

Leiston-cum-Sizewell Town Council Newsletter Summer 2021

**Have you Spotted some
Wonderfully Woolly
Creations around Leiston
Recently?**



To find out more about these truly remarkable master pieces then turn to pages 14 & 15...



*A Sneaky Peek
Inside...*

**Page 2
Chairman's
Communication**

**Page 6
Leiston Library**

**Page 8
Leiston
Community
Land Trust**

**Page 12
Leiston Makes
Space For
Wildlife**

**Page 19
Leiston Town
Bowls Club**

**Page 22
Leiston Film
Theatre**

**Page 24
Long Shop
Museum**



Chairman's Communication

Clr John Last BEM



Welcome everyone to the summer edition of the Leiston-cum-Sizewell Town Council Newsletter.

Once again, it is a honour and a privilege to serve as Chairman of the Leiston-cum-Sizewell Town Council for the forthcoming year. I look forward to working with my councillor colleagues on trying to do what is best for Leiston. I know from working alongside the Town Clerk, office staff and fellow councillors how hard everyone works on behalf of our community. The Town Council has been carrying out council business for sometime now via Zoom and Teams virtual meetings and although very functional, it does lose the personal side of meetings, which face to face meetings bring. So it was good to be able to conduct the May Town Council meeting as a face to face meeting with councillors in attendance at the Community Centre and hopefully subject to there being no set-backs with the Covid pandemic, it will remain that way.

As we follow the Government's roadmap out of the Covid-19 lockdown and following on from the vaccine roll-out programme we are all hopeful that we will be able to enjoy the summer months ahead with a degree of responsible freedom and pursue all the things that are important to us, which we have missed of late. It is

important as part of that we try to support our local businesses and shops the best way we can, because it has been a very tough time for them all, and of course the Film Theatre is now back and up and running.

It looks as though the Town Centre of Leiston is set to become a bright and vibrant area over the summer months. As I pen these notes, plans to enhance the town for the benefit of the local community and for visitors, a group of Leiston residents have been getting involved in a community-led 'yarn bombing' project.

Creative Leiston residents have been knitting and crocheting a huge variety of items which have been popping up across the town. Many of the yarn-bombers have been shielding during the pandemic. There are numerous people involved in the project, which aims to help brighten the town and boost the local economy by attracting visitors and encouraging residents to shop locally.

The project builds upon town improvement work being carried out by

East Suffolk Council with Leiston Town Council and Leiston Together. As part of this enhancement work, local businesses are also being encouraged to tidy up their shop fronts, damaged or missing signs are being replaced and community litter picks are being organised with partner organisations.

This is a project generated entirely by the local community and which has real potential to improve the mental wellbeing of those involved, and of local residents and visitors who can enjoy the artwork on display. In addition, the project is helping to enhance the appearance of the town and increase community pride. The group have also been making bunting for display in the town centre, as part of the reopening of the high street. The bus stop in the High Street has even been repainted and coupled with the usual display of hanging baskets is something to be looked forward to.

The displays will all be complete in preparation for Suffolk Day on Monday 21 June. This will include an exhibition of works from Alde Valley Academy students displayed in The Long Shop Museum who are opening their doors to the community for free on the day. It is something for us all to enjoy.

During the lighter evenings, it has been very pleasing to see how well our parks, the Community Orchard and Haylings Pond have been used, we are so lucky to have these amenities on our doorstep. I hope once again they can be enjoyed by all.

The Sizewell C Development Consent Order (DCO) submission by EDF Engery

is now subject to Planning Inspectorate (PINS) examination and hearings, which have commenced. The Town Council is working hard on how all the issues that a major project such as this could impact on our community. As the town nearest to the project we will feel the most impact should this project. We will strive to ensure suitable and appropriate mitigation is achieved. The process will go on for sometime, and councillors will be very much involved with the proceedings to ensure Leiston is well represented by putting forward our concerns.

As I have mentioned above, there is a lot for us to enjoy this summer and I hope you are able to experience some quality time with your families, loved ones and friends.

On behalf of Leiston-cum-Sizewell Town Council, I wish you all the very best.

John

John Last BEM
Chairman

Leiston-cum-Sizewell Town Council

Council Office: 01728 830388
www.leistontowncouncil.gov.uk
[Facebook.com/leistontowncouncil](https://www.facebook.com/leistontowncouncil)





LEISTON-CUM-SIZEWELL TOWN COUNCIL CASUAL VACANCY

A vacancy currently exists on Leiston - cum - Sizewell Town Council for a Councillor.

The Council has been asked to co-opt an eligible resident to fill this vacancy.

This is an opportunity for you to become a Town Councillor and for you to help and serve your fellow residents as a civic leader without having to be nominated for election etc.

This notice is therefore asking for you to give an expression of interest if this would be something you would like to do.

Please send your expression of interest with a brief outline on who you are and why you are interested in the post, to the Town Clerk at the Leiston Town Council Offices in Main Street (IP16 4ER) by 25th June 2021.

More information on what the post involves can be talked through with the Town Clerk on 830388 or with any councillor.

Contact and questions can also be made through:

townclerk@leistontowncouncil.gov.uk.

The Leiston Surgery

COVID VACCINATION PROGRAMME

We have now commenced 'Phase 2' of the Covid-19 Vaccination Programme at Leiston Surgery, and have reached out to all registered patients, aged 18 and over, to offer them their Covid-19 Vaccination.

We have given a total of 9955 doses of the vaccine, this includes 5316 first doses and 4639 second doses.

The Leiston Surgery would like to thank the members of the community that have volunteered their services to help us with the set up and running of the Vaccination Programme. We are incredibly grateful for all of their help, and cannot express enough how vital their support has been. If

anyone would be interested in volunteering please contact Sarah McLennan Practice Manager – sarahmclennan@nhs.net

We would also like to thank those at Sizewell Sports and Social Club for their assistance with the set-up of the Vaccination Programme, and their continuous understanding and support throughout.

We have been blown away by the amazing feedback received regarding the success of our Covid-19 Vaccination Programme, and would like to thank the community for their support and encouragement during these unprecedented times.



Leiston Surgery Patient Participation Group 'Thank You' Leiston Surgery

At the time of writing, the PPG are nearing the end of our 'Thank You' Leiston Surgery campaign which was launched on 1st March and ends on 31st May. We have been astounded at the response and the amount of donations, cards and letters that have come in as a 'Thank You' to the Surgery team which has far out exceeded our expectations.

We had asked the Surgery what they would wish to receive as a collective gift from funds received, they had requested to have their staff room up dated and, if possible, an additional ECG machine. I am delighted to say that with sufficient funds already received, the PPG have asked the Surgery to order the ECG machine which

is costing £2,081 and is expected to be delivered within a couple of weeks. As well as updating the staff room a picnic bench has been requested to allow staff to enjoy having their breaks outside. Plans are underway to clear a site for this purpose and further requests for the staff room are awaited.

Once the campaign has finished and we have the exact figure that has been raised we will be able to publicise this and say a huge Thank You to everyone who has contributed and to the Thank You Stations for collecting the donations.

Lesley Hill

Chairman - Leiston Surgery PPG

How can we help you?

**We're here to help.
Whatever the problem.
For free and independent advice.**

We remain open for advice by phone and email (Mon, Tues, Thurs and Fri – 10am-2pm).

Call us on 01728 832193 or Freephone 0808 278 7868.
Or email: supervisor@leistoncab.cabnet.org.uk to make contact.



**citizens
advice** Leiston,
Saxmundham
& District

**PLEASE REMEMBER
TO STILL...**



Wash
HANDS



Wear a
**FACE
Mask**



Make
SPACE

An Update from Leiston Library

Leiston Library has reopened for browsing... and we're making plans to open 'normally' if everything goes well...

So, as you read this, we can have limited numbers of people back in the library – you can browse and choose your own books. Our reservations are up and running, however we can still offer our Select and Collect service if you need it or have enjoyed it. You can also book to use of one of our PCs, and we're offering printing and photocopying. If you have books to return, for now just put them in our letterbox.

You can also pop in and collect your Lateral Flow Home Test Kit.

We are still opening with our temporary Covid hours - Tuesdays, Thursdays and Saturdays 9.30-2.30.

The plan is to look forward to reopening 5 days a week towards the end of June with a return to our longer hours. The children's Summer Reading Challenge will be taking place this year, when we challenge children to read 6 books during the summer holidays and come in and tell us about them, collecting rewards and

prizes along the way.

Please look at our Facebook page and the Suffolk Libraries website for further updates, of course it's all very changeable.

We do have to continue to follow Government guidelines for those using the library – to keep us all safe, so remember to pop a mask on if you're coming along. And of course we're keeping things clean.

We look forward to seeing you soon!

Leiston Library opening hours

- Mondays – closed
- Tuesdays - 9.30-2.30
- Wednesdays – closed
- Thursdays – 9.30-2.30
- Fridays – closed
- Saturdays – 9.30-2.30
- Sundays – closed

Tel 01728 831252

Email leiston.library@suffolklibraries.co.uk

Find us on Facebook 

www.suffolklibraries.co.uk

DATE FOR THE DIARY

Do you have a club you would like others to know about? Or maybe you have some interesting stories or facts to share with your community. Then please do email any news you would like to see in the Autumn 2021 Newsletter to assets@leistontowncouncil.gov.uk by Monday 23rd August 2021.



CREATIVE LEISTON 2021

The students at Alde Valley Academy are working hard towards their contribution to Creative Leiston 2021. As we come out of strict lockdown, the students are excited to have the chance to showcase their achievements outside of the school. In a normal year we offer the students as many opportunities as possible to display their work in the community. For example, we hold annual exhibitions at St Margaret's Church in Waterloo Avenue and at the George Farnham Gallery in Saxmundham. With those opportunities reduced this year, it is great that the students can now take part in this transformation of Leiston!

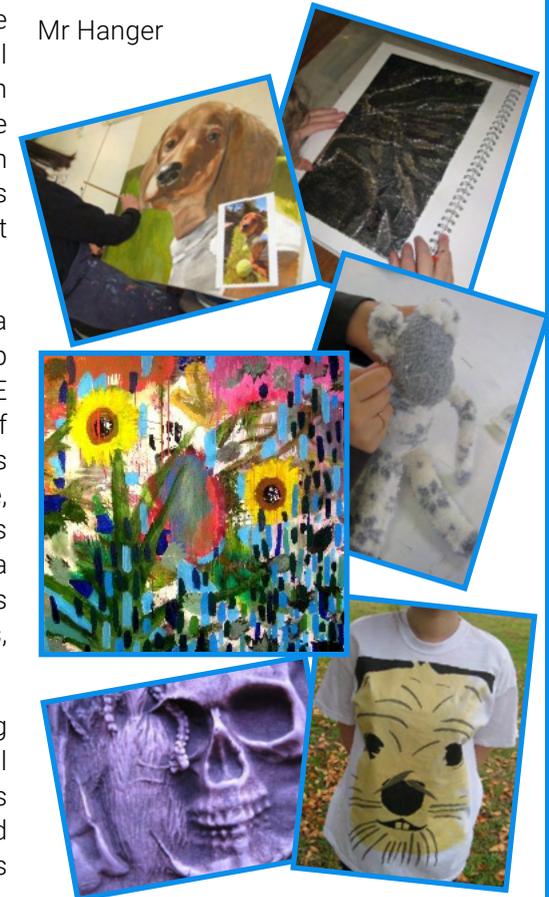
The GCSE students will be exhibiting a wide range of work at the Long Shop Museum. Each student on our GCSE course develops their own portfolio of individual, self-directed work. This results in a wealth of different pieces being made, from sculptures and paintings to prints and drawings. You can look forward to a very varied exhibition with the students investigating a wide range of ideas, working processes and materials.

The key stage three students are working towards two different displays. They will be transforming some of the bollards around Leiston by recycling unwanted knitted garments. The bollard coverings

will be colourful, creative and fun. They will also be displaying 'sock monkeys'. The students began to construct these before lockdown, recycling old pairs of socks to make creative creatures.

We hope the local community enjoy our students' creativity.

Mr Hanger



Leiston Community Land Trust was incorporated as a Community Benefit Society in 2018 and is a member of the National Community Land Trust. We have been working in partnership with East Suffolk Council to build a new town centre. We have an office at No. 22 Sizewell Road, a Facebook page and website – leistonclt.co.uk.

The trust of nine Trustees, all local people, all ambitious to see Leiston a thriving town that tourists and local people will choose to visit and shop. Our main aims are local affordable housing for local people, a new town centre with retail units for small independent shops, a communal square for local markets, fairs, entertainment events and community units for new library, Town Council offices etc. Plans that will help unite the whole town from Old Post Office Square, through Church Square to new town centre.

All CLTs plans are in accordance with the Leiston Town Neighbourhood Plan (2015- 2029) and the wishes of the town residents.

The CLT have been working hard throughout COVID, zoom meetings with other stakeholders and potential partners. The CLT plan three squares linking the whole town together, with the Old Post Office Square, (Heritage Square) with a Leiston Museum depicting the history of Leiston in addition to Long Shop's Leiston Garrett Works history.

The Church Walk Square, through the gardens, into the Co-op car park (following the removal of the wall), continue the walk through to Sizewell Road and the planned new Market Square, which will extend back to the rear of the High Street car park to a large area of land ripe for development.

To date the CLT have been working with the United Church's elders and Co-op to develop phase one, opening the Church Square. The partnership has applied and been granted planning permission for the removal of the wall, agreed development plans to create an environmentally friendly area designed by Roger Gladwell Landscapes, a quiet reflective area, available for meeting friends, seeking quiet solace and peace throughout the year.

Redevelopment of the Church rear entrance with new ramps, bi-fold doors and steps which would double as seating for music, dance, entertainment from the new Band Stand. It is an ambitious development with considerable cost, which when complete will demonstrate the CLTs commitment and ability to fulfil its plans for the whole town.

The CLT have been pleased to have been part of the Leiston Traffic Management Group developing proposals for a new town centre traffic infrastructure.

Recent developments have seen the recruitment of two new Trustees Andrew Crisp and Maria Chapman-Ber, one replacing Sammy Betson one of our initial pioneers who has moved from the area, and one an addition, we still have one vacancy.

The CLT are closing in on our target of £300,000 for the Church Walk Square, the CLTs plan for August / September start with completion before end of year a very much hoped for goal. The CLT is grateful for all donations coming from a variety of sources, church and other grants, funds, commercial contributions. Local businessmen John Balls, Southwold Builders Duncan and Son, have led the way in showing confidence in the CLT plans.

The CLT has also joined online shopping group easyfundraising web site, and crowd funding sites, where contributions from online sales are paid to CLT,

The CLT still seeks grants, donations, commercial contributions from any businesses wishing to support the

project: Contact via Website, or visit our office 22 Sizewell Road on Tuesday mornings. Progress on our main objective the new Town Centre continues, The CLT is in discussion with potential High-Profile Architects who are qualified to plan large multi facet Town Centres.

The CLT will be having an information table at the Long Shops 'Suffolk Day' on June 21st, with an opportunity to become a member for £1 one off joining fee. Come along and let us answer your questions.

For further information you are invited to attend our AGM to be held on July 20th, 7.30pm at Leiston Community Centre (COVID rules permitting) search our web page leistonclt.co.uk (Inspiring Change), or Facebook page.

CLT Trustee Bing Boast.

Suffolk Day

21 June 2021



On Monday 21st June, The Long Shop Museum will be celebrating **Suffolk Day**.

After a difficult year for many, we want to do all we can to support local businesses. That's why we are offering **free pitches and tickets**.

Come down to The Long Shop Museum

and celebrate everything that's great about Suffolk!

You can prebook your FREE tickets by heading to:

www.longshopmuseum.co.uk/.

For more information please email: info@longshopmuseum.co.uk or call us on 01728 832189.



Leiston's hanging baskets will be going up shortly and we are sure they will look as wonderful as before! Many thanks to Geaters, who produce the hanging baskets for our town and to NORSE for keeping them watered and looking at their best.

The hanging baskets really do bring a vibrant feel to the town and despite a challenging year for many of our local businesses we have been very successful in our quest for donations. **Leiston-cum-Sizevell Town Council would like to kindly thank the following businesses for their generous donations this year:**

Victory Car Sales

Beach View Holiday Park

Coastal Building Supplies

Ellis Offshore Limited
George East Housewares
Leiston Enterprise Centre
Leiston Veterinary Clinic
Munchy Seeds

Yuan Feng Restaurant
Belle Coaches

East of England Funeral Service

Fairweather Law
Gracie's Kitchen
Leiston Surgery

Marshall and Lilley
Simply Delicious

The Original Factory Shop

Seahawks Fish and Chips

Hair and Beyond

Leiston United Church

Leiston Community Land Trust

More importantly than ever, please support these great businesses and other local business:

Shop Local, Save our High Street.

FREE EXERCISE CLASSES AT YOUR LOCAL PARK! SIGN UP TODAY...

The largest free outdoor fitness and online craze has arrived in Leiston.

Our Parks, is an initiative which has partnered with East Suffolk Council and Suffolk County Council to organise and run free workouts in parks and green spaces, with support from Leiston Town Council they are taking place in: Victory Road Recreation Ground, Leiston IP16

4XD every Thursday 6-7pm for bootcamp.

King George's Recreation Ground, Leiston IP16 4JQ every Tuesday at 9.30 – 10am for a full body circuit.

Founded by entrepreneur and fitness expert Born Barikor, Our Parks' mission is to make exercise more accessible for everyone, getting people training together to support healthier and happier

communities. After launching in London in 2014 where Our Parks now works with 30 boroughs running more than 300 classes a week, Born and his team have chosen Suffolk for their first multi-regional programme.

Our Parks sessions will support the work of Suffolk's Most Active County partnership and the recent Keep Moving Suffolk initiative to encourage more Suffolk residents to get active.

The programme of weekly classes being offered will be suitable for all fitness levels and all classes will be Covid secure, with classes are bookable through Our Parks' at www.ourparks.org.uk

Stuart Keeble, Director of Public Health said: "Over recent months the importance of being active for both our physical and

mental wellbeing has never been more evident. I am delighted to be working alongside District and Borough councils to launch Our Parks in Suffolk, this will provide residents with a fantastic opportunity to come together safely and take part in regular exercise activities outdoors within their community at no cost. We know that being active helps us to be more resilient and contributes towards a happier and healthier life".

Born Barikor, Founder of Our Parks, said: "We can't wait for the next chapter in Suffolk. Suffolk is blessed with some beautiful parks and green spaces and diverse communities surrounding them which we're keen to tap into and use them as an opportunity to get hundreds of people socialising through fitness within their community.



Delivered by



Supported by



A great big **'Thank You'** to everyone who has picked up free wildflower and sunflower seeds and are joining in with our campaign to make our Leiston

gardens more wildlife friendly. Also, a shout out to the retailers who hosted the seed giveaway, Coopers, Screwbolt (shop), Simply Delicious and Refill. It's not been the easiest time to add another element to your retail offer and we are very grateful to you for finding space for the seeds and collecting the names of the participants.

It hasn't gone without notice that this spring has been the coldest on record for decades - and April was also the driest. That's not good news for tiny flower seeds attempting to germinate. Perhaps there are still folk who are waiting to start your wildflower project - you can still sow in June. If you have already sown your seeds and they have failed to respond, thank you for trying and perhaps once the weather picks up, they will jump into life.

Your sunflowers have probably had more success. In late summer, we will be holding a competition for the biggest and tallest sunflower, so keep a record of your progress and keep us updated (contact details below).

Leiston Primary School are creating a meadow area outside their south facing classrooms as part of our project - we wish them luck and look forward to seeing their photos.

Leiston-cum-Sizewell Town Council has identified areas within our public open spaces to create wildflower meadows. We

A Greener Leiston

will be sowing these in the autumn with help from East Suffolk Norse.

There are many other ways you can help Leiston Make Space for Wildlife by being creative and building projects like bee hotels and bog gardens. Keep checking our Facebook page for helpful links - @leistonmakespace. And send us your progress photos to office@leistoncouncil.gov.uk for our gallery.

Perhaps you already have a wildlife friendly garden or joined in with No Mow May <https://www.nationaltrust.org.uk/features/take-part-in-the-no-mow-may-challenge?> Please let us know, so that we can see and share what a great job we are doing in Leiston.

Leiston's Swifts

Swifts return to our Victorian buildings in Leiston every year but they too, are in trouble. These avian acrobats are truly remarkable (even sleeping on the wing) - read about them here <https://www.rspb.org.uk/our-work/conservation/conservation-and-sustainability/safeguarding-species/swiftmapper/about-swifts/> and find out how you can send your sightings to the RSPB swift mapper.

Thank you once again to our outgoing Suffolk County Councillor, Russ Rainger, for helping us to finance our project from his locality budget and to Leiston Town Council.



ENVIRONMENTAL CRIME SCENE

WHY DO PEOPLE TOSS LITTER?

✓ LAZINESS

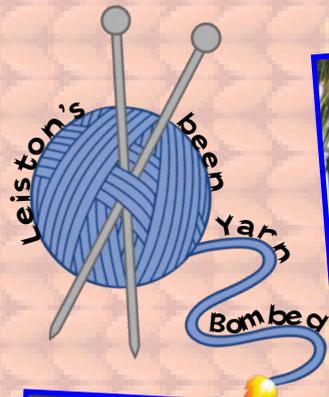
✓ THEY DON'T CARE ABOUT LEISTON

✓ THEY THINK OTHER PEOPLE SHOULD CLEAN UP

FINED
You could face
a fine up to
£2,500

Leiston-cum-Sizewell Town Council
Supports a CLEANER Leiston





Creative Leiston: Yarn Bombing

You may have noticed recently a splash of colour appearing in locations around the town and wondered why?

Well, a group of local artists and crafters had the seed of an idea! After the darkness and isolation many of us suffered through the pandemic, we thought some colour and life would help the town blossom again and bring us all safely back together. With over 60 displays now going up around the town, the Creative Leiston group are looking to share their amazing talents with all, whether local or visiting and help raise some funds for our Community Garden project with the Community Land Trust.



The Creative Leiston Displays will reach a crescendo Sunday 20th June with all displays both indoors and out being completed. This will include an exhibition of works from Alde Valley Academy students displayed in The Long Shop Museum who are opening the doors to their Community Hub for free! There will be craft stalls and activities around the town, a Spelling Bee trail for the kids to follow and even Alpacas in the Post Office Square!



Creative Leiston would love to see you on the day between 10:00 & 16:00 and if you've been inspired and would like to get involved, find us at:

creative_leiston on Instagram
email: creativeleiston@gmail.com





LEISTON GOOD NEIGHBOUR SCHEME

Hello Everyone,

We at the Leiston Good Neighbour Scheme would like to wish you all a happy summer, now that life will hopefully be less restricting and we can meet with our friends and families and go to places we love and value.

We are hoping to start our normal service soon, which we are greatly looking forward to. This includes meeting up for a chat, helping to fill in forms, going with people to social activities and one-off help with problems at home such as

tidying a garden or changing a lightbulb.

During lockdowns, we have been collecting a lot of medication and prescriptions for people who were isolating. However, now restrictions are easing, we are encouraging people to start collecting their own so that we can give more time to other things. However, in an urgent situation, of course we will help.

We would like to thank all our volunteers for their tireless work, as they make what we do possible. We hope to be able to have a get together for volunteers this summer and hold an AGM.

Please contact our phone on 07724 777465 if you would like any help, or if you are interested in volunteering.

*Leiston Good Neighbour Scheme
Management Committee*



3, 2, 1 Guiding is a GO!

Previously, the Rainbows, Brownies and Guides of Girl Guiding Leiston District challenged you all to come up with 26 random acts of kindness and carry them out, one for every letter of the alphabet. A small act of kindness can have a big impact on people around you and bring a smile to their faces, how many did you achieve?

We now ask you to make a difference and join the fun!

This last year has been a tough time for everyone. We have all had challenges and adapted.

Guiding, both nationally and locally has done a brilliant job of running guiding throughout lockdown with lots of girls enjoying a blend of activities whether through activity packs / challenges to do at home, using online guiding activities ('Adventure at Home'), virtual meetings using zoom or just staying in touch with each other. Guiding was always there.

Your kindness challenge to us is:

It's time to get involved with Girlguiding, whether it be through registering your daughter, fundraising, donating or

volunteering - when you get involved, you'll know your empowering girls to be themselves and to grow in confidence so that they can be the women they want to be. Volunteering with us isn't just about campfires and helping girls to get their next badge - although those are special moments that we all share. You don't need to have been involved in guiding before or have loads of spare time to make a big difference. Whatever your skills and interests there's a role to suit you.

Do something for you and your community

Meet new friends living near you

Take a refreshing break from your everyday routine

Share a skill or specialism

Make a difference to the lives of girls in your community

Spend time laughing, playing and being inspired by incredible girls and young women

In return we provide volunteers with training opportunities so that they have the skills to offer girls the best possible guiding experience.

What do you need to do next, please register your interest at: <https://www.girlguiding.org.uk/get-involved/become-a-volunteer/register-your-interest/>

There is brilliant news, as lockdown restrictions lift, Girl Guiding UK has recently confirmed (Rainbows, Brownies, Guides and Ranger units can meet 'face to face'. This is subject to each unit complying with Government, NYA (National Youth Association) and Girl guiding guidance and advice in line with Covid-19 best practice, approval of risk

assessments, including a Covid secure location to meet at. (Note: There is no pressure being placed upon Units to commence face to face meetings at this time and units can take this step when they feel able to do so)

Leiston Rainbows, are our first unit to have received approval to meet face to face. They have now been meeting face to face for several weeks, what enthusiasm it gives everyone to see them being with their guiding friends having lots of fun and learning new skills.

Our local Brownies and Guide units are in the processing of getting approval to commence 'face to face' meetings.

Guiding is alive, alert, awake and enthusiastic be part of it. For your enjoyment, a fun song and just a bit of exercise (to the tune: If you are happy and you know it).

I'm Alive, Awake, Alert, Enthusiastic!

I'm Alive, Awake, Alert, Enthusiastic!

I'm Alive, Awake, Alert,

I'm Alert, Awake, Alive,

I'm Alive, Awake, Alert, Enthusiastic!

Actions:

When you say 'Alive', put your hands on your head.

'Awake', put your hands on your shoulders.

'Alert', cross your arms and touch your shoulders.

'Enthusiastic', touch your knees, clap your hands then click fingers.

Repeat as many times as you want, Going faster every time. You know when you are going fast enough when you start laughing and running out of breath!

ABC Radio Programme Schedule

Friday

17:00 – 18:00, Stage and Screen with Wayne and Becky.
 18:00 – 20:00, My Kinda Folk with David Grimwood.
 20:00 – 22:00, 70's Flashback with Paul Payne.

Saturday

10:00 – 12:00, Wayne at the Weekend with Wayne Burns.
 12:00 – 14:00, Community News.
 14:00 – 17:00, Easy as ABC with Brian Smith.
 17:00 – 18:00, Maverick Music Hour with Paul Spencer.
 18:00 – 19:00, ABC Sports Round-up with Dale and Paul.
 19:00 – 21:00, Saturday Night In with Matt and Harry.
 21:00 – 23:00, Strange Days with Steve Boyce.

Sunday

10:00 – 12:00, Wayne at the Weekend with Wayne Burns.
 12:00 – 13:00, The Decision Makers with Paul Widdowson.
 13:00 – 14:00, Tuner Fish.
 14:00 – 16:00, The Listen Inn with Tom Lagden.
 16:00 – 17:00, For the Love of Country with Dan Knights.
 17:00 – 18:00, The Classical Hour with John Alderton.
 18:00 – 20:00, Ladies' Night with Gill Hewlett Case.
 20:00 – 22:00, Sunday Sessions with Jamie Archer.

Our programme may be subject to change. For our latest programme listings, please visit: www.abcradio.co.uk



Your NEW Community Radio station, is here and can be heard every weekend.

We are broadcasting every Friday evening from 5.00pm, all day Saturday from 10.00am and on Sundays from 10.00am.

If you're a Leiston business or organisation and have a story or event you'd like ABC Radio to cover, please email us at: studio@abcradio.co.uk

Find us online at: www.abcradio.co.uk and via  amazon alexa

Leiston Town Bowls Club



Leiston Town Bowls Club proudly displays its top class green, pavilion with changing rooms, veranda, toilets & refreshment facilities.

Leiston Town Bowls Club was founded in 1921, following the Garrett Works Sports Association handing over all their sports facilities to the local council for the benefit of Leiston Town residents.

The old bowls green on the car park provided wide success for 80-100 members of the day, winning all leagues, cups and tournaments.

Old green was replaced by the new green in 1983, funded, designed and built by the members, with no financial support from anywhere.

The club members of the day cleared a derelict site at the top corner of the sports ground, they dug and laboured and built the new green, the best bowls running surface in the county. Today's facilities, pavilion, dressing room, toilets added through the years for all bowlers to enjoy today the top flat greens and facilities in the county. The Suffolk County Bowls Association are proud to use it for many of their top county, regional, competitions.

Top players from across Norfolk & Suffolk are always happy to play at Leiston Town Bowls Club. The LTAA open tournament attracts 96 players and supporters from across all eastern counties.

Survivors of the members who built the green in early eighties form part of the Bowls Committee and welcome new members to come and enjoy the facilities.

The bowls club is a section of the parent club Leiston Town Athletic Association who are responsible for all the sports facilities, but allow the bowls club to independently run its own facilities, the green, fund raising, membership. Its success is a measure of their management skills, answering to members at its AGM in November each year.

In season 2019 we played in Saxmundham, Woodbridge, Fynn bowls leagues plus variety of cup/shield competitions. It is hoped that we can get back to this level of playing as soon as COVID will allow. In the meantime a gradual return to bowling allows the opportunity for new bowlers to join and learn the game.

This could be a new beginning for this top bowling club, new bowlers are of all ages welcome, young, novice bowlers particularly welcome to complement the aging club members. Leiston has a growing population, new housing estates, new occupants, flat green bowling provides today's health benefits, exercise, open air, social interaction and levels of competition to suite all comers.

Continued on the next page...

Minimal costs, yearly subscriptions, match fees makes it affordable, all equipment provided for new bowlers, coaching and guidance for all free. Future costs for personal equipment as cheap or as expensive as you choose.

A game of skill, the basics quickly learnt, don't be put off by talk of bias, length, line, it's a game to be enjoyed first and foremost, to win a bonus.

Come and join Leiston Town Bowls Club,

experience our quality facilities and an open air enjoyable sport suitable for all, juniors welcome. Watch the World Championships on TV to see what a great sport Bowling is, modern champions vary from teens to mid forties, old mans game? Don't you believe it! Come and see for yourself.

Contact – Chairman 07759918387, Treasurer 01728830391, Secretary, 07761390352. or visit the green most weekends, evenings April / September.



LEISTON worry tree

We are listening

Bringing support, friendship and advice to those experiencing mental well-being challenges, including loneliness and isolation

Leiston Worry Tree has resumed weekly meetings at the Community Centre in King George's Avenue. The LWT team are delighted to welcome anyone in need of a friendly face, some company and a chat. All ages welcome. Every Thursday afternoon, 2 - 4pm. Refreshments free of charge.

- Family members and carers are welcome.
- No age group is exempt
(under 16s must be accompanied by an adult)
- Refreshments provided at no charge
- Stay for as little or as long as you like
- All welcome from Leiston, Aldeburgh, Saxmundham and the surrounding parishes

Saturday 4th December 2021
Leiston's Lovely Jubbly
Christmas

Fri 3rd & Sat 4th June 2022
Leiston's Big
Jubilee Weekend



If anyone is interested in helping with these events and would like to join the Events Group please contact us via email: lestoneventsgroup@gmail.com.



Leiston
Abbey
1363

Concerts restarted in May

Book your Tickets TODAY!

In the last newsletter we were expecting our concerts to restart during April 2021. Unfortunately, this was not to be as the government regulations did not allow us to all be back together in time. Undeterred, we have been working away behind the scenes planning all our upcoming concerts ready for the time we are able to share our music and food with you again.

The exciting news is that we can now recommence our concerts here at Leiston Abbey starting on the 22nd of May with a concert cryptically entitled "Dreams". The performers will be Leiston Abbey's CEO and pianist Andrew Quartermain joined by the wonderful violinist Noel Vine, who some of you will know from local radio. As well as sharing their music and musings with you there will be themed food and a soft drink from our Abbey House kitchen, all served "take away" style in boxes.

There are more concerts to follow and on the 5th of June we bring you the "Music of East Anglia", on the 19th of June we have a "Colours" theme, it is "South American night" on the 3rd of July followed by "Elements" on the 17th of July.

We follow all government guidelines and have strict covid safe policies in place and we are very lucky to have a large medieval barn in which to hold our events which now has a new heating system installed.

This means there is plenty of room for all to enjoy the music and food and to relax in a very special setting.

The tickets for all the above events are very reasonably priced at £15 per person for a standard ticket, which includes the concert, food, and a soft drink. Or why not treat yourself and upgrade to a VIP "Fizz" ticket for £25.

To see our full upcoming event schedule and purchase tickets for upcoming events, or to find out more about what we do and support our charity, please visit the website:

<https://procorda.com>

Or purchase ticket via Ticketsource:

<https://www.ticketsource.co.uk/procorda/events>

Or call the office on **01728 831354**.

We very much look forward to welcoming you to The Abbey soon!

Katy Osborne-Palmer
PA to CEO at Leiston Abbey



What's On at
Leiston Film Theatre

Fri 11th & Sat 12th June at 7.15pm

Sun 13th June at 6.00

Mon 14th-Thurs 17th June at 3.00 & 7.15

Fri 18th & Sat 19th June at 7.15pm

Sun 20th June at 6.00

Mon 21st-Thurs 24th June at 3.00 & 7.15

Anthony Hopkins, Olivia Coleman and Mark Gatiss in

THE FATHER 12A

Fri 25th June at 12.00

Sat 26th & Sun 27th June at 7.15

Mon 28th June - Thurs 1st July at 3.00

Toni Collette, Damian Lewis and Joanna Page in

DREAM HORSE PG

Fri 25th June at 7.30pm. LIVE ON STAGE

Two hours of classic hits from three top tribute acts, including Buddy Walker as Buddy Holly, Steve Wickets as Jerry Lee Lewis and The Temple Brothers as The Everly Brothers. In aid of the East Anglian Air Ambulance.

THE EVERLY BROTHERS & FRIENDS

Sat 26th & Sun 27th June at 4.00

Mon 28th June - Thurs 1st July at 7.15

Emily Blunt, Millicent Simmonds and Cillian Murphy in

A QUIET PLACE PART II 15

Find us at: 74 High Street, Leiston. IP16 4BZ

Box Office: 01728 830549

www.leistonfilmtheatre.co.uk



Showing at Leiston Film Theatre from Friday 11th June

A man struggles with aging as his daughter moves into his flat with him and he refuses all assistance from her as he ages. As he tries to make sense of his changing circumstances, he begins to doubt his loved ones, his own mind and even the fabric of his reality. The performances by Hopkins and Colman are phenomenal - an absolute 'must-see'.

Winner of two BAFTA's and two Academy Awards, including Best Actor for Anthony Hopkins.



Are you ready to rock 'n' roll at Leiston Film Theatre?

Live entertainment returns to Leiston Film Theatre in June, with not one, or two, but three top tribute acts, all in one unmissable show and in aid of the East Anglian Air Ambulance.

The Everly Brothers and Friends features over two hours of classic hits from some of the UK's finest and award-winning tribute acts, including Buddy Walker as Buddy Holly, Steve Wickets as Jerry Lee Lewis and The Temple Brothers as The Everly Brothers.

Colin and Steve Temple, officially known as 'The Temple Brothers', present their show as a faithful celebration of the music of one of the greatest harmony duo's ever and just as the Everly Brothers were, the Temple Brothers are real life brothers, performing with live acoustic guitars and flawless harmonies, leaving audiences captivated by their uncanny resemblance.

The Everly Brothers and friends appear LIVE at Leiston Film Theatre on Friday 25th June at 7.30pm. Tickets: £17.50 are available by contacting the Leiston Film Theatre box office on 01728 830549 and at: www.leistonfilmtheatre.co.uk



THE SHOW MUST GO ON

Wayne Bums: Funny at 50!

Thursday 15th & Friday 16th July at 7.30pm

Having celebrated his 50th birthday during lockdown number one, Wayne takes to the Film Theatre stage, albeit a year older now, for an evening of unpredictable adult comedy and contemplation of reaching the big 50, plus support from vocalist Abi-May. If easily offended, please sit in the front!

Limited Tickets: £17.50 - NOW BOOKING



The National Lottery Cinema Day is coming. Players of The National Lottery can claim a pair of free cinema tickets for Leiston Film Theatre.

Tickets can only be booked in advance via the National Lottery Cinema Day website.

Please visit the Leiston Film Theatre website nearer the time for more details and a link to the National Lottery Cinema Day booking site.

THE LONG SHOP MUSEUM

On Tuesday 18th May, The Long Shop Museum, were pleased to open their doors to the public once again. So far, it has been a great turn out and it has been wonderful to see everyone come down and support the museum!

We have been fortunate enough to receive funding from the Governments Culture Recovery Fund and Suffolk Coast and Heaths AONB. This has enabled the museum to get started on some long awaited building works. We are currently

Leiston Works Railway

Reviving Leiston's Railway Heritage

With the lockdowns it has not been possible for us to organise full working parties for our keen volunteers. However, many of them have been working on restoration of our smaller railway items in their own workshops and sheds at home.

We have been very active on facebook over the last few months and have had a number of new members join us online and our daily posts have build up a world wide group of fans and followers. We are just about to pass the milestone of 4,000 'Likes' on facebook. We have also had a number of financial donations made to us via the facebook donate option.

in the process of creating a Community Hub. Although it hasn't been as smooth of a process as hoped, it is starting to come together now, and we have great expectations for it. As well as this, the Museum Garden has had some play equipment added, giving our younger visitors a space to let off steam!

The first half of this year, whilst the museum has been closed, has been a welcome opportunity to get to know and work alongside, various social groups within Leiston. The museum is excited to be working with Leiston Events Group, planning some fantastic events for the remainder of this year.

We are looking forward to seeing what the rest of 2021 holds for the museum and hope to see many of you there.

We are now starting to have socially distance limited working parties in accordance with the government's Covid 19 volunteering guidelines at our workshop.

Restoration work is continuing on the 1936 Brake van 'Jumbo' (named after the Works railway man Jumbo Brightwell). The wooden side panels and roof have now been replaced and we are about to fit the water proof canvas to the roof.

We are also restoring the 1869 Great Eastern Railway carriage that we have name the Elizabeth Garrett. Each of its five compartments will be named

after famous Suffolk ladies. We plan to use both the restored Elizabeth Garrett carriage and Jumbo to carry visitors on the Works line in the future.

There is also another Great Eastern Railway carriage which we are restoring. This one is named Thorpeness and will one day become our own station building on the Works line similar to the famous ones that formed the Thorpeness station.

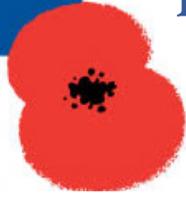
We plan to continue to relay the track on the Works line over the summer months.



We are always looking for new volunteers. to help with our restoration work. Age, ability or past experience not important. We can find interesting work for everyone. So why not volunteer and restore the railway heritage of Leiston and help make history. Contact us on facebook, email theleistonworksrailway@gmail.com or phone Julian Warner on 01449711445.

THE ROYAL BRITISH
LEGION

The Band of the Royal British Legion, Leiston



Making Brass Band Music in Leiston since 1859

It's been a quiet few months for the Band as it has been for most organisations during the pandemic but with the easing of lockdown restrictions, we are now looking forward to a promising schedule of rehearsals and events. We are always happy to welcome new members to our Band and at the moment would particularly welcome any experienced cornet or trumpet players who are looking for a friendly, sociable band to join.

New for this season is our Corps of Drums – a dedicated group of marching drummers who it's hoped will accompany the Band on its many marching engagements throughout the year. So if you are a drummer, or even a wannabe drummer, please get in touch with us as we'll be delighted to hear from you.

Also we have our own Training Band which is for beginners and less experienced players of all ages. So, again, if you are already a beginner brass player or would like to be one, please do get in touch with us.

We are now taking on bookings for the rest of the year, mostly out and about on the

seafronts at Aldeburgh and Southwold so if you are there on the right day, come and say 'hello' to us.

We are at Southwold on 30th May, 27th June, 11th July and 5th September; and at Aldeburgh on 22nd August and 19th September. We usually play from 10.30 am to about 4pm depending on how cold and wet we have got thanks to the British summer weather.

To hire or join the band, please contact us: via our Fb page or website: www.leistonband.org
Ring/text: 07989 979810 or
email: secretary@leistonband.org



Handy Information...



www.suffolk.police.uk/your-area/leiston

Suffolk Police: 101 (ask for Leiston SNT)
Email: leistonaldeburgh.snt@suffolk.pnn.police.uk
101 is the police number to report any non emergency.

The Leiston Surgery

Tel: 01728 830526
Main Street, Leiston, IP16 4ES
Email: sec.leistonsurgery@nhs.net

DOCTORS: N Maggs, K Blades, S Pai, I Qureshi, M Barstow

Public Defibrillator: Outside Co-op (Sizewell Road) and Children's Centre (Waterloo Avenue).

Other defibrillators are available (when open) in the Community Centre, the Library and the Film Theatre.



Report It!

at www.suffolk.gov.uk/about/online-services

EAST SUFFOLK COUNCIL: www.eastsuffolk.gov.uk

Tel: 03330 162000

SC NORSE: refuse collection/dog bins/recycling

Tel: 03450 402020

SUFFOLK COUNTY COUNCIL:

Tel: 08456 077055

Highways: Tel: 0800 591055

Social Care: Tel: 03456 066067

Bus Passes: Tel: 03456 000659

Local Services...

Community Car Service: Tel: 831215

Job Centre: Tel: 401004

Library: Tel: 831252

Long Shop Museum: Tel: 832189

Leisure Centre: Tel: 830364

Citizens Advice: Tel: 832193

LEEWAY: Tel: 0845 2142171

(Domestic violence & abuse service)

CRUSE: Tel: 01394 670770

(Bereavement Care)

The Ferns: Tel: 01473 668974

(Sexual Assault Referral Centre)

Leiston Primary School: Tel: 830745

Alde Valley Academy: Tel: 830570

SCotC Tel: 07767114770

(Suffolk New College on the Coast)

Leiston Good Neighbour Scheme:

Tel: 07724 777465 Mon-Fri 9am-5pm
leistongoodneighbour@gmail.com

Local Organisations...

Leiston Children's Centre: Tel: 642930

LFT Support Club: (Leiston Film Theatre) Tel: 831714

Leiston Scouts: (Steven Burch) Tel: 832479

Leiston Guides, Brownies, Rainbows:
(Vicky Taylor) Tel: 07530697826

Leiston Youth Club: (Lucy Pickett) via Facebook

Leiston WI: (Judy Geater) Tel: 831628

CYDS: (Stuart Watson) Tel: 830716

CATS: (Accessible Transport on demand) Tel: 830516

Leiston Worry Tree (Richard Corbett) via Facebook

Leiston Swimming Club: (Matt Dye) Tel: 833266

Email: mathew.dye@btopenworld.com

PISCES Disabled Swimming Club: Tel: 648270

Rose and Sweet William Club: Tel: 832028

The Band of Royal British Legion: Tel: 833458

Email: secretary@leistonband.org

SAMARITANS Helpline:

Tel: 08457 909090

Leiston Town Pastors:

Tel: 603221



Leiston-cum-Sizewell Town Council



Your Town Councillors...

Cllr David Bailey:	8 Garrett Crescent, Leiston, IP16 4LB	Tel: 01728 831032
Cllr Bing Boast:	10 Buller Road, Leiston, IP16 4HA	Tel: 01728 830391
Cllr Tony Cooper:	28 King Georges Avenue, Leiston, IP16 4JG	Tel: 01728 830181
Cllr Nicky Corbett:	13 Kings Road, Leiston, IP16 4DA	Tel: 07891 623284
Cllr David Dix:	42 Carr Avenue, Leiston, IP16 4JA	Tel: 01728 832036
Cllr Susan Geater:	19 Haylings Grove, Leiston, IP16 4DU	Tel: 01728 833501
Cllr Colin Ginger:	20 Heath View, Leiston, IP16 4JP	Tel: 01728 832400
Cllr Phil Harle:	4 Lime Tree Avenue, Leiston, IP16 4EH	Tel: 01728 833578
Cllr Trevor Hawkins:	78 King Georges Avenue, Leiston, IP16 4JG	Tel: 01728 830234
Cllr Lesley Hill:	45 Garrett Crescent, Leiston, IP16 4LF	Tel: 01728 830514
Cllr John Last BEM: (Chairman)	14 Poppy Way, Leiston, IP16 4UG	Tel: 01728 831017
Cllr Selena Levermore:	16a Aldeburgh Road, Leiston, IP16 4ED	Tel: 01728 635608
Cllr David Morsley:	16 Aldeburgh Road, Leiston, IP16 4ED	Tel: 01728 830150
Cllr Mary Anne Woolf:	58 Westward Ho, Leiston, IP16 4HU	Tel: 01728 830469

(e-mails to any Town Councillor should be through townclerk@leistoncouncil.gov.uk)

EAST SUFFOLK DISTRICT COUNCILLOR

Cllr Tony Cooper: **Email:** tony.cooper@eastssuffolk.gov.uk **Tel:** 01728 830181

COUNTY COUNCILLOR

Cllr TJ Haworth-Culf: **Email:** tj.haworth-culf@suffolk.gov.uk **Tel:** 07899 063702

TOWN CLERK

Mrs. Caroline Rinder: **Email:** townclerk@leistoncouncil.gov.uk

ASSETS OFFICER

Mrs. Hannah Everett-Spearing: **Email:** assets@leistoncouncil.gov.uk

ADMIN ASSISTANT

Mrs. Beverly Kemp: **Email:** office@leistoncouncil.gov.uk

Address: Council Offices, Main Street, Leiston, IP16 4ER **Tel:** 01728 830388

OFFICE OPENING HOURS:

Monday & Tuesday: 09:00 - 12:30 & 14:00 - 16:45

Wednesday: Closed

Thursday & Friday: 09:00 - 12:30

