

Leiston-cum-Sizewell Town Council Newsletter Winter 2021



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Photo by John Heald



Photo by John Heald



Photo by John Heald



Photo by Cllr Pete Kyle



Photo by Cllr Pete Kyle

Wishing you a Merry Christmas



Chairman's Communication

Cllr John Last BEM



Hello and welcome to the Christmas edition of the Leiston-cum-Sizewell Town Council newsletter.

It is difficult to imagine that the festive season is with us once again already. This time last year there was a degree of uncertainty about how the Christmas period would unfold for us all, so I am hopeful that this year will be a time where all residents can plan ahead to be with family and loved ones.

Once again, it has been a very busy year for the Town Council. It has been a priority in getting people safely back on the streets as we all need to help the local economy recover following the restrictions of the pandemic. Residents will be aware that following the public consultation on a proposed Transport Strategy for the town, Councillors still have a lot of work to be completed, looking at residents comments and the way at which a strategy could be taken forward. An update on this is included in this newsletter.

The loss of the High Street Car Park parking spaces implemented by East Suffolk Council, is something the Town Council has been most disappointed with, and at the time of writing, dialogue continues between the Town and District Council.

The lack of dental services in the town is still a concern to the Council and work continues to get a solution to this problem.

The Sizewell C application has created a tremendous amount of work for the Town Council in preparing for the Hearings and Examinations that have taken place throughout the year and ensuring all the concerns raised about all aspects of the project have been submitted. The other energy projects proposed for the area also add to the workload.

The Town Council have agreed to support and endorse the Net Zero Leiston route map and this gives Leiston as a town the opportunity to be a greener town and support the nations that attended COP26 aims and objectives relating to climate and environmental challenges. It is also a policy that will aid the Town Council in any decision making as the the town moves forward. It was very pleasing to see that Alde Valley Academy picked up the greenest school award at the Suffolk Greenest County awards. Well done to the students and staff.

The Town Pastors are back on our streets

and continuing with their important work on a Friday evening and I congratulate them on the work they perform in our community.

The weekly Park Run at Sizewell resumed during the summer after Covid restrictions were lifted and in November the 100th run was celebrated. Runners come from far and wide as well as local runners and I was pleased to take part myself in the 100th run. It's a big thank you to all the volunteers that make this happen every Saturday morning, come rain or shine.

On the events front, it was good to see the local shops decorated for Halloween and the Pumpkin trail around the town for children and parents. Another phase of bulb planting took place on the Big Dig Saturday at the Community Orchard in November. The event was very well supported and it was good to see parents, children and helpers planting bulbs and wild flower seed and looking forward to seeing the results of their efforts in springtime, when the community will have an opportunity to visit the orchard to see the fruits of their labour. The next stage planned will be hedge planting as the hedging becomes available from the supplier.

Once again it was good to see the town come together for the acts of Remembrance in November with the Festival of Remembrance at the Film

Theatre, Armistice Day Event at the Victory Road Park and Remembrance Day Parade and Church Service.

As I prepare these notes the Leiston Events Group's Christmas Fair is in the final stages of the planning and preparation, so I am hopeful that the weather will be kind for what looks like being a super day for all to enjoy. Once again I would like to thank all those involved in the above for working so hard and making these events happen for the benefit of our residents and town.

It leaves me to just say now, on behalf of Leiston-cum-Sizewell Town Council, I wish you a Merry Christmas and hope you will be able to enjoy some quality time with family and friends.

Please keep safe.

John

John Last BEM
Chairman

Leiston-cum-Sizewell Town Council

Council Office: 01728 830388

www.leistontowncouncil.gov.uk

Facebook.com/leistontowncouncil



Leiston's Transport Strategy

Update on the Public Consultation



Leiston-cum-Sizewell Town Council would like to thank the residents and businesses that attended the exhibitions, one-to-one clinics and submitted their feedback. Of the few residents that responded (295), it was clear that the main concerns were the one-way system and we will be further consulting with businesses to reflect their concerns on loading and unloading as well as concentrating our efforts on the comments from residents to achieve our aims with the best degree of consensus.

We have analysed and summarised the feedback and the full report detailing the findings is available to view on our website (www.leistontowncouncil.gov.uk) or you can obtain a copy from the Town Council offices.

One of the main concerns from residents appeared to be access and egress from the Co-op car park with the lack of detail and practical information causing confusion and misunderstanding. Therefore, the Transport Group are reviewing the plans taking into account the concerns from residents and which, if any, potential one-way streets would be necessary to achieve improvement of the town centre traffic management. It must be stressed however that the main objective is to alleviate and mitigate the expected traffic impact in the Town Centre from SZC traffic, especially over the first 2 years, and the problem of over capacity at the

White Horse traffic lights.

It should be noted that these ambitions are not solely dependent on consent being granted for SZC, although they would most certainly be required should the application be approved. The Town Appraisal 2011 and the more recent Neighbourhood Plan had points raised from residents with regards to traffic, cycling and pedestrian safety and we still hope to address these concerns.

The pavements around the town centre traffic lights (outside the East Coast Hospice Charity shop, formerly the Norwich and Peterborough in particular) need to be widened and that changes have to be made to achieve this so there is an opportunity to do this AND alleviate the projected traffic chaos SZC will bring. The intention is to continue on this theme and progress further design elements. The proposals for the street-scape, gateways and cycle routes were well supported and will be further progressed.

There was quite a lot of confusion from residents regarding parking in the one-way system proposals and to clarify, no parking would be lost in these roads under these proposals. Getting a solution to parking and making those roads safer are as important as protecting the town centre - they will both be under enormous pressure if nothing changes.

The investment that EDF would be forced to make if permission is given could be directed toward this area as well as the centre of town and the High Street (which received mostly positive comments) and make life better for residents, businesses and visitors.

We are endeavouring to secure a scheme that achieves a consensus with the residents and businesses to get the best for Leiston should this construction get the go ahead. The Transport Group

will continue to work on further revisions to the proposals and also revisit the new bus route proposals. There have to be changes otherwise the enormous increase in traffic will be a real and major problem especially on Park Hill and in the Town Centre.

The work of the Transport Group is reported on each month at the Town Council meeting and we will keep you informed as plans develop further.

Welcome Councillor

Pete Kyle



Pete moved to Leiston in 1967 at six months old, when his father was working at Sizewell A. He remained in Leiston until the age of eighteen and attended the Primary, Middle and High Schools, then moved away for a few years before eventually coming back to the town.

Pete is a keen member of the Leiston Youth Club committee, Leiston Events Group and is a member of the Local Advisory Board for Leiston Primary School. He is currently volunteering on the Leiston Covid 19 vaccination roll out. He is also kept busy running two businesses based in Leiston.

Pete put his name forward when there became a vacancy for a co-opted councillor during the summer. He wishes to be involved in moving Leiston forward and in achieving the best possible outcome from the building of Sizewell C, should it gain development consent. He says, 'although the arrival of Sizewell C



would be out of the hands of the town council, it could influence the possible benefits in terms of investment, training and employment in the town. With the large amount of new houses in the town, the rise in population and the prospect of a lengthy Sizewell C construction period, I believe Leiston needs to get investment in the local infrastructure from the project's developer and would like the opportunity to help shape the town's future whether or not SZC goes ahead'.



The Leiston Surgery

Main St, Leiston, Suffolk, IP16 4ES
Tel: 01728 830 526
www.leistonsurgery.com

Dr Karen Blades
Dr Nicola Maggs
Dr Samir Pai
Dr Imran Qureshi
Dr Michael Barstow



Flu Season is here - Book your free flu jab today!

Call our reception team on
01728 830526 AFTER 10.30am
to find out whether you are
eligible and book.

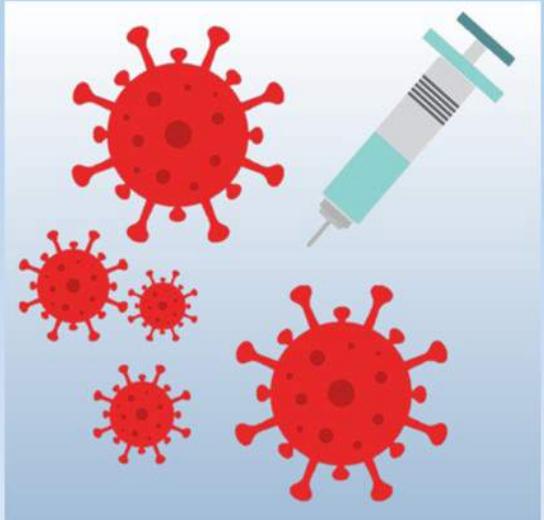
The Flu Vaccination is free on
the NHS for anyone over the
age of 50 or in an 'At Risk'
group.

Who should have the flu vaccine?

The flu vaccination is offered free
of charge to people considered 'at
risk'.
This is to help protect them
against catching flu and
developing serious complications.



**THE FLU VACCINE
YOUR BEST SHOT AT
STOPPING THE FLU**



Covid Vaccination Programme Update

Since the commencement of our
Covid Vaccination Programme in
January 2021, we have now given
over 17,000 doses of the vaccine
to patients in the local community.

Book your free Covid vaccine today!

Appointments are available for all
eligible patients to book for 1st,
2nd, 3rd and booster doses – to
find out more and book an
appointment please contact our
reception team on **01728 830526**.



LIFE AFTER COVID ...

The impact of Covid continues to affect
so many people in new ways.

Furlough has now come to an end and we
are beginning to see more people seek
redundancy advice and the removal of
the Covid £20 per week uplift for those on
Universal Credit has now been confirmed.
This is going to hit some people hard. So
please do come and see us for advice or a
financial health check to see what can be
done to avoid worry or financial hardship.

We have been pleased to start seeing
clients on an appointment basis at
our offices as things slowly return to
normal. These **appointments must be
pre-booked** by phoning 01728 642960 –
the lines are open 10am-4pm Mon-Fri.

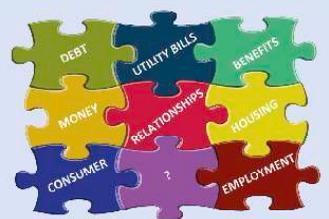
*We suggest first point of contact for
advice by email, phone and post on Mon,
Tues, Thurs and Fri from 10-2pm. Call us
on 01728 832193 or Freephone 0808 278
7868. Or email: supervisor@leistoncab.cabnet.org.uk to make contact.*



How can we help you?

**We are now able to resume face-to-face
appointments. These must be pre-booked
by phoning 01728 642960 the lines are open
10am-4pm Mon-Fri.**

**We remain open for advice by phone and email
(Mon, Tues, Thurs and Fri – 10am-2pm).
Call: 01728 832193 or Freephone 0808 278 7868.
Or email: supervisor@leistoncab.cabnet.org.uk
to make contact.**



**We're here to help.
Whatever the problem.
For free and independent
advice.**



DATE FOR THE DIARY

Do you have a club or an event you would like others to know about?
Then please do email any news you would like to share to
assets@leistontowncouncil.gov.uk
by Monday 7th March 2022.

An Update from Leiston Library

Leiston Library has been buzzing over the last couple of months!

Our new stay and play session for parents and babies, 'Me Myself & Baby' has taken off well. Parents and babies can drop in during term time at 9.40 – 10.20 for play and chat. It's an informal group run by Suffolk Libraries in partnership with Suffolk Mind and offers a chance to meet other parents, fun for little ones, plus signposting to support if it's needed.

It's followed every Thursday 10.30-11.00 by our baby and toddler rhymetime session, 'Wordplay'. Just drop in and enjoy – grandparents welcome too.

Our other groups and activities are buzzing too. Come along for Family History, Book Clubs, Scrabble, Art, Crafting – details for upcoming meetings below....

...and of course our Book Groups which meet monthly on a Tuesday and a Sunday, please contact us for dates and book details.

We have a beautiful exhibition of local wildlife photography by Jon Evans on display until February, plus we are selling gorgeous locally made crafts on our



Christmas crafts table.

All our usual brilliant services are on offer – a fantastic selection of books and audio books, reservations from all around the county, PC use, printing, scanning and photocopying. You can also pop in and collect your Lateral Flow Home Test Kit.

Keep an eye on our Facebook page for updates – especially for our Christmas opening hours.

We do have to continue to follow Government guidelines for those using the library – to keep us all safe, so remember to pop a mask on if you're coming along. And of course we're keeping things clean.

We wish everyone in Leiston a very Happy Christmas, keep well and we look forward to seeing you soon!

SUFFOLK LIBRARIES

Leiston Library Opening Hours

Monday	Closed
Tuesday	9.30am to 7.30pm
Wednesday	Closed
Thursday	9.30am to 5.30pm
Friday	9.30 to 1.00 & 2.00 to 5.00pm
Saturday	9.30 to 1.00 & 2.00 to 5.00pm
Sunday	10.00am to 3.00pm

Leiston Library will return to these opening hours from Monday 5th July.

Please note:
Numbers of people entering the library will still be restricted, Test & Trace is still required and you must wear a facemask.
Please be considerate of staff and other customers while these restrictions are still in place so that we can continue to keep everyone as safe as possible.

leiston.library@suffolklibraries.co.uk Tel 01728 831252

Leiston Library

SUFFOLK LIBRARIES

01728 831252 leiston.library@suffolklibraries.co.uk

Alde Valley Suffolk Family History Group



First Tuesday of the month
2-4pm

Tuesday 7th December

Tuesday 11th January
(date change!)

Help & practical guidance from experienced members of the Alde Valley Suffolk Family History Group to research your family history.

Free drop in

Art for Fun Art Group for Adults



Last Friday of the month
10.30-12.00

No meeting in December
Friday 28th January

No skill required – just using art materials for enjoyment and wellbeing.

£1.50 – just drop in

Scrabble Club for adults



First Thursday of the month
2-3.30pm

Thursday 2nd December
Thursday 6th January

Come along for a game of Scrabble....

Free drop in.

Merry Makers Craft Group for Adults



Second Saturday of the month
10.30-12.00

Saturday 11th December
Saturday 8th January

Bring your own handicraft in and get making with other crafty people!

We'll make you a cuppa!



There may have been a gentle clatter as the wall between the United Church and the Co-op car park came down, but to Leiston Community Land Trust it sounded more like a mighty roar!

After two years of consultation, design, planning and fundraising, the work of creating a magnificent community garden and thoroughfare has begun.

The community spirit, foresight and generosity of the United Church has enabled the Leiston CLT to pull together a cabal of public-spirited supporters to make this dream a reality. Nearly fifty organisations, ranging from large public bodies to small local companies, have made financial contributions or provided hours of services free of charge towards making this £350,000 infrastructure project possible.

Due for completion in the first quarter of 2022, the garden will not only provide a wonderful green place to dwell and recharge, but also offers better access from the car park to the High Street, massively improves the church/community hall facilities, provides a bandstand for concerts, talks and public events, an area for concert seating, and a communal space for local markets.



But more than anything, it provides Leiston with the community hub it so desperately needs.

Although the work is underway the Trust still needs a few thousand pounds to secure additional seating and the final pieces of street furniture. If you would

like to be part of this incredible project you can support it on:

<https://www.gofundme.com/f/leiston-community-land-trust>

<https://www.easyfundraising.org.uk/causes/leistoncommunitylandtrust/>



UPDATE

On the 26 October, Town Councillors attended a

briefing to hear about the progress of the Net Zero Leiston Project and to tackle questions relating to its delivery.

The Council heard about the nearly 18 months of work that had led to the compilation of a Technical Manual which covered in detail the steps to creating a Route Map to Net Zero in Leiston. Once signed-off, this document would be published allowing other communities to see the approach to tackling carbon

emissions in Leiston. This publication would also turn the project towards delivery and implementation of the measures highlighted within the Route Map.

At its full council meeting on 2 November, the Council unanimously agreed to endorse the Technical Manual.

The launch is expected to be announced later this month and will highlight how the community can further engage with Net Zero Leiston at community events and further community schemes.

For the latest news on Net Zero Leiston, visit www.netzeroleiston.info and follow the social media channels, searching for "Net Zero Leiston"

Leiston's Big Dig

Muddy boots and fingers to match were the order of the day on Saturday 6 November, when Leiston residents joined Leiston Town Council members to add some extra colour to the Community Orchard in King George's Avenue. Early next year, their efforts will hopefully have paid off when the area should become a riot of snowdrops, Tenby daffodils, bluebells and winter aconites, which will provide more welcome nectar for our pollinators.



Photos by John Heald

The new bulbs will be a welcome addition to the growing array of trees, bulbs and wildflowers that have been planted in the orchard over recent years since its designation as a community space. Extra wildflower seeds were also sown and the resulting meadow will hopefully be enjoyed in high summer.

Councillors were delighted to see Leiston Brownies, Rainbows, Cubs and Beavers join the fun and hope the Leiston community will use the orchard more and more as it develops, as a quiet space to sit, enjoy a picnic, or simply wander through. Fruit from the trees later in the season is for anyone to pick and enjoy.



Photo by Cllr Pete Kyle



Residents are encouraged to make suggestions on how to further improve Leiston's open spaces to benefit residents and encourage wildlife by contacting office@leistontowncouncil.gov.uk. You can also contact the council if you would like to offer your help at future events.

The Big Dig was one of a number of events planned as part of Leiston Town Council's initiative, 'Leiston Makes Space for Wildlife', which aims to include more wildlife-friendly planting in the town's public open spaces. You can follow @leistonmakespace on Facebook.

Funding has been gratefully received from Cllr Russ Rainger, who kindly donated from his locality budget when serving as a County Councillor.



Photos by Cllr Pete Kyle



Guiding Light Shines

You would never have thought that guiding has been away from meeting face to face. Guiding is alive, alert, awake and enthusiastic in Leiston and Knodishall.

Rainbows, Brownies and Guides units have all returned to meeting in person from September and what fun we have been having. Our activities and challenges are adaptable to ensure we remain Covid safe. The Rainbows and Brownies have been helping with the 'Big Dig' in the Leiston Community Orchard and look forward to seeing their efforts grow for all to enjoy. This is not only supporting our local community but thinking of others future enjoyment as well as enabling the Brownies to complete part of their Grow your Own badges.

Always known for being prepared First Aid skills are being learnt from knowing your DR ABC, Recovery position, making a 999 call, to where local defibrillators are located and bandaging.

As the nights get darker, a torchlight treasure hunt was great fun, it is not as easy as you think to spot things in the dark. Just in case you get lost, we have been learning how to use maps and get the grid reference.

Brownies and Guides participated in the Leiston Remembrance Sunday parade and laid wreaths at the war memorial. Did you know between 1914 and 1918 Guides acted as messengers for confidential information for The Marconi Wireless Telegraph?

As we move rapidly towards Christmas, please don't forget to be kind, it is not always easy but even a smile will brighten up someone's day.

Do you love to sing and exercise? Then why not try this Brownie and Guide favourite song for Christmas;

Jingle Clap (Tune: Jingle Bells)

Clap your hands (Action: 3 claps)

Stamp your feet (Action: 3 stamps)

Lets all stand up please (Action: stand up)

Face to the left (Action: turn to the left)

Face to the right (Action: turn to the right)

Hands down on your knees (Action: touch your knees)

All sit down (Action: Sit down)

Now stand up (Action: Stand up)

Two claps to the beat (Action: Clap 2 times)

Now all turn once around (Action: Turn around)

And sit down on your seat (Action: Sit down)

Interested in joining us, please register your interest at: <https://www.girlguiding.org.uk/get-involved/become-a-volunteer/register-your-interest/>. Come and make a difference, to provide the guiding opportunities for our younger generation, be the Leaders, Unit Helpers with our units.

We wish you all a Merry Christmas and a Happy New Year.

Rainbows, Brownies, Guides, Unit Helpers, Leaders of Leiston and Knodishall Units



Seasons Greetings from everyone at
Alde and Blyth Community Radio

We'll be broadcasting throughout Christmas
and the New Year, so why not joins us for
some festive fun and tinsel tunes!

Find us online at: www.abcradio.co.uk,
and via Amazon Alexa - "open ABC Radio"

As we recently celebrated our six month anniversary, it certainly seems that Alde and Blyth Community Radio has been warmly received by our coastal communities, with between 1,700-2,000 listeners joining us every weekend, to enjoy our varied programme.

We continue to engage with our local communities and their many organisations and are always pleased to hear from any groups or businesses, who need assistance in spreading any news and promotions.

The station can be sourced online at: www.abcradio.co.uk, via Alexa (providing that you have enabled the ABC Radio skill) and very soon, we'll be launching the ABC Radio app, enabling more people to

access our broadcasts easily from their various devices. You can also access all our programmes as a 'listen again' feature from our website.

We will be broadcasting throughout the Christmas and New Year period, every weekend and will be introducing some new programmes in the near future, as we hopefully move towards the introduction of a second studio in 2022.

We are always keen to hear from anyone interested in getting involved, either as a potential presenter, sponsor, or studio support. You can contact us by emailing: studio@abcradio.co.uk.

**Merry Christmas and Happy New Year
from everyone at Alde and Blyth Radio.**



We had an amazing turnout for the Pumpkin Trail with nearly 200 of you coming along to follow the trail and take part in the Monster Making Crafts at the Library and Longshop Museum.

A very big thank you to all that took part,

the local businesses that participated and the individuals who took time to volunteer their time and their crafts, in particular, Phoebe Moore who has created not only our logo but the pumpkin trail puzzle the children collected during their trick or treating around the town. It's only through their hard work and care that we



We are pleased to have been able to start doing more of our normal activities this summer and autumn including visiting people and supporting people to get out and about. The pandemic has had a huge impact on all of us, but it has been especially hard for people who were already feeling isolated and alone and particularly for those living with dementia and for family carers. Since April we have carried out over 250 activities including over 50 support phone calls and a trip to a garden party thanks to our lovely volunteers.

Two positive events occurred this autumn. We were finally able to hold an AGM and welcome two new people to our committee. We have also taken over the

allotment plot previously run by the Men's Shed. We are looking forward to the New Year and welcoming more people to the allotment on a Wednesday morning between 10.00 and 12.00. If you fancy "growing your own" but not sure about taking on your own allotment or would like to come out into the fresh air and enjoy some company, then we would be pleased to see you.

If you would like further information about the allotment, what we do or about volunteering, then please contact us by phone on 07724 777465 or email leistongoodneighbour@gmail.com.

are able to do these things.



As you can now see, we have once again added our own little touch to elements around the

town to celebrate Christmas. Our crafters have been busy bringing Christmas spirit to life through their arts alongside Alde Valley Academy, Leiston Avocet Primary

and Coldfair Green Primary students all doing their part to help our community come together.

Next year will see even more and varied projects popping up and we would love to have you join in if there's something you'd like to do or contribute. If so, you can reach us at creativeleiston@gmail.com.

For now though from everyone here at Creative Leiston, we sincerely hope you all have a safe, magical Christmas and a creative 2022.



The West End visits Leiston Primary School

Book your places for the best seat in town!

On Thursday 21st October, a group of West End actors visited our school, to take centre stage and officially open the fantastic new library.

The day was packed with book related events for all classes – including storytelling, performance poetry, song and vocal/drama workshops. The event was the culmination of a year long project to make the school's new library a wonderful space to enjoy reading. The space is now a book-themed haven, full of relaxing spaces, beautiful new books and amazing literature themed murals for the children to enjoy.

"We have put so much effort into making our new library a magical place, so we wanted the launch event to be equally special," explained Head Teacher Melissa Geater.

"As a school we are passionate about the benefits that reading – and reading out loud in particular – can bring to children's lives. We have gone above and beyond to equip the new library with a wonderful, rich array of children's literature. We took a lot of time researching the type of books we wanted the children to be enjoy – so now we have everything from children's classics to the very best books

from contemporary authors from around the world; representing a wide range of cultures and experiences."

A relationship with the West End actors formed during Lockdown, when they kindly recorded films of them reading stories and singing songs for the children, for World Book Day 2021. The event was a huge success and a massive hit with the children; really brightening their lives during a tough time when they were being taught at home.

"The children loved listening to the stories and gained so much from them being read out loud by professional actors" says Oracy Lead Teacher, Sarah Loxley "so we approached them again to visit the school in person and open our lovely library space. Thankfully they jumped at the chance to meet the children."

The actors were led by Theatre and Casting Director Suzy Catliff – whose credits include casting 'Silent Witness' and 'Casualty', as well as being the author of 'The Casting Handbook.' As well as casting and directing, Suzy teaches at a number of top drama schools and so will be leading vocal workshops for the children, helping them to develop their performance poetry skills.

In the school library, actors from Les Miserable and Phantom of the Opera, delighted the children reading favourite stories like 'Aliens Love Underpants' and singing some of the songs from Matilda. They will also be performing poems and rhymes for children across all key stages. Lucy Neale gave an emotional rendition of songs from Frozen and Moana which left so many of the children in awe.

The launch was also supported by Gayla Rowling from the town Library, who also read stories to the children in the new library and helped to raise the profile of reading across the town.

"It was an awe inspiring day," says Melissa Geater, "books can transform children's lives and we firmly believe that our new library will set our pupils on their way for a life long love of reading."



Presentation Evening

14th September 2021

SNAPPE MALTINGS

On 14th September 2021 we were able to invite families and friends to join our students, staff and ex-Year 11 pupils at the prestigious and beautiful Snape Maltings Concert Hall to celebrate the personal and academic achievements of 180 students from Alde Valley Academy.



As a consistent influx of new pupils is making Alde Valley Academy the fastest growing secondary school in Suffolk, we were delighted that easing of Covid restrictions meant that we could celebrate the success of our students, the heart and soul of any school.

180 students were selected as being particularly deserving of credit. Two awards from each subject were given for each year group based on criteria ranging from effort and progress to outstanding academic achievement. It was, needless to say, a difficult choice!!

The evening itself was a tour de force of organisation. All guests were greeted with a tempting range of canapes provided by The Hotel Folk who have partnered with Alde Valley Academy to provide expertise, knowledge and skills to our Hospitality and Catering students.

Throughout the evening, wonderful musical interludes were provided by Alde Valley students, who performed a range

of compositions to an appreciative audience in the concert hall. Most adults would have been daunted playing on such a famous stage; however our students put on amazing performances.

Best of all was the joy and pride as those 180 students walked across the stage to collect their personalised award. Applause rocked the hall, culminating in the award to the 'Student of the Year' and valedictory speeches from the Lead Ambassadors, who have made a fantastic start to Year 11.



Student Madeline commented, "It was such an amazing experience collecting a reward in front of the audience and the musical performances by the students were excellent".

Guest speaker Jeremy Rowe, CEO of Waveney Valley Trust, could not speak more highly of the school and described the sense of pride and achievement he felt at being part of such a successful school.

Jeremy commented, "I am proud to have Alde Valley Academy within the Trust and see it as our flagship school. It is very heart-warming to be part of an event that

champions hard work and dedication."

None of this would have been possible without the local community, of which Alde Valley is an integral part. Many local businesses are committed to enriching the curriculum, and their generosity in sponsorship enabled the Academy to present such fantastic awards.

Parent Mrs Herrieven commented, "What a fantastic evening. It was great to see achievements from so many students. How brilliant Alde Valley is at recognising student success! This gives the students something to strive towards in all aspects of their school life. I loved it!"

Mr Mayhew, Headteacher commented, "It was an absolute pleasure to celebrate our students' success in such a fantastic venue. Thank you to all of our business sponsors, Snape Maltings and most importantly, you, as parents, for making it such a wonderful occasion."



All at Alde Valley and Waveney Academy Trust are already looking forward to celebrating further success in 2022!

**READY
STEADY
COOK** *with
the*



Year 10 and 11 students taking GCSE Food Preparation and Nutrition, as well as some of our Year 9 students thinking about taking food in Year 10, were invited to take part in a Ready, Steady Cook challenge with the Royal Navy catering team.

Two professional chefs from the Royal Navy brought along a selection of ingredients which the students had to transform into a two-course meal - either a starter/main or a main/desert. The Royal Navy chefs (who can be cooking for hundreds of people at a time) explained that creativity was a skill required at sea when food supplies were running low and you couldn't just pop to the shops.

We had two sessions, one morning session with Year 11, and an afternoon session with a mix of our Year 9 and 10s. Students worked in small groups of 3/4 and were encouraged to work together, using each other's strengths to design a menu, source a recipe, prepare and present their dishes, all within a one hour thirty-minute time slot. They could use all or some of the ingredients they had been given. In addition, each team had a mystery ingredient - berries, biscuits, tagliatelle or prosciutto - which they had to use in their recipes.

Dishes ranged from chicken curry, tagliatelle with chicken and mushrooms in a creamy sauce, stir fry veg with chicken wrapped in prosciutto, double chocolate cheesecake, homemade shortbread and pear tart with custard. The chefs were super impressed with the students' behaviour and results. The chefs nominated a winning team from each session; for the meals they produced and the excellent presentation. An extra commendation went to another group of students that worked really well together and were very close to winning, and who we all felt needed recognition for their excellent work.

Ms Laker, Teacher of Food Preparation and Nutrition, stated "all students were engaged and this was a great opportunity for students to get an insight into real life catering. Students had to demonstrate team work, quick thinking and working under pressure. Congratulations and well done to everyone who took part."

Careers in the Royal Navy range from those with no entry requirements (Engineering technician, Chef) to specialist roles requiring a degree or professional qualification (Marine Engineer Officer, Dental Officer). Visit their website royalnavy.mod.uk/careers for more information.

Seasons Greetings from

Leiston Film Theatre



Fri 17th Dec at 5.00
Sat 18th Dec at 1.00
Sun 19th - Thurs 23rd Dec at 3.00
Walt Disney Pictures'

ENCANTO PG

Sat 18th Dec at 4.00. £14.95
**CHRISTMAS WITH
ANDRÉ RIEU**

Mon 20th - Thurs 23rd Dec at 7.15
Gemma Chan and Richard Madden in

ETERNALS 12A

Fri 24th - Thurs 30th Dec at 3.00
(Not showing Sat 25th Dec)
Fri 31st Dec & Sat 1st Jan at 12.00
Darby Camp and Jack Whitehall in

CLIFFORD, THE BIG RED DOG PG

Leiston Film Theatre has something for everyone this Christmas. Here's a look at what you can enjoy at Suffolk's oldest cinema ...

Encanto is the story of an extraordinary family, the Madrigals, who live hidden in the mountains in a vibrant town called an Encanto. The magic of the Encanto has blessed every child in the family with a unique gift except one, Mirabel. But when she discovers that the magic surrounding the Encanto is in danger, she decides that she might just be her exceptional family's last hope.

Christmas with André Rieu promises a festive spectacular from André's newly created Winter Palace in his hometown of Maastricht, certain to put us all in the festive spirit.

Clifford, the Big Red Dog tells the story of a small puppy that magically becomes a gigantic red dog, much to the surprise of the young girl who gave him a home. The dog attracts the attention of a genetics company who wish to supersize animals and now Clifford and his owners have to fight the forces of greed as they go on the run across New York City.

We look forward to welcoming you to our wonderful Film Theatre soon and send you all best wishes for a very Merry Christmas and a happy cinema-going New Year.

★ LIVE ENTERTAINMENT ★
COMING TO LEISTON FILM THEATRE IN 2022
NOW BOOKING AT www.leistonfilmtheatre.co.uk

Panto returns to Leiston Film Theatre



Following the resounding success of Goldilocks and the Three Bears in 2020, Pantomime returns to the stage of the Leiston Film Theatre in January, after sadly having to be postponed in 2021, due to lockdown.

Jack and the Beanstalk appears live on stage on Thursday 13th, Friday 14th, Saturday 15th and Sunday 16th January, with demand for tickets so high, that seats for some performances are already limited, with over 1,000 tickets already sold.

The Pantomime has been written by Wayne Burns and Stephen Ginger, who between them have over 30 years of Pantomime behind them and promises another fun-filled production, packed to the panto brim with toe-tapping tunes, a huge helping of audience participation, and plenty of fee-fi-fo-fun, as they tell the story of Jack and the Beanstalk, which unfolds in the Pantoland village of *Fiddle-on-the-Fen* and tells the tale of Jack, who



is tricked into exchanging the family cow for a bag of beans, that turn out to be magic seeds that grow overnight into a giant beanstalk. The Trot family climb to the top of the beanstalk to rescue Daisy the Cow, only to discover a Giant's kingdom and the answer to all their money worries. But will they make it back in one piece, or will the Giant Blunderbore grind their bones to make his bread?

The Pantomime sees renowned Suffolk musician Tom Horton returning as the musical director and the energetic students from the Chloe Kinrade School of Dance will be making a welcome return to the stage, as part of the Pantomime extravaganza.

Jack and the Beanstalk will be appearing live at the Leiston Film Theatre on Thursday 13th (7.30pm), Friday 14th (7.30pm), Saturday 15th (3.00pm and 7.30pm) and Sunday 16th (11.00am & 3.00pm) January. Limited tickets are now available, priced £16.95, £15.95 and £14.95, with £1.00 off all tickets for the opening night (Thursday 13th January). Tickets and can be purchased from the Leiston Film Theatre box office on 01728 830549 or on-line at: www.leistonfilmtheatre.co.uk.

The fabulous family Pantomime that's fee - fi - fo - FUN!

FEATURING THE CHLOE KINRADE SCHOOL OF DANCE SUPPORTED BY CORAL STEBBINGS

LIVE MUSICAL ACCOMPANIMENT BY TOM HORTON

Jack and the Beanstalk

Appearing LIVE at Leiston Film Theatre

Thurs 13th - Sun 16th Jan 2022

Thurs 13th/Fri 14th: 7.30pm
Sat 15th: 3.00pm & 7.30pm | Sun 16th: 11.00am & 3.00pm

Tickets: Adult £16.95, Senior £15.95 & Child: £14.95
£1.00 OFF ALL TICKETS FOR THE OPENING NIGHT

Box Office: 01728 830549 | www.leistonfilmtheatre.co.uk

TEAM B PRODUCTIONS



We have been very busy running our chamber music courses alongside our regular concerts here at Leiston Abbey.

One thing we have gained from the lockdowns is that far more online learning has become available. At Pro Corda we have embraced this and started up our own online piano course, Piano Sanctuary. This includes a special course for absolute beginners. We have also started our Piano Sanctuary retreat weekends at Leiston Abbey. These are a new learning and lifestyle-based approach to the piano designed exclusively by Pro Corda for adults of all ages and abilities. If you have always wanted to play the piano, or are keen to start up again, have a look at our website for more details and come and join us, either online or in person.

We are also pleased to announce our new concert series for the New Year. We have added our "Scottish Night Concert" on the 29th of January in a belated celebration of Burns night. This is followed by our "Classical Chill Romance Gala Concert" on the 12th of February, a celebration of Valentines for all. We are going continental on the 5th of March with a "German Night Concert" followed by "Spanish Night" on the 19th of March. Then to celebrate the



arrival of Spring we have another Gala Concert on the 30th of April with "Classical Chill Springtime Concert".

All our concerts include food and music by Andrew Quartermain (piano) and Noel Vine (violin). Our Gala night concerts include a welcome drink, canapes, main course, and dessert.

To book tickets please visit our website ProCorda.com or TicketSource and search for Leiston Abbey or call the office on 01728 831354.

We very much look forward to welcoming you to The Abbey!

Katy Osborne-Palmer

PA to CEO

Leiston Abbey

RBL POPPY APPEAL 2021

ROYAL BRITISH LEGION

The two week period for the Poppy Appeal started on 30th October and finished on 13th November. This is preceded by lots of preparation, the ordering of poppies, wreaths and other materials. The poppy boxes are filled by the RAF Air Cadets at the Cadet Centre. There was five days of collecting donations in the Leiston branch of the Co-operative Society plus boxes in other shops, pubs and clubs. Grateful thanks to the store and their staff for their help and co-operation. On Saturday morning cadets from the Leiston Army Cadet Force helped with the collection in the Co-op as shown in the photograph below.



Both sets of cadets were on duty at the Festival of Remembrance at the Film

Theatre and on Remembrance Sunday. The RBL Band Leiston led the parade from the Cadet Centre to the war memorial in the St Margaret's church where Leiston's Tommy was on duty. The traditional wreath laying took place followed by the Remembrance Sunday service in the church.



At the beginning of the service a new standard for the RBL Leiston Branch was dedicated. The band played for the hymns during the service.

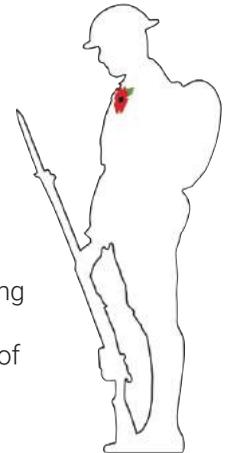
Following the two week collection period all the donations are counted and banked. Donations are recorded and cards of thanks are written for all the volunteers. To date the sum raised is **£4,775.84** with more to come.

Pat Carter, Poppy Appeal Organiser, Leiston and Sizewell

Our Tommy

Throughout October we ran 'Our Tommy' campaign to find a resting spot for Leiston's Tommy.

Thank you to all those who voted. We can confirm that with 50% of the votes, 'Our Tommy' can be found standing in the **Long Shop Garden.**



*Leiston-cum-Sizevell Town Council
would like to wish
everyone a Wonderful Christmas
and a Happy New Year*



Handy Information...



www.suffolk.police.uk/your-area/leiston

Suffolk Police: 101 (ask for Leiston SNT)
Email: leistonaldeburgh.snt@suffolk.pnn.police.uk
101 is the police number to report any non emergency.

The Leiston Surgery

Tel: 01728 830526

Main Street, Leiston, IP16 4ES

Email: sec.leistonsurgery@nhs.net

DOCTORS: N Maggs, K Blades, S Pai, I Qureshi, M Barstow

Public Defibrillator: Outside Co-op (Sizevell Road) and Children's Centre (Waterloo Avenue).

Other defibrillators are available (when open) in the Community Centre, the Library and the Film Theatre.



Report It! at www.suffolk.gov.uk/about/online-services

EAST SUFFOLK COUNCIL: www.eastsuffolk.gov.uk

Tel: 03330 162000

SC NORSE: refuse collection/dog bins/recycling

Tel: 03450 402020

SUFFOLK COUNTY COUNCIL:

Tel: 08456 077055

Highways: Tel: 0800 591055

Social Care: Tel: 03456 066067

Bus Passes: Tel: 03456 000659

Local Services...

Community Car Service: Tel: 831215

Job Centre: Tel: 401004

Library: Tel: 831252

Long Shop Museum: Tel: 832189

Leisure Centre: Tel: 830364

Citizens Advice: Tel: 832193

LEEWAY: Tel: 0845 2142171

(Domestic violence & abuse service)

CRUSE : Tel: 01394 670770

(Bereavement Care)

The Ferns: Tel: 01473 668974

(Sexual Assault Referral Centre)

Leiston Primary School: Tel: 830745

Alde Valley Academy: Tel: 830570

SCotC Tel: 07767114770

(Suffolk New College on the Coast)

Leiston Good Neighbour Scheme:

Tel: 07724 777465 Mon-Fri 9am-5pm
leistongoodneighbour@gmail.com

Local Organisations...

Leiston Children's Centre: Tel: 642930

LFT Support Club: (Leiston Film Theatre) Tel: 831714

Leiston Scouts: (Steven Burch) Tel: 832479

Leiston Guides, Brownies, Rainbows:
(Vicky Taylor) Tel: 07530697826

Leiston Youth Club: (Lucy Pickett) via Facebook

Leiston WI: (Judy Geater) Tel: 831628

CYDS: (Stuart Watson) Tel: 830716

CATS: (Accessible Transport on demand) Tel: 830516

Leiston Worry Tree worrytreeleiston@gmail.com

Leiston Swimming Club: (Matt Dye) Tel: 833266

Email: mathew.dye@bopenworld.com

PISCES Disabled Swimming Club: Tel: 648270

Rose and Sweet William Club: Tel: 832028

The Band of Royal British Legion: Tel: 833458

Email: secretary@leistonband.org

SAMARITANS Helpline:

Tel: 08457 909090

Leiston Town Pastors:

Tel: 603221



Leiston-cum-Sizewell Town Council

(e-mails to any Town Councillor should be through townclerk@leistontowncouncil.gov.uk)



CHAIRMAN

Cllr John Last BEM: 14 Poppy Way, Leiston, IP16 4UG **Tel:** 01728 831017

VICE CHAIR

Cllr Tony Cooper: 28 King Georges Avenue, Leiston, IP16 4JG **Tel:** 01728 830181

TOWN COUNCILLORS

Cllr David Bailey: 8 Garrett Crescent, Leiston, IP16 4LB **Tel:** 01728 831032

Cllr Bing Boast: 10 Buller Road, Leiston, IP16 4HA **Tel:** 01728 830391

Cllr Nicky Corbett: 13 Kings Road, Leiston, IP16 4DA **Tel:** 07891 623284

Cllr David Dix: 42 Carr Avenue, Leiston, IP16 4JA **Tel:** 01728 832036

Cllr Susan Geater: 19 Haylings Grove, Leiston, IP16 4DU **Tel:** 01728 833501

Cllr Colin Ginger: 20 Heath View, Leiston, IP16 4JP **Tel:** 01728 832400

Cllr Phil Harle: 4 Lime Tree Avenue, Leiston, IP16 4EH **Tel:** 01728 833578

Cllr Trevor Hawkins: 78 King Georges Avenue, Leiston, IP16 4JG **Tel:** 01728 830234

Cllr Lesley Hill: 45 Garrett Crescent, Leiston, IP16 4LF **Tel:** 01728 830514

Cllr Peter Kyle: 6 Highbury Cottages, Leiston, IP16 4TW **Tel:** 01728 831038

Cllr Selena Levermore: 16a Aldeburgh Road, Leiston, IP16 4ED **Tel:** 07941 302250

Cllr David Morsley: 16 Aldeburgh Road, Leiston, IP16 4ED **Tel:** 01728 830150

Cllr Mary Anne Woolf: 58 Westward Ho, Leiston, IP16 4HU **Tel:** 01728 830469

EAST SUFFOLK DISTRICT COUNCILLORS

Cllr Tony Cooper: **Email:** tony.cooper@eastssuffolk.gov.uk **Tel:** 01728 830181

Cllr Tom Daly: **Email:** tom.daly@eastssuffolk.gov.uk **Tel:** 01502 523521

Cllr Russ Rainger: **Email:** russ.rainger@eastssuffolk.gov.uk **Tel:** 01728 688739

COUNTY COUNCILLOR

Cllr TJ Haworth-Culf: **Email:** tj.haworth-culf@suffolk.gov.uk **Tel:** 07955 434442

TOWN CLERK

Mrs. Caroline Rinder: **Email:** townclerk@leistontowncouncil.gov.uk

ASSETS OFFICER

Mrs. Hannah Everett-Spearing: **Email:** assets@leistontowncouncil.gov.uk

ADMIN ASSISTANT

Mrs. Beverly Kemp: **Email:** office@leistontowncouncil.gov.uk

Address: Council Offices, Main Street, Leiston, IP16 4ER **Tel:** 01728 830388

OFFICE OPENING HOURS:

Monday & Tuesday: 09:00 - 12:30 & 14:00 - 16:45

Wednesday: Closed

Thursday & Friday: 09:00 - 12:30

