

# Leiston-cum-Sizewell Town Council Newsletter Summer 2022



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Peek Inside...*

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# Chairman's Communication

*Clr John Last BEM*



Hello and welcome to the Summer edition of the Town Council Newsletter. Summer I hope is well and truly upon us.

First of all can I say I felt honoured and privileged to be nominated by my fellow Councillors to lead the Town Council once again this year as Chairman and thank them for their continued support. I take this role and duties very seriously, representing the Town in all Civic Events and whilst conducting Council Business.

Just prior to the Annual General Meeting of the Town Council, in May I had the pleasure to present the Chairman's Cup to **Sharon Cuthbert** for her outstanding work towards the Leiston Dementia Project and Leiston Good Neighbourhood Scheme. I'm sure you agree with me this award to Sharon was well deserved.



Also whilst mentioning outstanding achievements, I would like to acknowledge through these notes a Town Councillor and two employees of Leiston-cum-Sizewell Town Council.



One of our long serving Town Councillors, **Councillor Colin Ginger** has stood down from the Council after 35 years public service. During that time Colin also served as Chairman on more than one occasion. I am sure residents will join me and fellow Councillors in thanking him, for his loyal service and commitment, working very hard for Leiston and Sizewell over all those years. I wish Colin and Vera all the best.

**Wayne Burns**, Film Theatre Manager, has recently completed 30 years of loyal service at the Film Theatre and I was pleased to award Wayne with his Certificate of Service just ahead of a recent Council meeting. I think



you will all agree, we have here in Leiston, the very best Independent Film Theatre there is and this is down to Wayne's leadership, forward thinking, the next improvement project and of course top class entertainment.

On the 19th June, we said goodbye to **Pauline Clarke**, who retired on that day after 40 years loyal service to the Town Council at the Film Theatre and Community Centre. We had a small gathering at the Community Centre, where I thanked Pauline for her outstanding service and presented her with gift vouchers, a card and flowers and wished her all the very best for her retirement.



Of course, Her Majesty the Queen's Platinum Jubilee Celebrations, have been a big part of our summer so far, both nationally and locally.

On 23rd May, just ahead of the Platinum Jubilee Celebration, I had great pleasure in attending the King Georges Avenue Park along with children from Leiston Primary School to fix the official Plaques to the Jubilee Trees, planted earlier. I was ably assisted by Hannah and Bev from the Council Offices and along with children from the Primary School.



We then moved back to the School where I presented 350 Platinum Jubilee Mugs to all the Primary School Pupils, assisted by the Leiston Events Jubilee King and Queen Niamh and Rafferty.



I was honoured to represent Leiston on the Leiston leg of the Rickshaw Torch Relay which came through the Town on 29th May, after being nominated by fellow Councillors. Then of course, there was the fantastic long weekend where on 3rd and 4th June the Town celebrated Her Majesty, The Queen's Platinum Jubilee. With a Music Festival and Skate Park Jam on the first day and the Royal Parade, Drumhead Service and all the activities on the second at the Victory Road Park, ending with the Open Air Cinema and Firework display, it turned out to be a wonderful occasion.

It was a community event, which was

definitely needed after the last couple of years of the pandemic and an opportunity to catch up with those we hadn't seen for a while. This will go down as a very historic event here in Leiston.

I have received many complimentary comments on what an excellent two day event this was from members of the public. I can't thank the **Leiston Events Group** and volunteers enough for the months and months of planning, organising and delivery, on what probably took over their lives for a while. Of course our community came out in large numbers to support the events and I know they fully enjoyed it. So well done to everyone.

The Community Land Trust Church Square Project came to fruition with the recent Official Opening and I thank the CLT, and Sponsors in bringing a location to the Town that can be enjoyed by all and it proves just what can be achieved here in Leiston.

The next phase of the Town Regeneration moves forward with the appointment of a Regeneration Manager and the production of a Masterplan for Leiston. So I look forward to seeing the progress made with this. There is obviously a lot of work to be done here, involving a number of key players. I hope the plans capture the heritage of our town and the imagination.

As we should be in the part of the year where the longer days and best of the weather should be with us, I look up whilst in the town centre at the hanging baskets and hope you can enjoy this season however you spend your time.

All the very best.

John Last BEM - Chairman  
Leiston-cum-Sizewell Town Council



# Hanging Baskets

Leiston's hanging baskets are up and are looking wonderful. Thanks must once again go to Geaters, who produce such beautiful hanging baskets that really brighten up the town and to Norse who keep them watered and looking their best.

During the spring and summer months the high street is certainly brought alive with the beautiful colours and we receive some wonderful comments from residents and

tourists who enjoy seeing the town look so full of colour! None of which would be possible without the help of the local businesses who sponsor these baskets. Without their kind contributions we wouldn't be able to have as many baskets as we do.

Many thanks to the sponsors of the 2022 hanging baskets:

- |                                  |                                |                              |                              |
|----------------------------------|--------------------------------|------------------------------|------------------------------|
| <b>Fairweather Law</b>           | <b>Beyond One Bar</b>          | <b>TOFS, Leiston</b>         | <b>Yuan Feng Restaurant</b>  |
| <b>NJB Contractors</b>           | <b>Ellis OffShore</b>          | <b>Marshall &amp; Lilley</b> | <b>Leiston United Church</b> |
| <b>Leiston Press Ltd</b>         | <b>Beach View Holiday Park</b> | <b>Victory Car Sales</b>     | <b>Reactor Tattoo</b>        |
| <b>Leiston Veterinary Clinic</b> | <b>EoE Funeral Service</b>     | <b>Leiston Surgery</b>       |                              |
| <b>Simply Delicious</b>          | <b>Sizewell C</b>              | <b>Dayes Ltd</b>             |                              |
|                                  |                                | <b>Munchy Seeds</b>          |                              |



## Appeal for Help!

Volunteer trustees are urgently needed for help to set up a charity

for the Leiston Community Defibrillator. The 24 hr Community Public Accessible Defibrillator is located at Leiston Family Hub in Waterloo Avenue. Trustees will be responsible for the following:

- » Raising funds to keep the defibrillator supplied with batteries, electrode pads and starter kits. The current 10 year worry

free package expires in June 2027. Some additional funds will be required for other maintenance costs and administration

» Appointing the Primary Guardian and Supporting Guardians. The Primary Guardian is responsible for ensuring that the defibrillator status details are kept up to date on The Circuit - The National Defibrillator Network, ordering replacements items, and carrying out regular site checks and maintenance. When the defibrillator has been returned, the Primary Guardian or a Supporting Guardian will check it and replace used items, before returning it to emergency ready status on The Circuit. Supporting

Guardians can assist the Primary Guardian by carrying out additional site checks when passing. Trustees will be able to take on these guardian roles.

A minimum of three trustees are required to set up a charity, but it would be prudent to start with a few more. If you would like to help, please contact the Primary Guardian by calling **01728 833903** or by mailing

[linda.hawes1@btinternet.com](mailto:linda.hawes1@btinternet.com)

For more information about the defibrillator: <https://www.facebook.com/leiston.community.defibrillator/>

For more information about setting up a charity: <https://www.gov.uk/set-up-a-charity>

**We sell Black Bin Bags & Dog Poo Bags!**

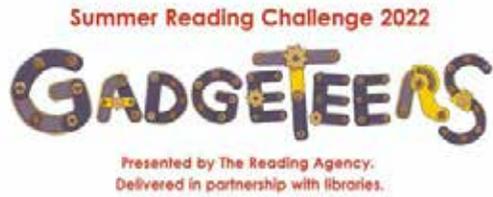
**£3 for a roll of Black Bags & 50p for 50 Dog Bags!!!**

*Available at the Council Office - Opening times on the back!*





# Latest at Leiston Library...



There's lots coming up over the summer weeks in the library.

It's nearly time for the Summer Reading Challenge! This is our yearly summer holiday activity for children, the challenge being to read 6 books during the summer holidays. This year's theme is the Gadgeteers, focusing on Science – it's all around us! Baking, making, tech, creative and innovative thinking... We'll be inviting children to join the Gadgeteers Summer Reading Challenge and discover the amazing science and innovation behind the world around us.

The challenge starts on Saturday 16th July and runs until Saturday 4th September. Children register (they'll need a library card!), and for each library book they read and come back and tell us about, they receive a reward and stickers. If they complete the challenge and read six books, they'll receive a certificate and medal at our special presentation event. Look out for more details.

We have two Wildflower Walks coming up. Steve Massey, local naturalist, has incredible knowledge about wildlife, especially wildflowers. Meet at the library to join him for a local wildflower walk to collect wildflowers, return to the library for flower identification, cuppa & cake!

Places need to be booked in advance and cost just £4.50. Places available for Monday 25th July and Monday 5th September, meeting at 9.30 outside the library.

There's also a free Beachbonkers event on Tuesday 9th August, 10am to 12.00noon. Just drop in to explore the mini beach, play beachcombing games and hold a massive mammoth's tooth!

There's always plenty happening at Leiston Library – alongside our fantastic selection of books for adults and children, audio books, reservations from all around the county, PC use, printing, scanning and photocopying, we have interesting and exciting groups and activities too.

We have two sessions on Thursday mornings for babies, under 5s and their grown ups. 'Me, Myself & Baby' is a Stay and Play session for parents and babies. Drop in between 9.40 – 10.20 for this friendly group run by Suffolk Libraries in partnership with Suffolk Mind. It offers a chance to meet other parents, fun for little ones, plus signposting to support if it's needed. It's followed every Thursday 10.30-11.00 by our baby and toddler songs and rhyme time session, 'Wordplay'. Just drop in and enjoy – grandparents welcome too.

We also have a monthly Family History group, Scrabble Club, and Crafting group, details for upcoming meetings below. Our Book Groups meet monthly on a Tuesday and a Sunday, please contact us for dates and book details.

On Fridays East Suffolk Council provides a drop-in service, come along for advice and information between 10 and 4 (don't forget on Fridays we close 1-2). On Sundays we have a Lego session 10.15-11.30, come along and get creative!

Keep an eye on our Facebook page for updates and other news.

We look forward to seeing you soon.

<b>SUFFOLK LIBRARIES</b> <b>Leiston Library</b> 01728 831252 leiston.library@suffolklibraries.co.uk	
<b>Alde Valley Suffolk Family History Group</b>  First Tuesday of the month 2-4pm <b>Tuesday 5<sup>th</sup> July</b> <b>Tuesday 2<sup>nd</sup> August</b> Help & practical guidance from experienced members of the Alde Valley Suffolk Family History Group to research your family history. Free drop in	<b>Scrabble Club for adults</b>  First Thursday of the month 2-3.30pm <b>Thursday 7<sup>th</sup> July</b> <b>Thursday 4<sup>th</sup> August</b> Come along for a game of Scrabble... Free drop in.
<b>Book Groups</b>  We have two different groups, one meets monthly on a Tuesday, one meets monthly on a Sunday. Friendly, welcoming chatty book lovers! Please enquire for dates and book titles.	<b>Merry Makers Craft Group for Adults</b>  Second Saturday of the month 10.30-12.00 <b>Saturday 9<sup>th</sup> July</b> <b>Saturday 13<sup>th</sup> August</b> Bring your own handcraft in and get making with other crafty people! We'll make you a cuppa!

Monday	Closed
Tuesday	9.30am to 7.30pm
Wednesday	Closed
Thursday	9.30am to 5.30pm
Friday	9.30 to 1.00 & 2.00 to 5.00pm
Saturday	9.30 to 1.00 & 2.00 to 5.00pm
Sunday	10.00am to 3.00pm

**CUSTOMER SERVICES**  
 At Leiston Library  
 every Friday!  
**10AM TO 4PM**

Facebook: East Suffolk Council | Twitter: @eastsuffolk  
 Visit our website at: www.eastsuffolk.gov.uk

**Waterloo Centre**  
 Gymnasium, Board Room\*, MUGA

A great space for sports and leisure activities...  
 Available to Hire from £12ph\*

01728 830388  
 office@leistontowncouncil.gov.uk  
 Waterloo Centre, Waterloo Avenue, Leiston



# The Leiston Surgery

Main St, Leiston, Suffolk, IP16 4ES

Tel: 01728 830 526

www.leistonsurgery.com

Dr Karen Blades  
Dr Nicola Maggs  
Dr Samir Pai  
Dr Imran Qureshi  
Dr Michael Barstow



## Staffing Update

We are pleased to announce a new Nurse Prescriber has joined our clinical team – Deborah Stocker.

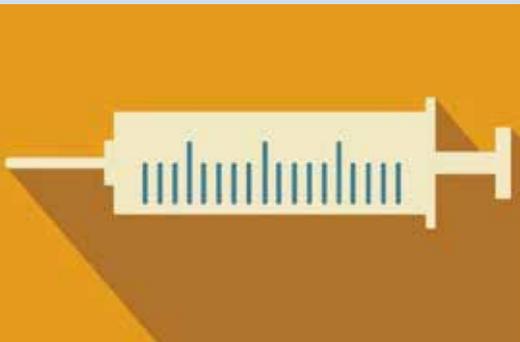
## Pneumococcal Vaccination

The pneumococcal vaccine protects against serious and potentially fatal pneumococcal infections. It's also known as the pneumonia vaccine.

Groups of people entitled to a free pneumococcal vaccination include:

- Adults aged 65 or over
- children and adults with certain long-term health conditions, such as a serious heart or kidney condition

For more information or to find out whether you are eligible please call reception on 01728 830526.



## Shingles Vaccination

If you are aged between 70 and 79 years you may be entitled to a free shingles vaccination. In England and Wales there are around 50,000 cases of shingles in people aged 70 or above every year.

Contact our reception today on 01728 830526 to find out whether you are eligible and to book!

## Spring Covid Boosters

We have limited appointments available for Spring Covid boosters, letters/texts are now being sent to those in an eligible group as below:

- Over 75's
- Care home patients
- Severely immunosuppressed patients

If you wish to book an appointment please contact the surgery to find out whether we have vaccine in stock, in the event that we have no vaccine available you will be directed to book via the national booking service.

## Leiston Surgery - Patient Participation Group

The Leiston Surgery Patient Participation Group are holding their Annual General Meeting on Tuesday 19th July 2022 at 10.00 a.m. at the Leiston Community Centre, King George's Avenue, Leiston. All are welcome to attend and we look forward to meeting you.

Last year the PPG ran a very successful 'Thank You' to Leiston Surgery campaign to acknowledge the hard work undertaken by everyone at the Surgery which raised a fantastic £8,500. Numerous letters and cards were received and given to the team at the Surgery as they came in and at the end of the campaign were put into folders and given to The Practice as a record of the gratitude felt by patients.

From the outset the plan was to purchase an additional ECG machine which cost just over £2,000 and this was achieved and delivered to the Surgery early in the

campaign. The next aim was to enhance two areas for staff use, the staffroom which was in need of some attention and to develop an outside space as a rest area. Meetings took place with staff and contact maintained to seek their ideas as to the items they wished to be purchased.

The outside area was made available to staff last summer. Work involved clearing the area and laying a membrane and pea shingle as a base with benches, tables and a parasol purchased to enable staff to use the area as soon as possible. The next step is to purchase more robust coverings for the furniture in time for this winter.

The staffroom has taken longer due to a number of factors which have been experienced, like many others in the past months, when undertaking a project. The staffroom has been decorated and the following items purchased, flooring, upgrade of kitchen cupboards, fridge/freezer, table, chairs, radio, toaster and a number of other smaller items to make the staffroom better equipped and a more relaxing place for staff.

### Lesley Hill

### Chairman - Leiston Surgery PPG





*Together we Nurture Excellence  
through Aspiration*

### Working Together

As our ethos suggests, we strongly believe that working with our families is the key to our children's success. On 26th April we welcomed back our families to the first of our relaunched 'Love2learn' events. This wonderful day allowed families to come into school and work alongside their children in their classrooms from measuring everything and anything they could find in Year 2, to Greek pottery in Years 3 and 4, a trip to the Amazon Rainforest in Year 6 and the breathtaking opportunity to explore Virtual Reality in Year 5! This event was supported by nearly 140 family members, members of our Local Advisory Board and representative from Leiston Town Council. We were even pleased to offer the services of Eleanor Saunders from Family Focus Solutions at East Suffolk Council to support families if required.

Moving forward we will also be welcoming parents back into school for our famous Learning Assemblies over the course of the term. We can't wait to see everyone!

### Experiences and Opportunities

One thing so many of our children have missed during the past two years have been the amazing trips and visitors that traditionally have been so engaging. This

term will see trips to London, Wentworth Hotel and Aldeburgh Yacht Club to name only a few!

### Jubilee

We will of course be supporting Leiston Events Committee with their Jubilee celebrations and looking forward to welcoming the Royal British Legion Band to school for our own celebration with the children. Keep your eyes peeled for two special members of our school community over the course of the weekend, wonderful artwork from our children and the opportunity for our children to create their own crowns and join in the procession!



### Local Advisory Board

Are you interested in supporting the continuous development of our school and supporting the young people in our local area? We are looking for Community members of our Local Advisory Board (formally known as Governing Body). If you feel that you have particular skills which you could offer our rapidly expanding school and would like to know more then please contact us via email at [leiston.admin@avocetacademy.org](mailto:leiston.admin@avocetacademy.org)

Don't forget to follow us on Facebook to keep up to date with all of the wonderful things we are getting up to!



100 years of Summerhill School and the inspirations A.S. Neill has given the world, sending out a loud message that "being on the side of the child" should be the first tenet of our society!

Who would have thought that freedom, equality, democracy, non-compulsion and the overall prioritising of children's happiness and wellbeing over their academic achievements would have survived the rigidity of our educational system for over a century?

Yet, here we are, against all odds, not just surviving but thriving! We are celebrating

In this historic moment, we are reaching out to all people who share similar values within education, childrearing and their communities and we are inviting you all to the Summerhill Festival of Childhood to have fun, connect, share ideas, co-create, celebrate and band together for a more humane and sustainable future for us all.



This family-friendly event will take place in the heart of the beautiful English countryside, within walking distance from Summerhill School itself! Individuals, initiatives and organisations from all over the world will be delivering talks, performances, concerts, workshops and so much more within a relaxed, warm and inspiring atmosphere. UNESCO, IDEC 2022, Freedom to Learn Forum, PARS and Project Defy have already confirmed their participation at the festival.

Day visitors most welcome!

For more information and tickets please check - [summerhillfestival.com](http://summerhillfestival.com)

# Leiston's Jubilee Weekend 2022



Leiston Events Group thanks locals for a fabulous turnout to jubilee celebrations.

For Her Majesty the Queen's Platinum Jubilee weekend, Leiston Events Group organised a two-day event for the town, which began with a music festival on Friday the 3rd June, followed by a jubilee celebration day on Saturday the 4th June.

Blessed with glorious weather, Friday's music festival entertained revellers with some of the area's best talent: Billy Hunt, Silmor, The Eleventh Hour, Handle With Care, Rue de la Mort, Chart Attack, Hurricane Wolves, and headliners, The Austin Beats. The afternoon entertained local kids and teens with a Skate Jam and free activities by Suffolk Sport Ltd.

Throughout the two-day event we were entertained with Stocks funfair, Black

Orchid Productions, High Voltage, and many fabulous craft stalls, food and drink vendors.

Saturday's celebrations kicked off with a Royal Parade, involving our uniformed groups marching to the tune of Leiston's British Royal Legion Band. Fancy dressed walkers were joined by our very own King and Queen and the Leiston Youth Club float amongst other vehicles. Lots of people were lining the streets to watch the parade, making their way to Victory Road park for the opening ceremony.

On the large stage and main display area, Chloe Kinrade's school of dance hosted two sets of dancing with both ballet and modern jazz dancing featured. Locals entered their favourite pets into the dog show, Pro Corda played lovely classical tunes, local musicians Lily Kemp, Toby Young and Zoe Barry performed, and a

sunset ceremony took us into the evening.

Over 120 guests were treated to the Queen's afternoon tea in the large marquee, with music by the Love to Sing Choir, Sing As We Go. Tasty treats were supplied by Gracie's, and at least 70 people over 70 years old were given tickets to the afternoon tea with the compliments of Leiston Town Council.

In the early evening, several teams of local strongarms competed in the Wang-a-Wellie W'Olympics, much to the delight of onlookers, 'Team Victory' took the trophy!

The event finale was a 'Cinema in the Park' showing Encanto, followed by a spectacular fireworks display by Pob's Pyro.

The Bucket Collection at Leiston's Jubilee Weekend raised on behalf of Leiston Events Group the sum of £1031.37,

which goes towards this event and future events in Leiston.

The Leiston Events group would like to thank all sponsors of the event, including EDF, Leiston cum Sizewell Town Council, East Suffolk Council, Suffolk County Council, Suffolk Smugglers, and every business who contributed to the raffle prizes or helped with in-kind support or discounted rates for services. We would also love to thank all our volunteers. We really appreciate your help!

None of this would have been worth it without the support of everyone who came and the fabulous turnout to the event made it worth every bit of effort we put in. Thank you all for being such a supportive community and for making Leiston's Jubilee Celebrations one of the best in Suffolk!



Photo by: Lucy Halpin



Photo by: Lucy Halpin



Photo by: Lucy Halpin



Photo by: John Heald



Photo by: John Heald



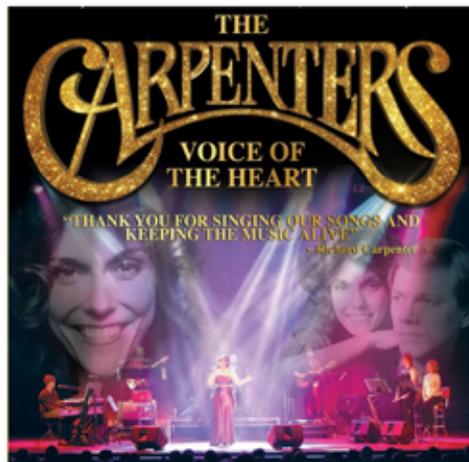
Photo by: John Heald



## Live Entertainment at Leiston Film Theatre

We've got some great live shows coming to Leiston Film Theatre in the coming months.

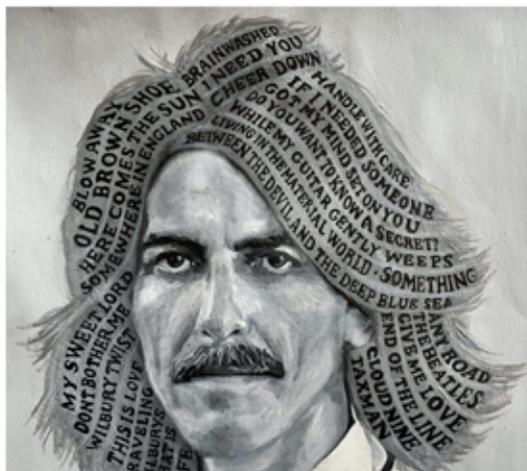
**The Carpenters, Voice of the Heart** is a faithful tribute, celebrating music from one of the world's most popular duos. This classy show includes the amazing vocals of Carole Gordon, who recreates the velvet tones of Karen Carpenter, plus a terrific 7 piece band. All the hits, all the close harmonies and featuring all the iconic hits. Appearing at the Film Theatre on **Sunday 25th September** at 7.30pm. Tickets are priced £17.95 and £17.50 and are now available.



The award winning **Everly Brothers Tribute Show** features two hours of classic hits from Phil and Don Everly, plus support from Buddy Walker as Buddy Holly. The show is in aid of the Leiston Film Theatre Support Club, as they celebrate 30 years of fund raising for Suffolk's oldest cinema. Appearing at the Film Theatre on **Wednesday 5th October** at 7.30pm. Tickets are priced £14.95, £14.50 for concessions and £13.95 for Support Club members.



**The George Harrison Project** is a live music celebration, showcasing George Harrison's best-loved hits, from his early Beatles songs, his solo career and, of course, The Traveling Wilburys. *All Things Must Pass, While My Guitar Gently Weeps, Here Comes The Sun, Cheer Down, Taxman, My Sweet Lord, Got My Mind Set On You*, plus many, many more. Appearing at the Film Theatre on **Friday 18th November** at 7.30pm. Early bird tickets are priced £15.50, for a limited time only.



Box Office - ☎ 01728 830549 🌐 [www.leistonfilmtheatre.co.uk](http://www.leistonfilmtheatre.co.uk)

## What's On at Leiston Film Theatre

## SPECIAL EVENT

Fri 15th July at 5.00pm  
Sat 16th & Sun 17th July at  
2.30pm & 5.00pm  
Mon 18th & Tues 19th July at 5.00pm  
Wed 20th July at 6.00pm  
Thurs 21st July at 5.00pm  
**Please note: showing in 3D on  
Sat 16th (2.30), Sun 17th (5.00),  
Tues 19th & Thurs 21st July**

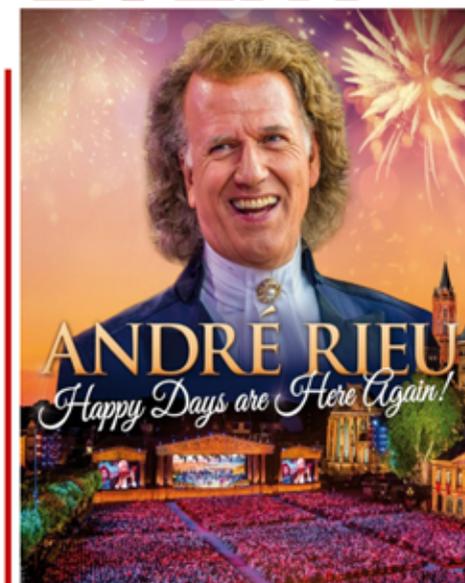
### MINIONS: THE RISE OF GRU (PG)

Fri 22nd July at 4.00pm & 7.00pm  
Sat 23rd & Sun 24th July at  
2.00pm & 5.00pm  
Mon 25th & Tues 26th July at  
4.00pm & 7.00pm  
Wed 27th July at 2.00pm & 5.00pm  
Thurs 28th July at 4.00pm & 7.00pm  
Fri 29th July - Thurs 4th Aug at 5.00pm

### THE RAILWAY CHILDREN RETURN (PG)

Fri 29th July - Thurs 4th Aug at 7.30pm

### THOR: LOVE AND THUNDER (12A)

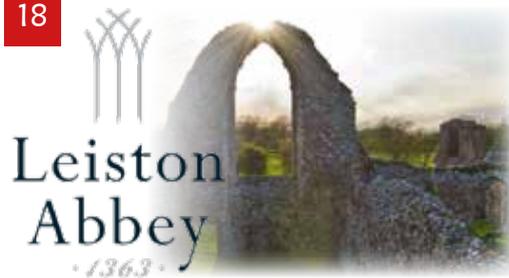


### André Rieu's 2022 Concert: Happy Days are Here Again

Leiston Film Theatre  
Saturday 27th August at 6.00pm &  
Sunday 28th August at 3.00pm.  
Tickets: £14.95.

After 2 long years, maestro André Rieu is performing from his hometown of Maastricht once again! The concert will be a captivating event on the iconic Vrijthof Square, featuring popular feel-good classics, show-tunes, and of course, joyous waltzes. Together with the wonderful Johann Strauss Orchestra and very special guests, André is bringing an uplifting party to the screen of your local cinema.

NOW BOOKING - 01728 830549  
[www.leistonfilmtheatre.co.uk](http://www.leistonfilmtheatre.co.uk)



The Pro Corda team were delighted to hold a stall in celebration of the Queens platinum Jubilee for Leiston Events group on the 4th of June in Victory Road Park. We held a **"Find the Grand Piano Treasure Hunt"** and had over one hundred visitors to our stall to take part. Our CEO Andrew Quartermain and former Heart radio DJ Noel Vine also took to the stage for a rather windswept concert on the piano and violin. We really enjoyed meeting and chatting with everyone and would like to thank people for their generous donations which will go towards our SEN courses.

Summer at The Abbey is always a busy time. We have our back-to-back music courses staying residentially, our Piano Sanctuary Weekend Retreats for adults, a new learning and lifestyle-based approach to the piano designed for adults of all ages and abilities by Pro Corda, alongside our public concert programme.

We recently reintroduced our very popular **"Fish and Chip Concert Series"**. This was brought back by popular demand and all the dates are selling out very quickly. We would love you to join us in our Guesten Hall for a Fish and Chip supper followed by a concert with **Andrew Quartermain** (piano). Arrivals and bar open from 6pm. Our Fish and Chips will be freshly fried and served at 6.30pm with the music commencing from 7pm. All of this is very

reasonably priced at £15 for adults and £10 for under 16's to include food and the concert. The upcoming dates are below:

20th August Fish and Chip Concert with Andrew Quartermain (Piano).

17th September Fish and Chip concert with Andrew Quartermain (Piano).

8th October Fish and Chip concert. An evening of chamber music with Pro Corda alumni students (String Quintet).

Looking even further into the future Leiston Abbey is pleased to be hosting this year's Panto, **Snow White**, in our medieval Barn. The production is by Bright Sparks who are renowned for their professional standard, amateur pantos with humorous scripts, colourful sets, and lavish costumes. With an age range from 8 to 80 the group rehearses tirelessly to ensure a highly polished show.

The **Bright Sparks Family Panto** is not to be missed and tickets are expected to sell out fast so early booking is highly recommended.

Tickets: £12.50 Friday 2nd Dec 7.30pm, Saturday 3rd Dec matinee 2.30pm and evening 7.30pm.

To book any of our events or if you would like to come to a **Piano Sanctuary Retreat Weekend**, visit our website [procorda.com](http://procorda.com) or call the office 01728 831354. We look forward to welcoming you to an event soon.

**Katy Osborne-Palmer**

Schools and Educational Programmes  
Administrator and PA to the CEO



The Leiston Makes Space for Wildlife group are steadily continuing to add more wildlife friendly areas to our public open spaces. The orchard is looking great this year after a slow start. The weather didn't provide us with the best conditions to germinate our wildflower seeds last spring, so we are pleased to see the orchard buzzing with pollinators this year.

Our second area to sow, was on the north east corner of Victory Park. Despite the groundsmen giving the area the right treatment before sowing the seeds,



Community Orchard

once again the conditions have not been kind to us and this summer has not seen successful germination. But we won't give up! We'll sow again in autumn and perhaps this time, next year, there will be some pollen-rich wildflowers for our struggling pollinators to feed on.

We will continue to find new areas to sow each season to contribute towards our carbon neutral, NetZero Leiston. We have also made a pledge to the wider community project, WildEast, to make 20% of our public open spaces wildlife friendly.

Please let us know if you are also helping to make space for wildlife. You can visit our



Community Orchard

Facebook page @leistonmakespace and send your photos to us by direct message. Just like Leiston Primary School did when the students returned after the Easter break and were delighted to find the wildflower seeds they had sown in 2021 had germinated this year. Thank you very much to the children and their teachers for making a whole new space for Leiston's wildlife.



Leiston Primary School



## The Story of Church Square

In order to deliver part of the Leiston Neighbourhood Plan a group of volunteers established a Community Land Trust, their purpose to deliver a town centre marketplace. The Land Trust envisage an urban plan linking Leiston facilities across the town. This was developed into three squares, a Heritage Square near the bank, a Church Square (community space) and a Market Square in the town centre.

It was decided that the first of the three squares to be undertaken would be the



C h u r c h  
S q u a r e .  
This small piece of land next to the Church was separated from the

town by a large wall. The area had become neglected and unloved but with the vision of CLT Trustee Simon Merrett's architect concept drawings, it was possible to see how it could become a beautiful community asset, providing much needed refuge in the centre of the town. It was agreed by the Trust to use local professionals and contractors as much as possible. Our mantra is local homes for local people so it followed that we should extend this to our associate



thus Roger Gladwell was appointed as designer.

Once we had approval of the design from the United Church and the East of England Co-op, planning permission was sought and given. Despite the restrictions of the pandemic, our meetings switched to Zoom and Phil Edwards, our Treasurer set about the enormous task of raising funds for the project (around £330k). We have all admired his tenacity for completing and submitting the many applications and the ability to bounce back from disappointment. We have had tremendous support from local businesses too. Once sufficient funds were raised the work commenced in November 2021 with the demolition of the wall. This important milestone raised significant interest, at last something was happening and the contractors were bombarded daily with questions about what was going on! Incidentally, the main contractors, Stewarts Landscapes, have won Gold at Chelsea Flower Show for the last two shows. The work continued

into 2022 with the bandstand being the final element to complete. The space is already being well used and the Church is benefitting from the increased footfall at their regular coffee mornings.

While its hope that Leiston residents and visitors make good use of this unique community space to rest and relax, it is also hoped the United Church will expand their activities to enhance hall hire potential to keep the Church sustainable.

We are proud to have created such a beautiful community asset, the first step on the road to a wider vision for Leiston Regeneration. East Suffolk Council have recently appointed a Regeneration Manager, Richard Best to look at the development of a Master plan to bring together all the local initiatives.

Pictured is Lesley Dolphin of BBC Radio Suffolk preparing to cut the ribbon to signify the official handing over of Church Square from the project management of

Leiston Community Land Trust to the United Church for public access.



Photo by: John Heald

## Leiston's Community Centre

01728 830388

office@leistoncouncil.gov.uk

*Ideal for Parties,  
Family Reunions and Meetings!*

Available to Book from £12 per hour



King George's Avenue, Leiston

To mark Compost Awareness Week 2022, residents were invited to bring a bag and a shovel and help themselves to free soil improver at this Shovel it Yourself event organised by East Suffolk Council in partnership with Leiston Town Council and Net Zero Leiston. 15 tonnes of soil improver were donated by ESC's garden waste contractor, Biogen (UK) Ltd.

The event was supported by three volunteers from Leiston Town Council, a colleague from Net Zero Leiston, and a Suffolk Master Composter volunteer. It was held in the car park of Sizewell Sports and Social Club, who provided staff and volunteers with toilet and hand washing facilities on the day.



The response from the local community was overwhelmingly positive. Even though this was the first loose compost giveaway event to be held anywhere in East Suffolk since 2010, only about a tonne or so was left by the close of the event and we had approximately 96 people visit to take some of the product with many making repeat visits.

The soil improver was made from the garden waste that residents of the district place in their domestic green waste bins.

Biogen process our garden waste via

open windrow composting at their site at Lackford in west Suffolk. This process is essentially like a giant garden compost heap, where the material is able to compost naturally in the presence of oxygen – an aerobic process resulting in a compost product that meets the industry standards for compost BSI PAS 100, certified by the British Standards Institute. As the process takes place in the open, it is not licenced to accept any food wastes or animal by products. The usual end destination for the majority of the end product that Biogen produce from our garden waste is for local agricultural use.

As well as being an ideal opportunity to say thank you to residents for recycling, in the form of free soil improver, the event also presented us with an opportunity to engage with residents on the topic of composting and in particular promote home composting, which is after all the most environmentally sustainable way of dealing with compostable waste as it all takes place on site without any need for transportation – with the added bonus to the gardener that they know exactly what went in. Suffolk residents can get their green fingers on any one of a range of subsidised home composting systems ranging from ordinary compost bins for garden waste and fruit and vegetable waste, as well as other systems that can help deal with some cooked food waste too. Find out more about the current offer by visiting <http://www.suffolk.getcomposting.com/>

Many of those who visited expressed a

wish to see a repeat of this event in the future, and we also received requests from other communities prior to the event to ask if their community could have a Shovel-it Yourself Day. However, these events are quite resource intensive, requiring a team of people to help meet and greet, manage queues and provide assistance where required. As such



Now that the Net Zero Leiston full route map to Net Zero has been published (available to request on [www.netzeroleiston.info](http://www.netzeroleiston.info)) we wanted to highlight some fun and simple ways that you can help the project.

Reducing carbon emissions is not only great for the environment and reduces climate change, it is also good for our health and can help save consumers money.

Many residents will have been contacted by the contractors who are looking to utilise government funding to improve the energy efficiency of our homes. This funding is available for lower income homes, or households in receipt of some benefit, which are the most energy inefficient. Increasing the insulation

East Suffolk Council would only be able to organise a maximum of one event per year and this would be dependent on the support of local community organisations – it would not have been possible for ESC to hold this event successfully had it not been for the support of Leiston Town Council and Net Zero Leiston.

of our homes reduces the amount of energy we need to use, reducing our bills - vital in this current cost of living crisis. If you've not received a letter about the scheme, don't hesitate to get in contact to check your eligibility. For any queries on this scheme, don't hesitate to contact [getinvolved@netzeroleiston.info](mailto:getinvolved@netzeroleiston.info)

For other small actions your household can take to reduce carbon emissions, have a look at the "Net Zero Actions" section of the NZL website. We are adding to these all the time.

You will also start seeing our **#MyNZLPledge campaign** around the community. This provides a way for the community to understand what individual contributions they can make to help our goal of reaching Net Zero. Soon you will see our display of pledges in the Community Land Trust shop on Sizewell Road. Postcards to make a pledge can be collected from the Long Shop museum, the Town Council Offices, the library and the Leiston Community Land Trust Shop. Why not make a pledge to Net Zero today!



It's good to be back in the swing of things and the club is swelling with new members. After a rocky start with an outbreak of Covid around town it is so lovely to be able to meet up with old and new friends. So far we have had our Christmas Lunch in May for 42 members which was a delicious lunch cooked for us by Coastal Caterers one of the best we have had.

In June we had an afternoon tea in the park for the Queen's Jubilee and a lovely time was had by all.

Finally in July we are going to take our members to Early Dawn (Cherry Lane) garden centre for the afternoon.

We would like to welcome any one to our club we meet on a Tuesday Afternoon in the Community Centre between 2-4 pm and if you would like to volunteer we would welcome you as well

Irene

Tel: 07762542904

Email: packardi@btinternet.com

## LEISTON & DISTRICT PHILATELIC SOCIETY

The Society celebrated it's 50 anniversary in 2020. From small beginnings, the Society now has nearly 50 members, and, in addition to zoom meetings, holds regular monthly meetings from September to June on the 4th. Wednesday of the month at the United Church Hall, Leiston High Street, starting at 7.30 pm. Activities range from visiting speakers, competition evenings, regular auctions, members display evenings and a circulating stamp box ( in which bargains can be found!).

Zoom meetings will continue for 2022, and a new programme of members meetings will commence at the United Church Hall in September through to June 2023 with a varied programme of events, exhibitions, auctions, quizzes and talks.

Annual membership is only £5, so if you are interested in stamp collecting, just starting or a specialist, you will be made

most welcome, just come along and meet our friendly members.

For further information contact: Andy. soutar@btinternet.com or Alan Martin on - 01728 832455

## Leiston Town Bowls Club

I have been invited to do an update following our article in the last Town Council newsletter. That time a new season was coming [BB1] upon us and player numbers were beginning to cause a worry.

Over the last few seasons player numbers have been dropping, then we had COVID when we lost a few members with some hesitating to return.

We have been trying to recruit over many years, but Flat Green Bowls has poor appeal, its an old man's game, too many said. In Leiston there has been built several hundred new houses leading to our population growing but no one wishing to take up bowls.

In spite of TV showing world Bowls championships, champions have been 17 – 37 years old in recent years, long gone has several time World Champion pipe smoker David Bryant being the icon of bowling greens. More recently John Rednal and his daughter Katherine from Stowmarket have hit the headlines, Katherine winning the 2014 single title aged just 18 years old.

So to season 2022 and in the first few weeks of the new season Leiston Bowls has increased its membership by 11 players with promises of others to follow. Male & female and age ranges well below the OAPs, keen youngsters committed and practicing regularly, the selectors so impressed that they are included in league sides.

The challenges that bowl's terms, line & length put some people off are quickly

learnt and our young bowlers realising they are nothing more than the basic use of bowling your woods. Some new members are quick to demonstrate how experience from past sports shows they have natural sporting skills.

Picking up a wood seeing the larger circle on one side with smaller circle on the other player soon learn that the larger circle is the side that swings the wood out wide is the line, whilst how much push you need to reach the jack is the length.

League games are played with blocks of two or three, with three or four rinks, that 9 or 12 player to a team, each one giving your team mates help & guidance.

Leiston have teams in Saxmundham League 1, Woodbridge league 11, and what is often classed as beginners league the Bob Wright, progress through the leagues decided by the selectors.

Opportunities to play in personal tournaments, in pairs, triples or on your own (singles), play for the leagues or Suffolk County all available to those who chose to. Example Leiston Town has its own open tournament (2022 July 9th) with first prize of £300.00.

Plenty of room for more players, why not join us contact Secretary Gennie Wright, 07761390352 Treasurer Bing Boast, 07889451703 Chairman Craig Alexander or any member, the LTAA bar will guide you in right direction or most evening during season there will be league games on the green. You will be made most welcome.

*Bing Boast*



## Coping with the Rising Cost of Living

If you are struggling or worried about how you are going to manage due to the rising cost of living, these organisations may be able to help.

### Getting immediate help with your bills

Struggling to pay your bills? Or pay for your food shopping?

Contact Citizens Advice Leiston. **Tel: 01728832193** between 10am-2pm Monday, Tuesday, Thursday, and Friday: [www.citizensadvice.org.uk/consumer/energy/energy-supply](http://www.citizensadvice.org.uk/consumer/energy/energy-supply)

### Are you getting all the income you are entitled to?

You can use [www.entitledto.co.uk](http://www.entitledto.co.uk)

### Could you cut some of your spending?

Anglian Water, Essex and Suffolk Water or TV Licensing may be able to help. Deals may also be available for mobile or broadband, including a social tariff. [www.ofcom.org.uk](http://www.ofcom.org.uk)

### Other sources of help

#### Energy Saving Trust

Find out how to make your home more energy efficient and reduce your energy bills, and how to understand your energy bill: [www.energysavingtrust.org.uk](http://www.energysavingtrust.org.uk)

#### National Energy Action

NEA is a national fuel poverty and energy efficiency charity that offers a free support service known as WASH (Warm and Safe Homes) providing energy advice.

**Tel: 0800 304 7159.** [www.nea.org.uk](http://www.nea.org.uk)

#### Warm Home discount

£140 off your electricity bill or a voucher for a prepayment meter (the Government has announced that this will rise to £150 in April 2022). Contact your supplier for eligibility.

Claim as soon as possible if your supplier's scheme is still open. [www.gov.uk/the-warm-home-discount-scheme](http://www.gov.uk/the-warm-home-discount-scheme)

#### Support from Suffolk County Council for Financial Hardship

[www.suffolk.gov.uk/coronavirus-covid-19/suffolk-advice-and-support-service](http://www.suffolk.gov.uk/coronavirus-covid-19/suffolk-advice-and-support-service)

## DATE FOR THE DIARY

If you would like to share your clubs news please email us on:

**assets@leistontowncouncil.gov.uk** by Monday 5 September 2022.

## Handy Information...



[www.suffolk.police.uk/your-area/leiston](http://www.suffolk.police.uk/your-area/leiston)

Suffolk Police: 101 (ask for Leiston SNT)

Email: [leistonaldeburgh.snt@suffolk.pnn.police.uk](mailto:leistonaldeburgh.snt@suffolk.pnn.police.uk)

**101 is the police number to report any non emergency.**

## The Leiston Surgery

**Tel: 01728 830526**

Main Street, Leiston, IP16 4ES

Email: [sec.leistonsurgery@nhs.net](mailto:sec.leistonsurgery@nhs.net)

**DOCTORS:** Dr Blades, Dr Maggs, Dr Pai, Dr Qureshi, Dr Barstow, Dr Calfa, Dr Badawy

**Public Defibrillator:** Outside Co-op (Sizewell Road), Children's Centre (Waterloo Avenue), outside the LTAA function room and Haylings Pond.

**Other defibrillators** are available (when open) in the Community Centre, the Library, the Film Theatre and Alde Valley Academy (outside reception).



## Report It! at [www.suffolk.gov.uk/about/online-services](http://www.suffolk.gov.uk/about/online-services)

**EAST SUFFOLK COUNCIL:** [www.eastsuffolk.gov.uk](http://www.eastsuffolk.gov.uk)

**Tel:** 03330 162000

**SC NORSE:** refuse collection/dog bins/recycling

**Tel:** 03450 402020

**SUFFOLK COUNTY COUNCIL:**

**Tel:** 08456 077055

**Highways:** Tel: 0800 591055

**Social Care:** Tel: 03456 066067

**Bus Passes:** Tel: 03456 000659

## Local Services...

**Community Car Service:** Tel: 831215

**Job Centre:** Tel: 401004

**Library:** Tel: 831252

**Long Shop Museum:** Tel: 832189

**Leisure Centre:** Tel: 830364

**Citizens Advice:** Tel: 832193

**LEEWAY:** Tel: 0845 2142171

(Domestic violence & abuse service)

**CRUSE :** Tel: 01394 670770

(Bereavement Care)

**The Ferns:** Tel: 01473 668974

(Sexual Assault Referral Centre)

**Leiston Primary School:** Tel: 830745

**Alde Valley Academy:** Tel: 830570

**SCotC** Tel: 07767114770

(Suffolk New College on the Coast)

**Leiston Good Neighbour Scheme:**

Tel: 07724 777465 Mon-Fri 9am-5pm

[leistongoodneighbour@gmail.com](mailto:leistongoodneighbour@gmail.com)

## Local Organisations...

**Leiston Children's Centre:** Tel: 642930

**LFT Support Club:** (Leiston Film Theatre) Tel: 831714

**Leiston Scouts:** (Steven Burch) Tel: 832479

**Leiston Guides, Brownies, Rainbows:**  
(Vicky Taylor) Tel: 07530697826

**Leiston Youth Club:** (Lucy Pickett) via Facebook

**Leiston WI:** (Judy Geater) Tel: 831628

**CYDS:** (Stuart Watson) Tel: 830716

**CATS:** (Accessible Transport on demand) Tel: 830516

**Leiston Worry Tree** [worrytreeleiston@gmail.com](mailto:worrytreeleiston@gmail.com)

**Leiston Swimming Club:** (Matt Dye) Tel: 833266

Email: [mathew.dye@btopenworld.com](mailto:mathew.dye@btopenworld.com)

**PISCES Disabled Swimming Club:** Tel: 648270

**Rose & Sweet William:** Tel: 07762542904

**The Band of Royal British Legion:** Tel: 833458

Email: [secretary@leistonband.org](mailto:secretary@leistonband.org)

**SAMARITANS Helpline:**

Tel: 08457 909090

**Leiston Town Pastors:**

Tel: 603221



# Leiston-cum-Sizewell Town Council



E-mails to any Town Councillor should be through [townclerk@leistontowncouncil.gov.uk](mailto:townclerk@leistontowncouncil.gov.uk)

## CHAIRMAN

**Cllr John Last BEM:** 14 Poppy Way, Leiston, IP16 4UG **Tel:** 01728 831017

## VICE CHAIR

**Cllr Lesley Hill:** 45 Garrett Crescent, Leiston, IP16 4LF **Tel:** 01728 830514

## TOWN COUNCILLORS

<b>Cllr David Bailey:</b>	8 Garrett Crescent, Leiston, IP16 4LB	<b>Tel:</b> 01728 831032
<b>Cllr Bing Boast:</b>	10 Buller Road, Leiston, IP16 4HA	<b>Tel:</b> 01728 830391
<b>Cllr Tony Cooper:</b>	28 King Georges Ave, Leiston, IP16 4JG	<b>Tel:</b> 01728 830181
<b>Cllr Nicky Corbett:</b>	13 Kings Road, Leiston, IP16 4DA	<b>Tel:</b> 07891 623284
<b>Cllr David Dix:</b>	42 Carr Avenue, Leiston, IP16 4JA	<b>Tel:</b> 01728 832036
<b>Cllr Susan Geater:</b>	19 Haylings Grove, Leiston, IP16 4DU	<b>Tel:</b> 01728 833501
<b>Cllr Phil Harle:</b>	4 Lime Tree Avenue, Leiston, IP16 4EH	<b>Tel:</b> 01728 833578
<b>Cllr Trevor Hawkins:</b>	78 King Georges Ave, Leiston, IP16 4JG	<b>Tel:</b> 01728 830234
<b>Cllr Peter Kyle:</b>	6 Highbury Cottages, Leiston, IP16 4TW	<b>Tel:</b> 01728 831038
<b>Cllr Selena Levermore:</b>	16a Aldeburgh Road, Leiston, IP16 4ED	<b>Tel:</b> 07941 302250
<b>Cllr David Morsley:</b>	16 Aldeburgh Road, Leiston, IP16 4ED	<b>Tel:</b> 01728 830150
<b>Cllr Mary Anne Woolf:</b>	58 Westward Ho, Leiston, IP16 4HU	<b>Tel:</b> 01728 830469

## EAST SUFFOLK DISTRICT COUNCILLORS

<b>Cllr Tony Cooper:</b>	<b>Email:</b> <a href="mailto:tony.cooper@eastsoffolk.gov.uk">tony.cooper@eastsoffolk.gov.uk</a>	<b>Tel:</b> 01728 830181
<b>Cllr Tom Daly:</b>	<b>Email:</b> <a href="mailto:tom.daly@eastsoffolk.gov.uk">tom.daly@eastsoffolk.gov.uk</a>	<b>Tel:</b> 01502 523521
<b>Cllr Russ Rainger:</b>	<b>Email:</b> <a href="mailto:russ.rainger@eastsoffolk.gov.uk">russ.rainger@eastsoffolk.gov.uk</a>	<b>Tel:</b> 01728 688739

## COUNTY COUNCILLOR

**Cllr TJ Haworth-Culf:** **Email:** [tj.haworth-culf@suffolk.gov.uk](mailto:tj.haworth-culf@suffolk.gov.uk) **Tel:** 07955 434442

## TOWN CLERK

Mrs. Caroline Rinder: **Email:** [townclerk@leistontowncouncil.gov.uk](mailto:townclerk@leistontowncouncil.gov.uk)

## ASSETS OFFICER

Mrs. Hannah Everett-Spearing: **Email:** [assets@leistontowncouncil.gov.uk](mailto:assets@leistontowncouncil.gov.uk)

## ADMIN ASSISTANT

Mrs. Beverly Kemp: **Email:** [office@leistontowncouncil.gov.uk](mailto:office@leistontowncouncil.gov.uk)

**Address:** Council Offices, Main Street, Leiston, IP16 4ER **Tel:** 01728 830388

## OFFICE OPENING HOURS:

**Monday & Tuesday:** 09:00 - 12:30 & 14:00 - 16:45

**Wednesday:** Closed

**Thursday & Friday:** 09:00 - 12:30

