surprising how many other artistes have praised this particular venue, it's staff and most importantly, the audience. I'm really excited about playing a new theatre, especially one that is apparently so well loved. I hear the fish and chips are nice too!" he said.

The Tucker Show appears at LIVE at the Leiston Film Theatre on Friday 19th October at 7.30pm. Tickets for this unmissable show are priced at £14.95 and £12.95 for concessions. Early booking is strongly advised on 01728 830549 or via the venue's website at: www.leistonfilmtheatre.co.uk.

THE TUCKER SHOW

Trust us, you won't want to miss the hilarious Tucker - star of Cromer 's end of the pier show for many years and one of the UK's top stand up comedy entertainers. His award winning act headlines in comedy clubs across the UK and in 2018, Tucker makes his debut appearance at Leiston Film Theatre



An absolute
must-see show!

PLUS SUPPORT

Appearing LIVE at Leiston Film Theatre
ONE NIGHT ONLY - Friday 19th October at 7.30pm
Tickets: £14.95, Conc. £12.95 - NOW BOOKING
Tel: 01728 830549 www.leistonfilmtheatre.co.uk



Farewell to Margaret's

The Leiston St Margaret's Church charity shop has been trading in Leiston since the mid-1990s. It was a time many in Leiston will remember when the church had only just raised the money and paid for the church roof to be replaced at a cost of around £100,000. That now left the organ needing a complete overhaul, having suffered from the previously leaking roof, among other problems. The cost was to be around £7,000. How could the church raise even more money?

Patsy was standing near the entrance to Solar when she had her vision. Opposite was a rather rundown shop that had been empty for some time. It belonged to the now late Mr Peter Westbrook so she plucked up the courage to visit him and ask if he would allow her to borrow it for a few weeks in an attempt to raise the money the church needed. He agreed and charged no rent. With the blessing of our then vicar, the Revd. David Lowe, Patsy accumulated friends from the church congregation and the local community who together cleaned the shop out and volunteered to take turns to serve in the shop. Donations of goods to sell were soon forthcoming and to the surprise of many, except Patsy who was convinced that Leiston and district would respond, the £7,000 was raised within 3 months.

With the kind generosity of Mr Westbrook and later his son and daughter, the shop has remained open ever since. In the 20 or so years since it first opened a quarter of a million pounds has been raised. This has been used toward the outreach of the church within the Parish and the maintenance of the church building as well as assist us to pay our annual quota to the diocese.

20 years on it is a different world. We are all older and some have passed on to their heavenly home. The high street has changed and the shop has become unviable. In recent months sales have barely covered the cost of electricity and general maintenance of the shop. This is partly due to the rising numbers of charity shops in town but also the inability to be able to man the shop 5 days a week. Sadly, the church has had no alternative but to close Margaret's from August 31st.

Without the generous help of all those who volunteered to work in the shop, and those who so generously donated clothes and bric-a-brac, jewellery and books, the benefits this little shop has been able to provide over the past 20 or so years would not have been possible. May God bless you all. To customers and helpers please keep in touch. God and the congregation invite you to join us at a church service on any Sunday morning and to keep supporting us at the summer and autumn fairs and other events.

Patsy and Bernard Smith

LEISTON'S COMMUNITY ORCHARD

The Orchard will soon be entering its third year and the trees have held up well during the very dry spell of weather this summer. They have produced their first small crop of plums and apples. It's good to hear that residents are enjoying the space to walk in and even have a picnic at the newly installed tables and benches.



There are around a dozen heritage fruit trees forming the main part of the Orchard plus a number of different trees including Birch, Ornamental Cherry and Hawthorn around the perimeter. Local organisations from Scouting and Guiding have planted commemorative trees and residents have planted trees in memory of a 'loved one'. The best time of year for tree planting is autumn, so please contact the Town Clerk if this is something you would be interested in. The Town Council is grateful to Norse Ltd for the work they have put in this year, especially in tackling the bracken which had taken hold and also to all the residents, especially the children, who joined in the planting events, there will be more of these in the future.



Marcus & Wayne's

BIG, FAT

80's

QUIZ



Sizewell Sports and Social Club
Friday 12th October, 8.00pm
£5.00 per person (min. 4 / max. 6 per team)
In aid of Leiston's Christmas Event
(Saturday 8th December)

**INCLUDES A
HOT SHARING PLATTER
FOR EACH TEAM**

**Book your team on
01728 830025**

"Victory at all costs, victory
in spite of all terror, victory
however long and hard the road
may be; for without victory
there is no survival."

*A Musical Production by The Love to Sing Choir,
in association with Leiston Film Theatre*

WARTIME

Melodies

A Tribute to Leiston in Wartime

Leiston Film Theatre

Saturday 24th November, 3.00pm & 7.00pm

Tickets: Adult £14.95, Conc. £12.50

NOW BOOKING - Tel: 01728 830549

www.leistonfilmtheatre.co.uk

LOCAL INFORMATION

POLICE: Local Police Community Support Officer
PCSO Thora Taylor **Tel: 101** (ask for Leiston SNT)
Email: leistonaldeburgh.snt@suffolk.pnn.police.uk

101 is the police number to report any non emergency.

DOCTORS: N Maggs, S Simmonds, K Blades
SURGERY: Main Street, Leiston Tel: 830526

Public Defibrillator — outside Co-op and Children's Centre in Waterloo Avenue. Other defibrillators are available (when open) in the Community Centre, the Library and the Cinema.

COMMUNITY CAR SERVICE: Colonial House, Leiston Tel: 831215

JOBCENTRE: Eastlands Ind Estate, Leiston Tel: 401004

LIBRARY: Main Street, Leiston Tel: 831252

LONG SHOP MUSEUM: Main Street, Leiston Tel: 832189

LEISURE CENTRE: Red House Lane, Leiston Tel: 830364

CITIZENS ADVICE:

14 Colonial House, Station Rd, Leiston Tel: 832193

LEEWAY (Domestic violence & abuse service) Tel: 0845 2142171

CRUSE Bereavement Care Tel: 01394 670770

SUFFOLK COASTAL DISTRICT COUNCIL Tel: 01394 383789

SC NORSE- refuse collection/dog bins/recycling Tel: 01394 444000

SUFFOLK COUNTY COUNCIL Tel: 08456 077055

Highways Tel: 0800 591055

Social Care Tel: 03456 066067

Bus Passes Tel: 03456 000659

EDUCATION Leiston Primary School Tel: 01728 830745

Alde Valley Academy Tel: 01728 830570

LOCAL ORGANISATIONS

Leiston Children's Centre, Waterloo Avenue Tel: 642930

Leiston Film Theatre Support Club Tel: 831714

Leiston Scouts - Steven Burch Tel: 832479

Leiston Guides, Brownies, Rainbows

- Selena Levermore Tel: 635608

Leiston Youth Club - Lucy Pickett contact via Facebook

Leiston Women's Institute - Judy Geater Tel: 831628

CYDS - Stuart Watson Tel: 830716

CATS - Accessible Transport on demand Tel: 830516

Leiston Royal British Legion Band - secretary@leistonband.co.uk

Leiston Swimming Club - Matt Dye Tel: 833266

mathew.dye@btopenworld.com

PISCES Swimming Club Tel: 648270

Suffolk Regiment (Leiston) Tel: 831281

Royal British Legion (Leiston Branch) Tel: 833537

SAMARITANS Helpline for anyone in a crisis 08457909090

Town Pastors—Lorna Brown leistontp@gmail.com Tel: 07525641874

The Ferns—Sexual Assault Referral Centre Tel: 01473 668974

TOWN COUNCILLORS

Cllr David Bailey, 8 Garrett Crescent, IP16 4LB	Tel: 831032
Cllr Mrs Sammy Betson, 80 King George Ave, IP16 4JG	Tel 831168
Cllr Bing Boast, 10 Buller Road, IP16 4HA	Tel: 830391
Cllr Tony Cooper, 28 King George's Ave, IP16 4JG	Tel: 830181
Cllr Freda Casagrande, 13 Archway Cottages, IP16 4AR	Tel: 561476
Cllr Susan Geater, 19 Haylings Grove, IP16 4DU	Tel: 833501
Cllr Colin Ginger, 20 Heath View, IP16 4JP	Tel: 832400
Cllr Phil Harle, 4 Lime Tree Avenue, IP16 4EH	Tel: 833578
Cllr Lesley Hill, 45 Garret Crescent, IP16 4LF	Tel: 830514
Cllr Terry Hodgson, 27 King George's Ave, IP16 4JX	Tel: 830917
Cllr Bill Howard, 52 Waterloo Avenue, IP16 4HE	Tel: 831455
Cllr John Last, 14 Poppy Way, IP16 4UG	Tel: 831017
Cllr Selena Levermore, 16a Aldeburgh Road, IP16 4ED	Tel: 635608
Cllr David Morsley, 16 Aldeburgh Road, IP16 4ED	Tel: 830150
Cllr Sean O'Reilly, 52 Haylings Road, IP16 4DN	Tel: 830506

DISTRICT COUNCILLORS

Cllr Tony Cooper, 28 King George's Ave, IP16 4JG	Tel: 830181
Cllr Susan Geater, 19 Haylings Grove, IP16 4DU	Tel: 833501

COUNTY COUNCILLOR

Cllr Russ Rainger, Christmas Cottage, Farnham Road, Snape IP17 1QW Russ.rainger@suffolk.gov.uk	Tel: 688739
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TOWN CLERK

Mr John Rayner
Council Offices
Main Street
Leiston
IP16 4ER
Tel: 01728 830388
Email: townclerk@leistontowncouncil.gov.uk

Office open:	Monday & Tuesday	09.00 – 12.30	14.00 – 16.45
	Thursday & Friday	09.00 – 12.30	

See your town and Council at www.leistontowncouncil.gov.uk

LEISTON FILM THEATRE 01728 830549

SEE WHAT'S ON AT:

www.leistonfilmtheatre.co.uk

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